

## **WRC Self Determination Local Volunteer Advisory Committee Minutes**

**November 14, 2023**

### **Introductions**

- Carla Lehman (Chairperson)
  - Welcome
- Regional Center
  - Cesar Garcia, Client Services Director
  - Jane Borochoff, Executive Director
  - Alex Marquez, Self-Determination Program Manager
  - Sanaz Nasiri, Participant Choice Specialist
  - Randall Smith, Participant Choice Specialist
- State Council
  - Chris Arroyo

### **Establishment of Quorum**

- Fran Goldfarb
- Ereida Galda
- Nathalie Lichtenthaeler
- David Wyles
- Elizabeth Gomez
- Matt Alivio
- Harvey Lapin
- Nilo Chaudry
- Lulu Cheong
- Felicia Ford
- Joseph Juarez
- Carla Lehman
- Madeline Schneider

### **Discussion / Approval of Minutes**

- Minutes Corrections
  - Fran Goldfarb not at last meeting.
  - Second Motion should say for WRC to “not” have restrictions.
- Motion to Pass Minutes with Edits – Carla Lehman
- Second – Felicia Ford
- Motion Passed
  - Carla Lehman
  - Felicia Ford
  - Fran Goldfarb
  - Ereida Galda
  - Nathalie Lichtenthaeler

- Elizabeth Gomez
- Matt Alivio
- Harvey Lapin
- Nilo Chaudry
- Lulu Cheong
- Joseph Juarez

### **Public Comment**

E.B.-Mother of WRC SDP participant says process to get into the program for her second child is difficult. Trying since April.

Lulu C.-Asks if Committee has a Committee Centered Plan, and if it can be shared with her since she's new to the committee.

A.S.-Mother of WRC SDP participant who has been trying to purchase items in SDP since March. There are restrictions that are new to her. She doesn't know if these are WRC rules or SDP policies.

### **Selection of new LVAC Chairperson**

Carla Lehman announces that tonight will be her final meeting as Chairperson. A discussion is had as to whether any other committee member is interested in the position. David Wyles voiced being interested in being the Chairperson. Joseph Juarez voiced being interested in being Co-Chairperson, if the Committee is willing to have one.

### **Motions**

Motion to change Committee leadership model to include Co-Chairperson -- Madeline Schneider  
Second -- Felicia Ford

#### ***Motion Passed***

Madeline Schneider  
Felicia Ford  
Joseph Juarez  
Matt Alivio  
Lulu Cheong  
David Wyles  
Elizabeth Gomez  
Fran Goldfarb  
Ereida Galda  
Harvey Lapin  
Nilo Chaudry

Motion for David Wyles to be the next Chairperson of the Committee – Carla Lehman  
Second – Madeline Schneider

#### ***Motion Passed***

Carla Lehman  
Madeline Schneider  
David Wyles  
Joseph Juarez  
Elizabeth Gomez  
Fran Goldfarb  
Ereida Galda  
Matt Alivio

Nathalie Lichtenthaeler  
Harvey Lapin  
Felicia Ford  
Lulu Cheong  
Nilo Chaudry

Motion for Joseph Juarez to be named the Co-Chairperson of the Committee – Carla Lehman  
Second – Madeline Schneider

***Motion Passed***

Carla Lehman  
Madeline Schneider  
David Wyles  
Joseph Juarez  
Elizabeth Gomez  
Fran Goldfarb  
Ereida Galda  
Matt Alivio  
Nathalie Lichtenthaeler  
Harvey Lapin  
Felicia Ford  
Lulu Cheong  
Nilo Chaudry

**WRC Update**

Cesar Garcia presented the following data about SDP participants at Westside Regional Center:

- 278 total people in SDP
- Majority English speaking (258 individuals)
- Majority male (192 individuals)
- Majority 13-22 years of age (104 individuals)
- Majority from Los Angeles (129 individuals)
- Majority are White/Caucasian (131 individuals)
- Average budget by ethnicity: highest is Japanese (a little under \$250,000) and second is Native American (\$200,000)
- Average budget overall is a little over \$100,000

A discussion was had by Committee members about this data and possible factors not captured in these numbers, including using median instead of average, and how best to capture languages spoken.

Alex Marquez presented the following update about SDP at Westside Regional Center:

Orientations

12 part 1 orientations completed in November. 9 registered so far for part 2 in November. 9 completed part 2 orientations completed in October. 13 SDP transitions in October, 8 in November, and 6 already for December.

#### Barriers to Transition

- Not enough FMS'. 1 new FMS vendor, named Action FMS, has been added recently.
- Insufficient amount of Independent Facilitators. Only 2 099 IF providers so far, but there are many outside WRC catchment area who are trying to get vendored with home RC and then courtesy vendored with WRC.

#### Monthly SDP Meetings

- Independent Facilitator Roundtable continues to be the first Wednesday of every month.
- WRC has started a new Spending Plan Workshop, every 4th Friday of the month. 8 attended the first one and got technical guidance for the spending plan.

#### **Review of Motions From Last Meeting**

Alex Marquez provided the updates.

**1<sup>st</sup> Motion:** Recommend WRC to put policy in place for automatic rate increases.

**Update:** WRC connected with DDS for guidance, and DDS said that when reviewing rate increase, WRC has to assess for the need for the increase.

**2<sup>nd</sup> Motion:** Recommend that spending plans get approved without consideration of cost effectiveness.

**Update:** WRC connected with DDS for guidance. WRC' best practices will include assessing a requested service with inclusion of cost effectiveness consideration.

#### **Public Comment**

E.B.-having issue with SDP process with WRC. Feels program overall is excellent, but there are too many barriers.

M.A.-Thanks Cesar for the data presentation. Suggests tracking the age data from when they entered SDP not now. Ethnicity data should be compared to overall % of regional center population. Has issues with the clinical services process in SDP at WRC.

A discussion is had between Committee members and Cesar Garcia about the progress report process in SDP at WRC.

#### **Small Work Group Update**

Alex Marquez informs the committee about what was discussed at the small work group about the progress report template. Guidance was given at the meeting about how the template would be completed and who needs to complete it.

#### **Chair Person Report**

-SDP Conference was great and had panels on many different topics.

**Motion** (The motion was initiated but process was never completed)

Motion for people who get denials on spending plans also get a notice of action. -Carla  
Second- \*Motion never officially completed\*

#### **Meeting Adjourned at 8:29pm**