

INSIDE WESTSIDE

SERVICES AND SUPPORTS

AGES 11 TO 17

Your child has recently entered adolescence. As a parent, you share many of the changes your teen faces both at home and at school. We encourage you to read the [Transition from High School to Adulthood](#) booklet for helpful information.

Available services are listed below with a brief explanation of each support. Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by WRC's interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services. Services must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.



Generic resources, private resources and/or natural supports must be explored prior to WRC funding.

Case Management

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

Crisis Prevention and Support

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns. We recommend exploring ongoing support and wellness checks before concerns escalate.

Respite Services

Parents and caregivers can receive periodic assistance with the constant care and supervision of children and young adults receiving WRC services to relieve family stress or cope with family emergencies.

Day Care Supports (Specialized Supervision)

Parents who are working or in school full-time may be eligible for assistance to provide supervision primarily during after-school hours and/or during school breaks.

Behavior Classes

These classes are for parents and caregivers to learn techniques for developing and implementing positive behavior strategies. Classes may be offered at WRC.

Behavior Intervention Services

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations *** (See service coordinator for further funding details). Parent/caregiver participation is required.

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Behavior Intervention Co-Pay, Co-Insurance, and Deductibles

If your family member receives behavior intervention funded by insurance, WRC is able to assist with insurance co-payments, co-insurance, and deductibles should your family meet income requirements (Welfare & Institutions Code 4659.1).

Social Skills

These time-limited classes help to improve interpersonal skills, social interactions, and pragmatic language. Parent/caregiver participation is required.

Westside Family Resource and Empowerment Center (WFREC)

Our parent-run center offers support groups, trainings, community resources, and referrals to generic resources. Call 310-258-4063 or visit www.wfrec.org.

Support Groups and Training Opportunities

WRC has many support groups and training opportunities for individuals and families. Visit westsiderc.org for a list of groups and training events.

Conferences

WRC may fund tuition or conference registration fees up to a maximum of \$300 for ONE training or conference ONCE per year. Funding for parents or caregivers does not cover the cost of lodging or transportation.

WRC Education Support Services (ESS) Team

A referral to our education advocacy specialists can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

Self-Advocacy Groups

Consumer Advisory Committee (CAC) hosts a number of self-advocacy groups located throughout WRC's service area. Visit westsiderc.org for dates and locations.

Incontinence Supplies ***

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance, or through WRC funding when no other generic source is available.

Medical Equipment ***

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS). WRC, as payer of last resort, may provide funding for equipment needs as determined through consultation with WRC specialists.

Written Translations and Interpretations

WRC offers written translation services for Individual Program Plans (IPPs) when the family's primary language is not English. Interpretation services for IPP or service planning/review meetings are also available.

****Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. Your service coordinator will inform you about this process and will provide support as needed to obtain these insurance/managed care benefits.*