



INSIDE WESTSIDE

SERVICES & SUPPORTS AGES 18 TO 22

You are entering a new phase in adult life. When adults supported by WRC exit the school system with a certificate of completion or diploma, they can access employment or, in some cases, day programs.

We encourage you to read the "Transition from High School to Adulthood" booklet at <https://westsiderc.org/services/18-to-22-years/> for helpful information.

WRC also hosts an annual Transition Fair that you may be interested in attending to get more information about your options and meet various service providers.

Available services are listed below with a brief explanation of each support. Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by the interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services.

Case Management

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

Generic Resources, Private Resources, and/or Natural Supports must be explored prior to WRC funding. Examples include health insurance and other state/county services.

Services are based on need and must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.

Respite Services

Parents and caregivers can receive intermittent or regularly scheduled non-medical care and supervision to provide relief to family members.

Social Recreation Services

WRC offers social recreation services to assist individuals with social interactions and peer relations in a community setting.

Personal Assistance Services

Personal Assistance Services are used to assist a person with a disability in completing typical tasks that are necessary for daily living.

Behavior Intervention Services

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations. See your service coordinator for further funding details.

**Behavior Intervention
Co-Pay Assistance**

WRC may be able to assist with behavior intervention insurance co-payments, co-insurance, and deductibles (Welfare & Institutions Code 4659.1).

Social Skills

These time-limited classes help to improve interpersonal skills, social interactions, and communication. Parent/caregiver participation is required.

Westside Family Resource and Empowerment Center (WFREC)

Our parent-run center offers support groups, trainings, community resources, and referrals to generic resources. Call 310-258-4063 or visit www.wfrec.org.

Conferences

WRC may be able to provide funding for conference registration fees. Ask your Service Coordinator for more information.

Education Support Services (ESS)

A referral to an education advocacy vendor can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

Paid Internship Program (PIP)

PIPs helps individuals build job skills and experience through paid internships. The goal is to gain skills for future employment or transition into a paid position at the same job.

Tailored & Individualized Services

Tailored services offer individuals opportunities to choose and customize day services to explore post-secondary education, employment, or volunteer activities. Individualized services offer options for those with extensive support needs.

It is WRC's mission to support people with developmental disabilities, their families, and communities of choice by facilitating access to person-centered, culturally responsive services and resources.

Coordinated Family Support (CFS) Services

Coordinated Family Support is available for adults ages 18 and over who choose to live in their family home. CFS assists with developing skills in the home, coordinating services, and helping individuals access their community.

Family Home Agencies (FHAs)

FHAs provide an option to live with a mentor/family, who will support them in building their independence and achieving their life goals.

Parenting Skills and Support

For individuals receiving WRC services who are parents, Specialized Parenting Skills agencies offer trained staff to provide support and on-going training for new parents or parents-to-be with information on pregnancy, delivery, and care for a baby.

Transportation

WRC offers various transportation services and supports: mobility training to help individuals use public transportation safely, funding for monthly bus passes or specialized/vendored transportation companies, and help accessing public transit agencies.

Driving Lessons/Driver's Education

Driver's training may be an option for individuals receiving WRC supports who pass a written driving test and have access to an insured vehicle. The individual or their family will be responsible for the first 15 hours of classes. WRC may assist with funding additional hours.

Self-Advocacy Groups

The Consumer Advisory Committee (CAC) hosts self-advocacy groups located in WRC's service area. Visit westsiderc.org for dates and locations.

Incontinence Supplies*

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance, or through WRC's vendored providers when no other generic source is available.

Medical Equipment*

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS).

Written Translations and Interpretation

WRC offers written translation services for all documents when the family's preferred language is not English. Interpretation services for IPP or service planning/review meetings are also available.

Adult Post-School Transition

WRC offers adult services for those who have exited the school system, such as Independent Living Services and Supported Living Services, Day Services, Residential Services, and Employment.

Coordinated Career Pathways (CCP) Services

A service designed for individuals exiting work activity programs, subminimum wage settings, or within two years of exiting secondary education to achieve or advance in Competitive Integrated Employment (CIE). Two new services are available through CCP, a Career Pathway Navigator (CPN) and a Customized Employment Specialist (CES). Services are time-limited to 18 months but can be extended to a maximum of 24 months.

Crisis Prevention and Support

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns.

UPDATES TO THESE FLYERS PAID FOR BY LANGUAGE ACCESS AND CULTURAL COMPETENCY FUNDING.