

# INSIDE WESTSIDE

# SERVICES AND SUPPORTS

## AGES 3 TO 10

Your child may have recently entered the school system. You may have questions about the supports available through WRC.

The following are services and supports provided by Westside Regional Center (WRC). Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by the interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services. Services must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.

**Generic resources, private resources and/or natural supports must be explored prior to WRC funding.**

### **Case Management**

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

### **Crisis Prevention and Support**

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns. We recommend exploring ongoing support and wellness checks before concerns escalate.

### **Respite Services**

Parents and caregivers can receive periodic assistance with the constant care and supervision of children receiving regional center services in order to relieve family stress or cope with family emergencies.

### **Day Care Supports (Specialized Supervision)**

Parents who are working or in school full-time may be eligible for assistance to provide supervision primarily during after-school hours and/or during school breaks.



### **Behavior Classes**

These classes are for parents and caregivers to learn techniques for developing and implementing positive behavior strategies. Classes may be offered at WRC.

### **Behavior Intervention Services**

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations \*\*\* (See service coordinator for further funding details). Parent/caregiver participation is required.



## AGES 3 TO 10 CONTINUED

### **Behavior Intervention Co-Pay, Co-Insurance, and Deductibles**

If your family member receives behavior intervention funded by insurance, WRC is able to assist with insurance co-payments, co-insurance, and deductibles should your family meet income requirements (Welfare & Institutions Code 4659.1).

### **Social Skills**

These time-limited classes help to improve interpersonal skills, social interactions, and pragmatic language. Parent/caregiver participation is required.

### **Westside Family Resource and Empowerment Center (WFREC)**

Our parent-run center offers support groups, trainings, community resources, and referrals to generic resources. Call 310-258-4063 or visit [www.wfrec.org](http://www.wfrec.org).

### **Support Groups and Training Opportunities**

WRC has many support groups and training opportunities for individuals and families. Visit [westsiderc.org](http://westsiderc.org) for a list of groups and training events.

### **Conferences**

WRC may fund tuition or conference registration fees up to a maximum of \$300 for ONE training or conference ONCE per year. Funding for parents or caregivers does not cover the cost of lodging or transportation.

### **WRC Education Support Services (ESS) Team**

A referral to our education advocacy specialists can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

### **Incontinence Supplies \*\*\***

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance, or through WRC funding when no other generic source is available.

### **Medical Equipment \*\*\***

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS). WRC, as payer of last resort, may provide funding for equipment needs as determined through consultation with WRC specialists.

### **Written Translations and Interpretations**

WRC offers written translation services for Individual Program Plans (IPPs) when the family's primary language is not English. Interpretation services for IPP or service planning/review meetings are also available.

\*\*\*Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. Your service coordinator will inform you about this process and will provide support as needed to obtain these insurance/managed care benefits.