

# INSIDE WESTSIDE

SERVICES & SUPPORTS  
AGES 11 TO 17



Your child has recently entered adolescence.  
As a parent, you share many of the changes your teen  
faces both at home and at school.

We encourage you to read the "Transition from High School to Adulthood" booklet at <https://westsiderc.org/services/11-years-to-17-years> for helpful information.

Available services are listed below with a brief explanation of each support. Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by WRC's interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services.

## Case Management

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

**Generic Resources, Private Resources, and/or Natural Supports** must be explored prior to WRC funding. Examples include health insurance and other state/county services.

**Services** are based on need and must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.

## Respite Services

Parents and caregivers can receive intermittent or regularly scheduled non-medical care and supervision to provide relief to family members.

## Day Care Supports (Specialized Supervision)

Parents who are working or in school may be eligible for assistance to provide supervision primarily during after-school hours and/or during school breaks.

## Social Recreation Services

WRC offers social recreation services to assist individuals with social interactions and peer relations in a community setting.

## Behavior Intervention Services

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal **Information continues on the back.**

Managed Care, funding of behavior services will be based on current state/federal laws and regulations. See your service coordinator for further funding details.

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**Behavior Intervention Co-Pay Assistance**

WRC may be able to assist with behavior intervention insurance co-payments, co-insurance, and deductibles (Welfare & Institutions Code 4659.1).

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**Community Navigators**

Available to assist families in ensuring that each individual has access to all generic services available to them in California.

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**Social Skills**

These time-limited classes help to improve interpersonal skills, social interactions, and communication. Parent/caregiver participation is required.

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**Westside Family Resource and Empowerment Center (WFREC)**

Our parent-run center offers support groups, trainings, community resources, and referrals to generic resources. Call 310-258-4063 or visit [www.wfrec.org](http://www.wfrec.org).

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**Conferences**

WRC may be able to provide funding for conference registration fees. Ask your Service Coordinator for more information.

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**Education Support Services (ESS)**

A referral to an education advocacy vendor can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

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**Self-Advocacy Groups**

The Consumer Advisory Committee (CAC) hosts self-advocacy groups located in WRC's service area. Visit [westsiderc.org](http://westsiderc.org) for dates and locations.

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**Incontinence Supplies\***

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance, or through WRC vendored providers when no other generic source is available.

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**Medical Equipment\***

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS).

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**Written Translations and Interpretation**

WRC offers written translation services for all documents when the family's preferred language is not English. Interpretation services for IPP or service planning/review meetings are also available.

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**Crisis Prevention and Support**

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns.

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***It is WRC's mission to support people with developmental disabilities, their families, and communities of choice by facilitating access to person-centered, culturally responsive services and resources.***

UPDATES TO THESE FLYERS PAID FOR BY LANGUAGE ACCESS AND CULTURAL COMPETENCY FUNDING.