## **Behavior Respite**

Respite services provide intermittent or regularly scheduled non-medical care and supervision of the developmentally disabled individual. Behavior Respite services are utilized when an individual's behaviors prevent a general respite provider from giving care. Behavior Respite providers are specifically trained in the field of Applied Behavior Analysis to implement proactive and reactive strategies that will help manage inappropriate behaviors. If Behavior Respite is deemed appropriate general respite services will be terminated and Behavior Respite services will be provided in their place.

Services are appropriate for parents or primary caregiver if:

- The family is providing 7 day-a-week, 24-hour care for the individual in the family home.
- Regional center may only purchase respite services when the care needs of the individual exceed those of a person of the same age without a developmental disability.

To qualify for Behavior Respite services:

- General Respite services have been attempted without success due to behaviors.
- Behavior Intervention services are in place or are being sought.
- The individual's Service Coordinator has consulted with a Clinical Services Specialist regarding the behaviors.
- Hours are based on the Respite Needs Assessment completed by the individual's Service Coordinator with input from the family and the IPP team.
- All General Respite Standards apply to Behavior Respite services.
- Behavior Respite services are provided through vendored agencies with trained staff.

## Continuation of services require:

- Continued participation in behavior services.
- Report submitted every six months from the Behavior Support services provider.
- Report will be reviewed to determine continued appropriateness of services.

## Exceptions:

The service coordinator will review the request for the exception with the IPP planning team and then present it to the Purchase of Service Committee who will review the request. If after review, the Purchase of Service Committee is not able to approve the exception, the Executive Director or their designee may review and authorize the

service request, which does not meet the general standards, if the Executive Director or designee deems it is warranted, based on individual circumstances. When an individual or his/her legally authorized representative believes a WRC decision is improper or not in the individual's best interest, an appeal can be made to challenge that decision. All processes shall be in compliance with Welfare and Institutions Code, Section 4700-4730.