

BREAKTHROUGH PARENTING

TEN-WEEK COURSE FROM CLARIS HEALTH

Join Claris Health for group sharing and parent learning designed for parents of **children of all ages and abilities**. In this discussion series, you will go through lessons based on Dr. Jane Major's proven Breakthrough Parenting methods. Get ready to transform your relationship with your children!

DISCUSSION TOPICS



THE DETAILS

WHEN:
Tuesdays 6-7 p.m.,
1/24 through 3/28

TO REGISTER and receive the Zoom link, or for more info:
Email Niki Woolsey at niki@clarishealth.org or call 310-820-2560 x1

INSTRUCTORS:
Niki Woolsey, Certified Breakthrough Parenting Instructor



Claris Health™



in partnership with
**Westside Family Resource
and Empowerment Center**
LA County Inclusion Partnership