

Additional Referral and Resource Agencies

211 Services

Provides help with food, housing, employment, health care, counseling and more. Visit www.211.org or just dial 2-1-1.

First 5 LA

Promotes the health and wellbeing of children under 5 years of age. Families can obtain parenting resources and early developmental information. Visit www.first5la.org

Legal Advocacy through Office of Clients' Rights Advocacy (OCRA)

May provide individuals supported by regional centers with free legal information, advice, and representation. A Clients' Rights Advocate (CRA) is designated to each regional center to help with legal problems, conduct trainings, and investigate denials of rights. Call (310) 846-4949 and leave a detailed message for assistance.

State Council on Developmental Disabilities (SCDD)

This independent state agency provides advocacy and other assistance to ensure that appropriate laws, regulations and policies pertaining to the rights of individuals with developmental disabilities are observed and protected. SCDD regional offices provide services to individuals and their families including, but not limited to, advocacy assistance, training, monitoring and public information. Call (866) 802-0514 or email council@scdd.ca.gov.

Referrals to community agencies, events, and other generic resources are also available through a service coordinator and the Westside Family Resource and Empowerment Center.



SERVICES AND SUPPORTS • AGES 11 TO 17

It is WRC's mission to support people with developmental disabilities, their families, and communities of choice by facilitating access to person-centered, culturally responsive services and resources.



777 S. Aviation Blvd., Suite 105
El Segundo, CA 90245
310 258 4000

www.westsiderc.org

UPDATES TO THESE BROCHURES PAID FOR BY LANGUAGE ACCESS AND CULTURAL COMPETENCY FUNDING.



Westside Regional Center is part of a statewide network of 21 community-based, non-profit agencies serving Californians with developmental disabilities. The Department of Developmental Services oversees the coordination and delivery of services throughout California's regional center system. Learn more at www.dds.ca.gov.



SERVICES AND SUPPORTS

AGES 11 TO 17



AGES 11 TO 17

Available services are listed below with a brief explanation of each support. Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by WRC's interdisciplinary planning team.

This is not a complete listing. Other needs identified by assessment may identify other services.

Generic Resources, Private Resources, and/or Natural Supports must be explored prior to WRC funding. Examples include health insurance, and other state/county services.

Case Management

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

Services

Services are based on need and must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.

Respite Services

Parents and caregivers can receive intermittent or regularly scheduled non-medical care and supervision to provide relief to family members.

Day Care Supports (Specialized Supervision)

Parents who are working or in school may be eligible for assistance to provide supervision primarily during after-school hours and/or during school breaks.

Social Recreation Services

WRC offers social recreation services to assist individuals with social interactions and peer relations in a community setting.

Behavior Intervention Services

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations. *Individuals and families can see their service coordinator for further funding details.*

Behavior Intervention Co-Pay Assistance

WRC may be able to assist with behavior intervention insurance co-payments, co-insurance, and deductibles (Welfare & Institutions Code 4659.1).

Community Navigators

Available to assist families in ensuring that each individual has access to all generic services available to them in California.

Social Skills

These time-limited classes help to improve interpersonal skills, social interactions, and communication. Parent/caregiver participation is required.

Westside Family Resource and Empowerment Center (WFREC)

Our parent-run center offers support groups, trainings, community resources, and referrals to generic resources. Call 310-258-4063 or visit www.wfrec.org.

Support Groups and Training Opportunities

WRC has many support groups and training opportunities for individuals and families. Visit www.westsiderc.org for a list of groups and training events.

Conferences

WRC may be able to provide funding for conference registration fees. *Individuals and families may inquire with their Service Coordinator for more information.*

Education Support Services (ESS)

A referral to an education advocacy vendor can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

Self-Advocacy Groups

The Consumer Advisory Committee (CAC) hosts self-advocacy groups located in WRC's service area. Visit westsiderc.org for dates and locations.

Incontinence Supplies*

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance, or through WRC vendored providers when no other generic source is available.

Medical Equipment*

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS).

Written Translations and Interpretations

WRC offers written translation services for all documents when the family's preferred language is not English. Interpretation services for IPP or service planning/review meetings are also available.

Crisis Prevention and Supports and Interpretations

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns.

*Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. A service coordinator will inform individuals and families about this process and will provide support as needed to obtain these insurance/managed care benefits.

