

# The Westside Family Resource and Empowerment Center

## What We Offer

- Bilingual Parent-to-Parent Support
- Community Outreach
- Early Start Information (Services for babies age 0-3)
- Multi-Media Lending Library
- Parent Education
- Resources and Referrals
- Support Groups
- Training & Conference Opportunities
- Transition Assistance
- Warmline (310) 258-4063  
Monday—Friday 9:00 am—5:00 pm



*The Westside Family Resource  
and Empowerment Center*  
LA County Inclusion Partnership

Established in 1993, The Westside Family Resource and Empowerment Center (WFREC) is open to the entire Los Angeles community and staffed by experienced parents and family members of individuals who have different abilities.

## What We Do

We listen;  
We inform;  
We support;  
We encourage;  
We motivate;  
We guide;  
WE EMPOWER.

5901 Green Valley Circle, Suite 320  
Culver City, CA 90230  
T: 310-258-4063 • F: 310-338-9664  
[www.wfrec.org](http://www.wfrec.org)

Phone: (310) 258-4063  
Fax: (310) 338-9664

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Hours: 9:00 a.m.-5:00 p.m. or by appointment

# Westside Family Resource & Empowerment Center



Together  
We Can Make  
a Difference



## Who We Are

The Westside Family Resource and Empowerment Center is a:

### Family Resource Center

As part of the California Early Start Program, we provide parent-to-parent support and information for families of infants and toddlers who have been recently diagnosed and considered eligible for Early Start services.

### Family Empowerment Center

Funded by the Department of Education, this grant allows us to provide specialized training and peer-to-peer support to parents of children (age 3 to 22) who have an Individual Education Plan (IEP), a 504 plan, receive mental health services or who may be eligible for any of these programs.

The student does not have to qualify for Regional Center services to receive FEC supports and services.

### Prevention Resource & Referral Service Center

PRRS is designed as a "Safety Net" program for infants and toddlers at a greater risk for developmental delay who do not, currently, qualify for services through the Early Start Program.

*All services are provided at no cost.*

## Who We Serve

We proudly serve families, individuals and para-professionals working with, and for, children and adults who have different abilities. We can help you find answers to your questions and solutions to your problems in a warm, safe and child-friendly environment.

## Testimonials

*"I walked into the WFREC when I was 4 months pregnant and I had been told my son would be born with Down Syndrome. The Family Resource Center was, and continues to be, a great source of support. They gave me hope and continue to help me find resources for my [toddler]"*

- Elizabeth B.

*"It is rare to meet people who understand the value of personalizing referrals and resources."*

- Carolina V.

*"Thanks to the WFREC and the wonderful people who work there, our beautiful [baby] had her open heart surgery and is now a happy and thriving child."*

- Victor S.



## Our Mission

The WFREC is dedicated to building a strong community. We also provide information, resources and support to families, professionals and other members of the community, creating successful partnerships in order to enhance the lives of infants, youth and adults who have special needs.