

Westside Regional Center
POST-EMERGENCY RESTRAINT REPORT (PERR)

In the event a restraint procedure was used to stop a consumer from harming themselves or other, continuous and dangerous behavior, a verbal Special Incident Report (SIR) is to be made within 24 hours of incident. A written SIR and this POST-EMERGENCY RESTRAINT REPORT (PERR) must be completed by the **Direct Support Professional (DSP)/Support Staff and Administrator** involved in the incident and returned to the regional center within 48 hours.

VENDOR NAME: _____ VENDOR #: _____

Consumer Name: _____ D.O.B.: _____

Date of Restraint: _____ UCI#: _____

To be completed by Direct Care Staff:

Prevention and De-celeration strategies: Describe in detail the facts and circumstances leading to the use of the restraint (attach additional paper if necessary):

Describe anxiety (antecedent) behavior demonstrated by individual: _____

Provide a description of staff (s) approach to be supportive to anxiety (antecedent) behaviors: _____

Is there a behavior plan in place for this consumer? Yes No Date of Behavior Plan: ____/____/____

Describe the risk behavior observed by client: _____

- | | | | |
|---|--|---|---|
| <input type="checkbox"/> Active listening | <input type="checkbox"/> Relocating people | <input type="checkbox"/> Changing proximity | <input type="checkbox"/> Facilitating relaxation |
| <input type="checkbox"/> Redirecting | <input type="checkbox"/> Stimulus change | <input type="checkbox"/> Blocking | <input type="checkbox"/> Removing unnecessary demands |

Other (Explain) _____

Provide a description in more detail of staff (s) least restrictive response per behavior plan used to avoid the need of using the emergency intervention plan: _____

Decision making: Restraint may be used as a last resort emergency intervention in limited, unforeseen circumstances for the purpose of protecting the safety of an individual or others. Restraint may only be used by support staff who are trained in the proper use of restraint. There must be a real possibility of serious physical harm or death to someone's life, health or safety if no action is taken. There also must be documented evidence that less restrictive, nonphysical strategies were attempted first and without success.

What caused staff to engage in the emergency restraint? (Check all that apply)

Injury to Self Injury to Others Imminent Danger to Self Imminent Danger to Others

Other (Explain) _____

Describe in more detail the behavior displayed by the client in which warranted the use of an emergency intervention plan instead of the least restrictive response outlined in the individual's behavior plan.

Emergency Protocol used during the emergency:

Professional Crisis Management (PCMA) Professional Assault Crisis Training (ProAct)
 Crisis Prevention Institute (CPI) Nonviolent crisis Intervention Other _____

Identify and describe the type of techniques used during the incident:

Transportation Techniques used (i.e. DSP/ staff moving the individual from one location to another, etc.)

Describe: _____

Disengagement Skills (check all that apply):

Wrist/arm Neck Clothing Body Hug Hair Bite Block/Evade

Restraint Techniques used:

Seated Position Standing Position Team Control Position Children's Control Position

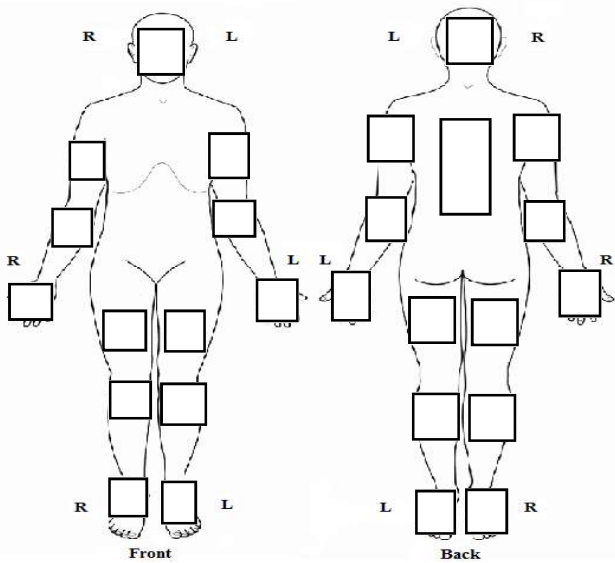
Describe in further detail: _____

If a restraint technique was used, was a mat utilized prior to implementing the procedure?

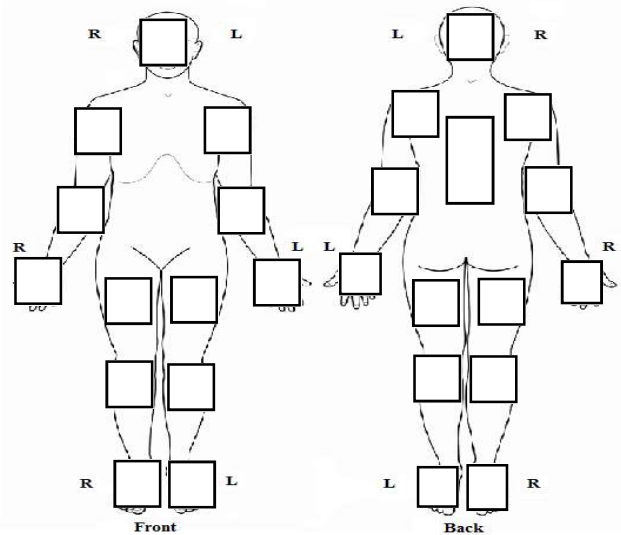
Yes No (if no, explain)

What was the duration of the restraint: _____

Please mark where the consumer was touched during the procedure:



Please mark any injury as a cause of the incident:



Not applicable (N/A)

Postvention Approaches: Immediately after each use of restraint, the individual's immediate needs should be assessed. This must be an in-person communication with the individual to assess physical well-being. Title 22 §85369(a)-(b) specifically requires an assessment to determine whether there is physical injury or suspected physical injury and whether a medical examination is needed by a qualified medical professional.

Were the following post-crisis strategies performed, and what were the results?

Consumer was checked for any injuries, including minor injuries, that may have occurred and appropriate medical care was obtained if needed (explain details):

The environment was inspected and potentially dangerous items were removed or cleaned up, including items that may have been used as a weapon. (explain details):

Consumer was not able to return to appropriate activities after the emergency restraint (explain details):

Trauma: Each time restraint is used, it should be recognized as potential trauma to the individual. Its use can affect an individual's relationship with support staff and have short-or- long term effects on the person's mental health. Any trauma an individual has experienced should be included in the behavior plan and considered when recommending support services.

Please note if consumer experienced trauma as a result of incident (if so, explain what trauma and how will support be provided to address trauma):

This report was completed by:

Signature: _____ Position or Title: _____

(Print Name) _____ Date: _____

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To be completed by Administrator:

Explain any, and all, post-crisis de-briefing techniques used related to the restraints: A formal debriefing should take place to determine what led to the incident, what might have prevented or shortened the incident, and what can be done to prevent future incidents. A clinical and quality review for each episode of the use of restraint as quickly as possible, but no more than 24 hours after the incident between staff and supervisor and ID Team per H&S code 1180.4.

1. What is the date of the meeting? _____

2. Who was invited to this meeting (check all that apply):

- Individual restrained Individual's family Staff involved in incident Supervisor of staff
 Administrator Client Right's Advocate Other _____

3. Who attended this meeting (check all that apply):

- Individual restrained Individual's family Staff involved in incident Supervisor of staff
 Administrator Client Right's Advocate Other _____

How many individuals were involved in the crisis intervention? _____

Was all staff involved trained in the same crisis intervention protocol? Yes No

If yes, what was the date of the training for each staff member(s) involved?

Date Staff Member(s) were interviewed _____

Who developed the behavior plan for this consumer? (Name and credentials of individual)

Being that the least restrictive strategies identified in the behavior plan were proven to not be effective during this incident what are the planned alternative changes to help the consumer avoid or cope with difficult situations such as those that led to the use of restraint? If no changes will be made, explain why?

A copy of the Special Incident Report and this PERR report was provided to your agency behavior analyst or consultant.
 Yes No

Signature: _____ Position or Title: _____

(Print Name) _____ Date: _____

Date Report sent to Westside Regional Center: _____

Date report sent to Disability Rights California (DRC) per WIC§4659.2: _____