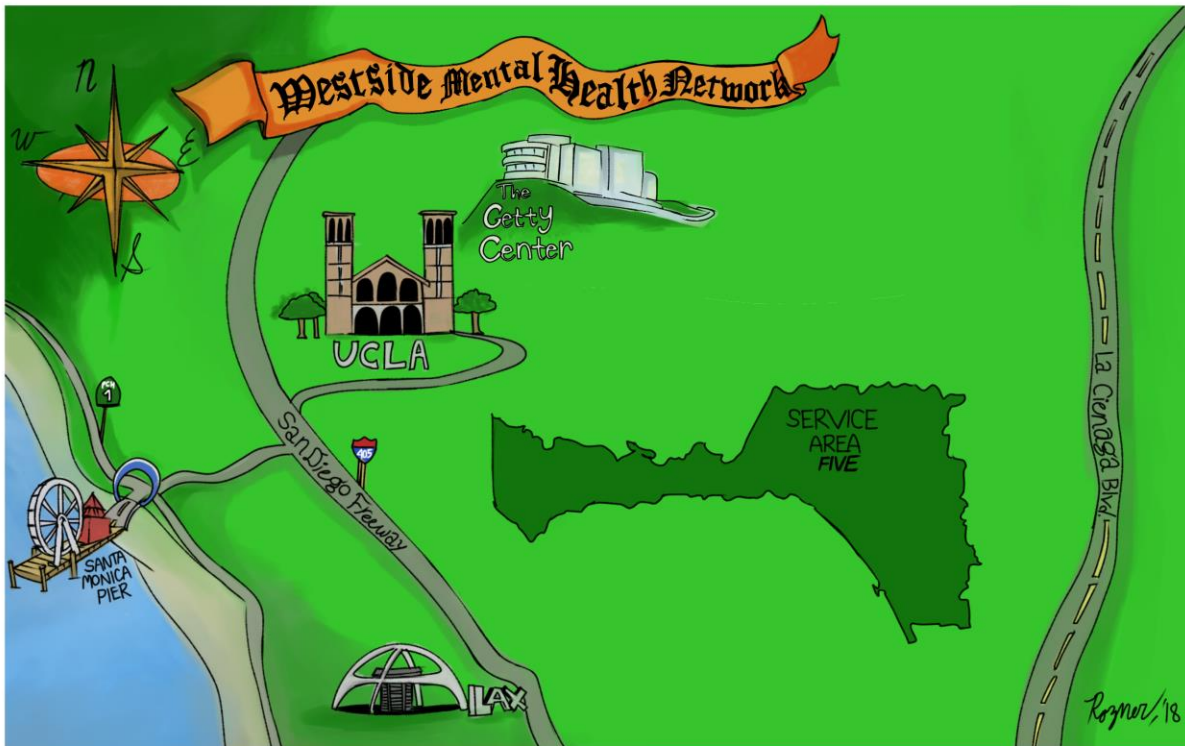


# Westside Mental Health Network Directory



June 2019

**WESTSIDE MENTAL HEALTH NETWORK DIRECTORY**  
**June 2019**

Dedicated to the memory of Marylee Westbrook, who began this Directory as a way to keep her contacts together. Over the years, it has grown to this valuable resource which she shared with all of us.



*Our cover designer is Lawrence Rozner, Chief Illustrator for Painted Brain, a non-profit organization dedicated to promoting mental health awareness through art and the written word.*



**If you contact an agency and find the information is not up-to-date, please contact Celinda Jungheim [celindajungheim@gmail.com](mailto:celindajungheim@gmail.com) or Call/text 310-339-8091.**



Please note that the agencies listed in this Directory have been submitted by each agency but are not specifically endorsed by The Westside Mental Health Network. We have no opinion upon the specific services listed.

**WESTSIDE MENTAL HEALTH NETWORK**  
**c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035**

**Officers**

**Chair**

Nick Maiorino [nmaiorino@alcottcenter.org](mailto:nmaiorino@alcottcenter.org) 310 785-2121  
Alcott Center for Mental Health Services Fax 310 553-6052  
1433 So Robertson Blvd Los Angeles 90035

**Vice Chairs**

Sabrina Diaz, LMFT [sabrinadiaz@vistadelmar.org](mailto:sabrinadiaz@vistadelmar.org) 310-836-12233 x 407  
Vista del Mar Child & Family Services Fax 310-839-4148  
3200 Motor Avenue, Los Angeles 90034

Alison Hurst [Alison@safeplaceforyouth.org](mailto:Alison@safeplaceforyouth.org) 310 753-3776  
Safe Place for Youth (S.P.Y.)  
2469 Lincoln Blvd., Venice 90291

**Secretary**

Celinda Jungheim [celindajungheim@gmail.com](mailto:celindajungheim@gmail.com) 310 306-6766  
Recovery International Cell 310 339-8091  
13219-G Fiji Way, Marina del Rey 90292-7072

**Treasurer (Acting)**

Nick Maiorino [nmaiorino@alcottcenter.org](mailto:nmaiorino@alcottcenter.org) 310 785-2121  
Alcott Center for Mental Health Services Fax 310 553-6052  
1433 So Robertson Blvd Los Angeles 90035

Submit any corrections or changes to Network Secretary (Celinda Jungheim) – see contact information above

**ADMINISTRATIVE AND LEGISLATIVE CONTACTS**  
**County/City**  
**Los Angeles County Board of Supervisors**  
**500 West Temple St, Ste #, Los Angeles 90012**

**Supervisor Hilda Solis**                      1st District      Ste 856                      213 974-4111  
Erik Berg, M.D., Health Deputy [eberg@bos.lacounty.gov](mailto:eberg@bos.lacounty.gov)  
Jennifer Vallejo, LCSW, Mental Health Deputy [jvallejo@bos.lacounty.gov](mailto:jvallejo@bos.lacounty.gov)  
Antonio Chapa, District Director (Homeless Issues) [achapa@bos.lacounty.gov](mailto:achapa@bos.lacounty.gov)  
323 826-6370

**Supervisor Mark Ridley Thomas**      2nd District      Ste 866                      213 974-2222  
Dhakshike Wickrema, Asst. Senior Deputy for Mental Health and Homeless Advocacy  
[DWickrema@bos.lacounty.gov](mailto:DWickrema@bos.lacounty.gov)  
Emily C. Williams, Senior Deputy for Human Services and Child Welfare  
[EmWilliams@bos.lacounty.gov](mailto:EmWilliams@bos.lacounty.gov)

**Supervisor Sheila Kuehl**                      3rd District      Ste 821                      213-974-3333  
Elan Shultz, Health & Public Health Deputy [eshultz@bos.lacounty.gov](mailto:eshultz@bos.lacounty.gov)  
Molly Rysman, Homeless Deputy [MRysman@bos.lacounty.gov](mailto:MRysman@bos.lacounty.gov)  
Angelica Ayala, Associate Health Deputy [Aayala@bos.lacounty.gov](mailto:Aayala@bos.lacounty.gov)  
Genethia Hudley-Hayes, Education and Social Services Deputy  
[ghayes@bos.lacounty.gov](mailto:ghayes@bos.lacounty.gov)  
Rosaline George, Westside Community Liaison on Aging [rgeorge@bos.lacounty.gov](mailto:rgeorge@bos.lacounty.gov)  
Rachael Simon, Assoc. Housing & Homeless Deputy [rsimon@bos.lacounty.gov](mailto:rsimon@bos.lacounty.gov)

**Supervisor Janice Hahn**                      4th District      Ste 822                      213 974-4444  
[FourthDistrict@bos.lacounty.gov](mailto:FourthDistrict@bos.lacounty.gov)  
Jaclyn Baucum, Health and Agenda Deputy [jbaucum@bos.lacounty.gov](mailto:jbaucum@bos.lacounty.gov)  
Louisa Ollague, Homelessness Deputy & Asst Chief of Staff [lollague@bos.lacounty.gov](mailto:lollague@bos.lacounty.gov)  
Maral Karaccusian, Children & Human Services Deputy  
[mkaraccusian@bos.lacounty.gov](mailto:mkaraccusian@bos.lacounty.gov)

**Supervisor Kathryn Barger**                      5th District      Ste 869                      213 974-5555  
[Kathryn@bos.lacounty.gov](mailto:Kathryn@bos.lacounty.gov)  
Erick Matos, Health & Legislative Affairs Deputy  
[ematos@bos.lacounty.gov](mailto:ematos@bos.lacounty.gov)  
Monica Banken, Family and Children's Deputy [mvega@bos.lacounty.gov](mailto:mvega@bos.lacounty.gov)  
Dana Vanderford, Homeless Services Deputy [dvanderford@bos.lacounty.gov](mailto:dvanderford@bos.lacounty.gov)

**Los Angeles County Mental Health Commission**  
**550 So Vermont Ave., Los Angeles 90020**

Email: [mentalhealthcommission@dmh.lacounty.gov](mailto:mentalhealthcommission@dmh.lacounty.gov)  
[www.dmh.lacounty.info/mhc/](http://www.dmh.lacounty.info/mhc/)

213 738-4772  
Fax: 213 738-2120

**Executive Committee**

Chair – Merilla M. Scott, Ph.D.

1<sup>st</sup> Vice Chair – Stacy Dalglish

2nd Vice Chair – Susan F. Friedman

Membership at Large

Harold E. Turner

Patrick Ogawa

Reba Stevens

Commission Staff:

Pinki Metha, Executive Assistant

Canetana Hurd, MBA

Arleen Santizo, SPWI

Daniel Estrada

**Commission Roster by Board of Supervisor Designation:**

Hilda Solis, Supervi	Susan F. Friedman
	Lawrence Murata-Shih
	Imelda Padilla-Frausto
Mark Ridley Thomas, 2 <sup>nd</sup> District	Harold E. Turner
	Kita S. Curry, Ph.D.
	Reba Stevens
Sheila Kuehl, 3 <sup>rd</sup> District	Merilla McCurry Scott, PhD
	Stacy Dalglish
	Rev. Kathy Cooper Ledesma
Janice Hahn, 4 <sup>th</sup> District	Patrick Ogawa
	Vacant
	Vacant
Kathryn Barger, 5 <sup>th</sup> District	Judy Cooperberg, MS, CPRP
	Brittany Weissman
	Vacant

**Los Angeles County-Dept of Mental Health (LAC-DMH)**  
**550 So Vermont Ave    Los Angeles    90020**

Jonathan Sherin, M.D., Ph.D., Director of Department of Mental Health	213 738-4601
Curley Bonds II, M.D., Chief Deputy, Clinical Operations	213 738-4108
Gregory Polk, Chief Deputy Director, Administrative Operations	213 738-4926
Mimi McKay, M.A., M.L.I.S., Deputy Director, Strategic Communications	213 738-2862
Lu Ann Sanderson, D.N.P., Discipline Chief, Nursing	213 351-1928
Keris Jan Myrick, M.B.A., M.S., Discipline Chief, Peer Services	213 351-1921
David Ruskin, M.D., Discipline Chief, Psychiatry	213 351-1924
Jorge Partida, Psy.D., Discipline Chief, Psychology	213 738-4967
Yvette Willock, L.C.S.W., M.A., Discipline Chief, Social Services	213 351-1927
Terri Boykins, L.C.S.W., Deputy Director, Contract Management and Monitoring	213 738-2408
Miriam Brown, L.C.S.W., Deputy Director, Outreach, Engagement & Triage	213 738-3412
Carlotta Childs-Seagle, L.C.S.W., Deputy Director, Outpatient Services	213 738-4851
Debbie Innes-Gomberg, Ph.D., Deputy Director, Prevention and Outcomes	213 738-2756
Anabel Rodriguez, L.C.S.W., Deputy Director, Child Welfare	213 739-5466
Connie Draxler, Deputy Director, Public Guardian	213 974-0407
Edgar Soto, Administrative Deputy	213 738-2891
Mirian Avalos, Chief Information Officer	213 251-6481
Kimberly Nall, Manager, Finance	213 738-4625
Eva Carrera, Chief, Contract Monitoring SA 5, 2, 1	213 739-5538
Kalene Gilbert, Chief, Preventive Services	213 739-5403
 ACCESS Number for 24 Hour Crisis Services	 800 854-7771
Patients' Rights	800 700-9996

**LAC-DMH    West Los Angeles Administration Office**  
**11303 W. Washington Blvd, Suite 200, Los Angeles 90066**

Jacquelyn Wilcoxon, Chief, Service Area Five, Geographic Initiative	310 482-6601
jwilcoxon@dmh.lacounty.gov	Fax 310 313-0813

**Los Angeles County - Superior Court - Dept 95**  
**1150 No San Fernando Rd    Los Angeles    90065**  
<http://www.lacourt.org/division/mentalhealth/mentalhealth.aspx>

Clerk's Office	323 441-1898
Department 95A 4 <sup>th</sup> Floor Room 401	323 441-1893
Judge Robert S. Harrison	
Handles all conservator proceedings for the mentally ill	
Department 95B 4 <sup>th</sup> Floor Room 400	323 441-1894
Judge James Bianco	
Handles cases involving sexually violent predator probable cause hearings, habeas corpus proceedings for persons who have been involuntarily committed under WIC 5275, commitment petitions under WIC 6500, Murphy Conservatorship, and firearm restoration petitions.	

DMH Court Liaison Program	626 403-4370
Airport (West LA, Beverly Hills, Santa Monica)	310 727-6245
Public Defender	213 974-2811
	Español: 213 974-2828

**Los Angeles County Airport Municipal Court**  
**11701 S. La Cienega Blvd., Los Angeles, CA 90045**  
<http://www.lacourt.org/courthouse/info/address/lax>

City Attorney	4 <sup>th</sup> Fl	310 202-3800
Criminal Clerk's Office (Felony)	2nd Fl	310 725-3025
Criminal Clerk's Office (Misdemeanor)	2nd Fl	310 725-3099
District Attorney	Suite 601	310 727-6500
Public Defender	Room 530	310 727-6200
Registrar-Recorder	Room 675	310 727-6141

Visit website for full directory including Judicial Officers listings

**Los Angeles City Council - Westside Council Members**

<b>200 No Spring St</b>	<b>Rm #</b>	<b>Los Angeles</b>	<b>90012</b>
Council District 11 – Mike Bonin	Rm 475		213 473-7011
<a href="https://11thdistrict.com/">https://11thdistrict.com/</a>			
<b>West LA District Office</b>			
1645 Corinth Ave, Ste 201, Los Angeles	90025		310 575-8461
<b>Westchester District Office</b>			
7166 W. Manchester Ave., Los Angeles	90045		310 568-8772
Council District 5 – Paul Koretz	Rm 440		213 473-7005
<a href="http://councilmemberpaulkoretz.com/">http://councilmemberpaulkoretz.com/</a>			
<b>Western District Office</b>			
6380 Wilshire Boulevard, Suite 800			323 866-1828
Los Angeles, CA	90048		
Jim Bickhart	<a href="mailto:james.bickhart@lacity.org">james.bickhart@lacity.org</a>		
Policy and Legislative Consultant (including homelessness policy)			

**City of Beverly Hills**

**City Hall 455 N. Rexford Dr., Beverly Hills, CA 90210**

<http://www.beverlyhills.org/>

John Mirisch, Mayor	MayorandCityCouncil@beverlyhills.org
George Chavez, City Manager	310 285-1014
<b>City of Beverly Hills Community Services Department</b>	
<b>Human Services Division, Suite 250</b>	310 285-1006
humanservices@beverlyhills.org	Fax 310 385-0840

James R. Latta, LCSW, Human Services Administrator [jlatta@beverlyhills.org](mailto:jlatta@beverlyhills.org)  
Rachel Evans, Human Services Specialist  
Beverly Hills CLASP - Homeless Outreach and Engagement Program 310 487-0313  
Outreach coordinators: Kevin and Sabreah  
Senior Programs and Services Information Line 310 285-6840

**Beverly Hills Police Dept.**

464 N. Rexford Drive, Beverly Hills 90210  
Information and non-emergency line: 310 550-4951  
Front Desk 310 285-2100  
Sgt. Matthew Stout, Public Information Officer 310 285-2192  
Sgt. Sean Smollen, Community Liaison 310 288-2668

**City of Culver City**

**City Hall 9770 Culver Blvd, Culver City 90232**  
**<https://www.culvercity.org>**

Meghan Sahli-Wells, Mayor 310 845-5831  
John Nachbar, City Manager 310 253-6000  
Committee on Homelessness meets the last Tuesday of every other month  
Contact: Tevis Barnes at 310 253-5780

**City of Santa Monica**

**City Hall 1685 Main St, Santa Monica, CA 90401**  
**<https://www.smgov.net/>**

Gleam Davis, Mayor 310 458-8201  
**City Manager's Office** Room 209 310 458-8411  
Rick Cole, City Manager [rick.cole@smgov.net](mailto:rick.cole@smgov.net) 310 458-8301  
Alisa Orduña, Senior Advisor to the City Manager on Homelessness 310 458-8301  
[alisa.orduna@smgov.net](mailto:alisa.orduna@smgov.net)

**Human Services Division** Room 212 310 458-8701  
[Human.services@smgov.net](mailto:Human.services@smgov.net)  
Setareh Yavari, Manager, Human Services Division  
Maggie Willis, Homeless Services Administrator  
Elizabeth Anderson, ADA Disabilities Coordinator

**Housing and Economic Development Division**

**Housing Authority/Section 8** 310 458-8740  
1901 Main Street, Suite A Santa Monica, CA 90405 Fax 310 264-7757  
[https://www.smgov.net/departments/HED/](https://www.smgov.net/departments/HED/Section8.Mailbox@smgov.net)  
[Section8.Mailbox@smgov.net](mailto:Section8.Mailbox@smgov.net)

**City of Santa Monica Police Department Homeless Liaison Program (HLP Team)**

333 Olympic Blvd., Santa Monica 90401 310 458-8953  
Officer Thomas Mastin [Thomas.mastin@smgov.net](mailto:Thomas.mastin@smgov.net) Fax 310 458-2590  
Officer Robert Martinez [Robert.martinez@smgov.net](mailto:Robert.martinez@smgov.net)



**SERVICE AREA 5 DEPT OF MENTAL HEALTH FUNDED PROVIDERS INCLUDE:**

**Directly Operated:**

Edmund D. Edelman Westside Mental Health Center

**Contract Agencies:**

Alcott Center for Mental Health Services

CLARE/MATRIX

Didi Hirsch Community Mental Health Center

Disability Community Resource Center (DCRC)

Exceptional Children's Foundation – Kayne Eras Center

Exodus Recovery

Help Group West Child & Family Center

Homes for Life Foundation

Jewish Family Services of Los Angeles

Los Angeles County Client Coalition (LACCC)

Meadowbrook

NAMI

New Directions for Veterans

Pacific Asian Counseling Services

The People Concern

Providence Saint John's Child & Family Development Center

Safe Place For Youth (S.P.Y.)

SHARE! the Self-Help and Recovery Exchange

St. Joseph Center

Step Up On Second

Vista Del Mar

Westside Infant Network (WIN)

Westside Urgent Community Services Program

In summary, it is apparent that the Westside Mental Health System of Care provides

-- a broad spectrum of high quality services for children, transitional age youth (TAY), adults and older adults

-- a collaboration of agencies

-- encourages participation by consumers, family members and the community

-- stretching available funds to best address local needs

## **SERVICE AREA 5 HEALTH NEIGHBORHOODS**

Service Area 5 has three health neighborhoods which are collaborations of agencies.

Following are the partner agencies for the Pico Robertson Health Neighborhood and the WIN Intergenerational Wellness Health Neighborhood. Our third Health Neighborhood has Safe Place for Youth (S.P.Y.) as its lead agency and is now incorporating the Venice Youth Network.

### **PICO ROBERTSON HEALTH NEIGHBORHOOD**

**Vision:** *“to improve health & quality of life in our community”*

**Mission:** *Identify and address community needs in-order-to educate, reduce stigma and improve health outcomes by reducing barriers to service access*

**Values:** *Trust, Inclusion, Collaboration, Interdependence, Collective Impact*

**The Pico-Robertson Health Neighborhood** is a collaboration of several established and committed organizations whose common purpose is to improve health and quality of life in the 90034 and 90035 zip code areas.

Working with community members, the Alcott Center and its partners accomplish his goal by identifying community needs, increasing awareness, improving healthcare access, and providing education to the community.

Our partners include:

- The Alcott Center for Mental Health Services (Lead Org)
- Jewish Family Services of Los Angeles (JFS)
- Westside Family Health Center
- People Assisting the Homeless (PATH)
- Los Angeles County Department of Mental Health (DMH)
- Los Angeles County Department of Public Health (DPH)
- Vista Del Mar Child & Family Services
- CLARE - MATRIX
- Recovery International Self-Help
- Painted Brain
- Safe Place for Youth (SPY)
- LAPD – Mental Evaluation Unit (MEU)
- B’nai David-Judea Congregation

For additional information, please contact Nick Maiorino, Executive Director at [nmaiorino@alcottcenter.org](mailto:nmaiorino@alcottcenter.org) or Roxanne Gonzalez, Community Outreach Liaison at [rgonzalez@alcottcenter.org](mailto:rgonzalez@alcottcenter.org)

### **PALMS/MAR VISTA HN (INTERGENERATIONAL WELLBEING HEALTH NEIGHBORHOOD)**

Contact: Bre Onna Mathis, WIN Innovations 2 Project Director, [breonnam@winla.org](mailto:breonnam@winla.org)  
The Intergen Health Neighborhood in Mar Vista is a gathering place for parents, school and agency staff, faith leaders, and everyone seeking to support happier, healthier communities starting with our youngest children and parents. Our mission is to ensure that our neighborhoods

feel safe, welcoming, and well-resourced to families, because we understand that stress and trauma in early childhood is strongly related to youth and adult trauma—trauma that plays out as violence, school failure, depression, addiction, homelessness, suicide, and a host of lifelong health and mental health issues that can be passed from generation to generation. Our goal is to weave connections among neighbors, communities, public and private agencies to build flexible and seamless systems of care that promote recovery and resilience for all families, because we understand that for each one of us to be well, all of us must be well.

WIN's partner agencies and Health Neighborhood partners have deep roots in west Los Angeles. Each offers a special set of services to families—and together, these services form a comprehensive “nest” of supports to help families reach their full potentials.

### **WIN's Partner Agency Contact Information:**

#### **Venice Family Clinic Early Head Start**

604 Rose Ave  
Venice, CA 90291  
310-392-8636  
[www.venicefamilyclinic.org](http://www.venicefamilyclinic.org)  
Director: Stacey Scarborough

#### **El Nido Early Head Start**

2152 W. Manchester Ave.  
Los Angeles, CA 90047  
323-971-7360  
[www.elnidofamilycenters.org](http://www.elnidofamilycenters.org)  
Program Director: Patricia Bermeo

#### **Pediatric Therapy Network**

1815 213th St.  
Torrance, CA 90501  
310-328-0276, ext. 217  
[www.pediatrictherapynetwork.org](http://www.pediatrictherapynetwork.org) EHS Director: Araceli Espinoza

### **WIN's Health Neighborhood Agency Contact Information:**

#### **Venice Family Clinic**

604 Rose Ave  
Venice, CA 90291  
310-392-8636  
[www.venicefamilyclinic.org](http://www.venicefamilyclinic.org)  
Executive Director: Elizabeth Benson Forer

#### **Connections for Children**

2701 Ocean Park Blvd., Suite 253  
Santa Monica, CA 90405  
310-452-3325  
[www.connectionsforchildren.org](http://www.connectionsforchildren.org)  
Executive Director: Patti Oblath

#### **Providence St. John's Child and Family Development Center**

1339 20th St.  
Santa Monica, CA 90404  
310-829-8921  
[california.providence.org/saint-johns/services/child-and-family-development-center/](http://california.providence.org/saint-johns/services/child-and-family-development-center/)

#### **UCLA TIES for Families**

1000 Veteran Ave., 2nd Floor  
Los Angeles 90095

310-825-6110

[www.uclahealth.org/mattel/ties-for-families/](http://www.uclahealth.org/mattel/ties-for-families/)

Executive Director: Audra Langley

**Family Service of Santa Monica/Vista Del Mar**

1533 Euclid St.

Santa Monica, CA 90404

310-451-9747 [www.vistadelmar.org](http://www.vistadelmar.org)

Director: Laura Ornelas

**Didi Hirsch Child and Family Program**

12420 Venice Blvd., Suite 200

Los Angeles, CA 90066

310-751-1200 [www.didihirsch.org](http://www.didihirsch.org)

Program Director: Lisa Schumacher

**Pacific Asian Counseling Services**

8616 La Tijera Blvd., Suite 200

Los Angeles, CA 90045

310-337-1550 [www.pacsla.org](http://www.pacsla.org)

Clinical Director: Michi Okano

**Sojourn/The People Concern**

1453 16th St.

Santa Monica, CA 90404

310-264-6646

[www.opcc.net](http://www.opcc.net)

Director: Pat Butler

**Westside Anti-Violence Authority**

1453 16th St.

Santa Monica, CA 90404

310-264-6646, ext. 311

[www.westsideanti-violenceauthority.org](http://www.westsideanti-violenceauthority.org)

**The Venice Youth Network and Venice Marina del Rey Health Neighborhood**

The Venice Youth Network and Venice Marina del Rey Health Neighborhood share the same time and space as their missions are closely aligned. It is a convening of key partners, young people, community members, business owners, volunteers, and faith based organizations that come together to coordinate resources that support youth on their path to wellness.

The ongoing mission of the VMdR HN is to highlight our member's voices to further inform the community and service providers on how to best serve the needs of this dynamic population.

The meeting will also provide space for participants to share what's going on at their own organizations.

There's no requirement for joining the VYN other than wanting to help youth. We hope to see you there!

## **WESTSIDE MENTAL HEALTH NETWORK DIRECTORY**

c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035

**June 2019**

This is a list of our member agencies, organizations and individuals. It contains information on services as submitted to us. We try to update this list twice each year. Please let us know of any changes/additions. If you would like to join the **WESTSIDE MENTAL HEALTH NETWORK**, please contact Celinda Jungheim at [celindajungheim@gmail.com](mailto:celindajungheim@gmail.com) or call/text 310-339-8091. **We meet the 2nd Wednesday of every month, 12 noon - 1:30 pm at DMH SA 5 Administration Office, 11303 W. Washington Blvd. LA 90066 (at Sawtelle) (except June & December when we host special Celebrations).**

### **22-1-1 LA COUNTY**

P.O. Box 726, San Gabriel 91778-0726

Admin 626 350-1841

<https://www.211la.org>

Maribel Marin, Executive Director [mmarin@211LA.org](mailto:mmarin@211LA.org) ext. 2100

For Assistance Dial: 2-1-1 or 800 339-6993

Chris Castillo, MPA, CRS, CIRS

Housing Coordinator

24 hour information & referral service providing information about health and human service agencies throughout Los Angeles County. It is funded by the County of Los Angeles and United Way. Services are provided 24 hours a day, 7 days a week in English, Spanish and over 140 other languages via a tele-interpreting service. 2-1-1 LA County's comprehensive database lists over 4,100 Health & Human Service Resources, call for more information.

### **ACCENT ON WELLNESS PSYCHOLOGY ASSOCIATES, INC.**

310 855-3990

*Three Los Angeles County Locations:*

Fax: 424 276-7676

2790 Skypark Drive, Suite 215, Torrance, CA 90505

2730 Wilshire Blvd., Suite 620, Santa Monica, CA 90403

5535 Balboa Blvd., Suite 110, Encino, CA 91316

<http://www.socialscienceconsulting.org/>

Daniel E. Bruzzone, Psy.D, QME, President & Clinical Director

[adminstaff@aowpa.org](mailto:adminstaff@aowpa.org)

Affordable, caring, solution-focused psychotherapy, provided by Licensed Psychologists, Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Registered Psychological Assistants, Associate Clinical Social Workers, and MFT interns, in English, Spanish and Farsi.

Appointments available 9 am to 9 pm Monday-Thursday, 9 am to 7 pm Fridays, and 9 am to 2 pm Saturdays to accommodate busy schedules. Serving individuals, couples, families and groups of all ages—children, adolescents, adults and elderly. Accepting Medicare, LA Care/Care 1<sup>st</sup>

Medi-Cal, additional Medi-Cal plans and California Victims of Crime. Many other insurance plans accepted including some HMOs and PPOs. Sliding scale also available with proven need.

We treat trauma, depression, anxiety, partner relationship issues, anger, coping skills, family reunification, parenting/grand-parenting/caretaking, grief and loss and more. Certified Life Coaching, Infant Massage Instruction, and Spiritual Counseling, Peace Officer Standards and Trainings (POST) evaluations and QME evaluations also offered.

**ACCESS CENTER (see The People Concern)**

**ADDICTION AND PREVENTION PROGRAM (ADAP) (Program of Jewish Family Service)**

8838 West Pico Blvd., Los Angeles 90035

310 247-1180

Linda Gingras, CADC II, Addiction Specialist

Fax: 310 247-1491

[lgingras@jfsla.org](mailto:lgingras@jfsla.org)

JFS' Addiction and Prevention Program (ADAP) provides substance abuse prevention, education, and support services to people of all backgrounds and socio-economic status living in Los Angeles and the San Gabriel Valley. Our goal is to raise awareness of the risks of alcohol and drug use by providing education and information to youth, parents, and the community. In addition to prevention programming, ADAP offers consultation, referral and training throughout Los Angeles County.

**AIRPORT MARINA COUNSELING SERVICE (AMCS)**

7891 La Tijera Boulevard, Los Angeles, CA 90045 [www.airportmarina.org](http://www.airportmarina.org) 310 670-1410

Fax: 310 670-0919

Diana Hoffman Clinical Director

[dhoffman@airportmarina.org](mailto:dhoffman@airportmarina.org)

Since 1961, a private nonprofit outpatient mental health clinic offering sliding scale fees based on gross income. Open 7 days a week, Mon. through Thursday, 9a -9p, Fri., Sat., Sun., 9a - 3p. Weekly psychotherapy for adults, children,(ages 5+) adolescents, families, couples, seniors. Psychiatry services for children and adults in ongoing psychotherapy. School-based counseling, couples counseling, immediate intervention program, and at risk kids program. Therapeutic groups include: 10 Session Parenting Class, 12 Session Anger Management Group, Self Esteem, Art Therapy for 50+, Depression and Anxiety, Men's Support Group.

**ALCOHOL & DRUG PROGRAM ADMINISTRATION (Program of LA County-Dept of Health Services)** see Substance Abuse Prevention and Control

**ALCOTT CENTER for MENTAL HEALTH SERVICES**

1433 S. Robertson Blvd, Los Angeles 90035

310 785-2121

[www.alcottcenter.org](http://www.alcottcenter.org)

Fax 310 553-6052

Nick Maiorino, MA, Executive Director

[nmaiorino@alcottcenter.org](mailto:nmaiorino@alcottcenter.org) x202

Adrienne Angeles, LCSW, Associate Director	<a href="mailto:aangeles@alcottcenter.org">aangeles@alcottcenter.org</a>	x219
Kristi Rangel, LCSW, Director Mental Health Svcs	<a href="mailto:krangel@alcottcenter.org">krangel@alcottcenter.org</a>	x205
Sarah Cummings, LCSW, DMH Program Manager	<a href="mailto:scummings@alcottcenter.org">scummings@alcottcenter.org</a>	x223
Tina Rogoski, LCSW, FSP Program Manager	<a href="mailto:trogoski@alcottcenter.org">trogoski@alcottcenter.org</a>	x232
Melissa Marra-Maghran, DHS Program Manager	<a href="mailto:mmarra-maghran@alcottcenter.org">mmarra-maghran@alcottcenter.org</a>	x214
Aaron Lollis, Intake Coordinator	<a href="mailto:alollis@alcottcenter.org">alollis@alcottcenter.org</a>	x216
Nate Collins, Development Manager/Studio Arts	<a href="mailto:ncollins@alcottcenter.org">ncollins@alcottcenter.org</a>	x206

*The Alcott Center is a non-profit organization whose mission is to enhance the quality of life to enhance the quality of life, promote independence and empower individuals living with mental health issues to live productive and meaningful lives.*

*The Center is the lead agency for the 'Pico-Robertson Health Neighborhood'.*

**General Outpatient Program** including case management, medication support, crisis intervention, individual, group, couples, and family therapy offered in office or field.

**Group Program** including independent living skills training to individuals at risk of losing housing as well as processing groups assisting in whole person wellness.

**Interim Residential Services Program** links homeless individuals to bridge housing options while receiving wraparound mental health and case management services to promote stabilization.

**Prevention and Early Intervention Program** provides evidenced-based, short-term mental health interventions to adults and older adults experiencing early occurrence of illness due to trauma.

**Pico-Robertson Health Neighborhood Project** a partnership with other social service organizations in the area, focused on improving access to care and overall community health.

**Housing for Health Program** allows us to accept and work with referrals of homeless individuals via the Coordinated Entry System and those being diverted or released from incarceration who are already linked to a housing subsidy.

**Studio Arts and Social Programs** consists of free, regular social activities such as trips to baseball games, field trips and Friday afternoon Pizza Parties as well as our Studio Art Program.

### **ALLIES FOR EVERY CHILD**

Offices: 5721 West Slauson Ave Ste 200 Culver City, CA 90230  
Early Headstart Center: 12120 Wagner Street Culver City, CA 90230

310-846-4100  
310-397-4200  
Fax: 310-391-7488

<https://www.alliesforeverychild.org/>

At Allies for Every Child, we invest in healthy childhoods so every child has a life filled with opportunity. All children need a childhood. We bring together and strengthen families, cultivating conditions for children to succeed in life.

We believe that every child has the right to a nurturing, supportive childhood. What happens to us during the first five years of our life – when the architecture of our brain is formed – has outsized influence on who we will become, how we will form relationships, and if we get to determine our path in life.

### **ANOTHER WAY (A Program of Open Paths Counseling Center)**

5731 W. Slauson Ave., Suite 175, Culver City 90230

<http://openpaths.org/counseling-services/domestic-violence-classes-anger-management/>

Kendall Evans, MA, MFT, Director [kevans3054@aol.com](mailto:kevans3054@aol.com)

Intake: (310) 258-9677

Fax: (310) 258-9650

Another Way provides therapy to people whose lives have been affected by violence, whether their own or other people's. Our focus is on helping people recover from trauma and on helping people learn tools to handle their feelings in a constructive way. The program helps to reduce partner abuse and sexual assault by directly addressing the cause of violence through 52-week domestic violence perpetrator and anger management groups, individual and family counseling.

Open Paths also provides Los Angeles County Probation Department approved batterer's treatment groups, domestic violence classes, as well as counseling for most types of court-mandated clients. There is also a women's survivors group for both perpetrators and victims of domestic violence.

Domestic Violence and Anger Management classes are \$25 a class. There is a \$50 intake fee. Individual, couples, and family counseling is based on sliding scale. Survivor group has a \$20 registration fee and \$15 a group with a commitment of 12 classes. Clients please call.

### **ANTIOCH UNIVERSITY COUNSELING CENTER**

Antioch University Los Angeles

400 Corporate Pointe, Culver City 90230

<https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/>

Main Line/Sliding Scale: 310 574-2813

Intake Line for Licensed Clinicians: 310 893-3983

Fax: 310 821-7540



Jill Howe-Vercos, MA, MFT, Associate Director/Manager ext 409  
[jhowevercos@antioch.edu](mailto:jhowevercos@antioch.edu)

The Antioch University Counseling Center (AUCC) is a community counseling center operated by Antioch University Los Angeles. The AUCC is staffed by licensed Marriage and Family (MFT) therapists and clinical psychologists, as well as MFT trainees and interns. Counseling & psychotherapy for individuals, couples, families, children, adolescents, groups. Psychotherapy services are offered to the public on a sliding scale; licensed therapists on staff may accept insurance. The clinic is not able to accept Medicare or Medi-Cal. AUCC does provide services for court mandated clients.

Additional outreach programs include our School-Based Program, in which we provide these services to local K-12 students on their school campuses at no cost to their families; our International Counseling Center is located in West Los Angeles, serving the needs of the international community of greater Los Angeles; our Ways of Being Community Counseling provides for the needs of LGBTQIA+ individuals and families; our partnership with the Culver City Senior Center provides on-site individual and group psychotherapy at no cost; and our Colors Youth program provides individual and group psychotherapy and counseling to LGBTQ youth, their families, and allies, also at no cost.

### **ANTIOCH UNIVERSITY INTERNATIONAL COUNSELING CENTER**

(Program of Antioch University Counseling Center)

2001 So Barrington Ave, Ste 110, West Los Angeles, 90025  
400 Corporate Pointe, Culver City, CA 90230

310 477-7702

Fax 310 477-4688

The International Counseling Center offers psychotherapy services in English, Russian, Farsi, Hebrew, and French for individuals, couples, families & children. Patients can be seen at both locations. Fees are based on sliding scale. Serving children, adults and families. Additional services include hypnotherapy, play therapy, psychological testing, addiction intervention, and support groups.

### **ASPIRANET- Los Angeles Office**

3605 Long Beach Blvd, Long Beach, CA 90807

(310) 535-1500

<https://www.aspiranet.org/>

Fax (562) 495 7137

Aspiranet offers a unique blend of services including foster family support, adoption through foster care, services for foster youth transitioning to adulthood, mental health services, residential care, intensive home-based care, and community-based family resources. This location has a contract with the Department of Children and Family Services and referrals are made through the county. The behavioral health programs are for children already in placement in foster family or kin care, who are at risk of disruption.

### **BACUP (Benefits Assistance Clients Urban Projects) (See FSP- Special Service for Groups)**

**BEL-AIR GUEST HOME (Residential Care Facility)**

1440 No Stanley Ave, Los Angeles 90046

323 876-3370

Galina Samuel, Director

Fax 323 876-3372

64 bed Board and Care for the mentally disabled. Referrals should be placed by a mental health institution. \$1059.37/month

**BEVERLY HILLS GARDENS CARE CENTER**

1470 So Robertson Blvd, Los Angeles, CA 90035

310 273-3668

John Steinfield, Director

Fax: 310 246-1378

55 room Residential Care Facility. Serves clients aged 65+. 25% can be younger individuals if they are compatible with the population.

**BINAH UNLIMITED - CHANGE CONSULTING, TRAINING, PRESENTATIONS**

*Understanding: the key to unlock the future*

Karen Macedonio

760 338-3231

Personal Development Coach

Cell 213 445-5875

Email

[karen@binahunlimited.com](mailto:karen@binahunlimited.com)

Website

[www.binahunlimited.com](http://www.binahunlimited.com)

Design your future today, with a sense of hope, purpose and meaning. Humans thrive through active, changing regeneration. The human brain is constantly rewired and reworked through the experience of life. We're always becoming new, whether we realize it or not. Much of the process can be individually directed. Aim for a healthy mind in a healthy body – and then take one practical step at a time toward your personal goal.

**BOYS & GIRLS CLUB OF VENICE ( see IBEN FAMILY SUPPORT CENTER)**

**BROTMAN MEDICAL CENTER - BEHAVIORAL HEALTH SERVICES (see Southern California Hospital at Culver City)**

**BUREAU OF VICTIM SERVICES (See LA County District Attorney Bureau of Victim Services)**

**CALIFORNIA STATE DEPT OF REHABILITATION**

See State Dept of Rehabilitation

916-324-1313

**(CAPPS) – see UCLA- Center for the Assessment and Prevention of Prodromal States**  
**CARING FOR CHILDREN & FAMILIES WITH AIDS (CCFA) (see The Children's Circle)**

**CATHOLIC CHARITIES - St. Margaret's Center**

10217 S. Inglewood Ave., Lennox, CA 90304

310 672-2208

This location has psychotherapy for individuals (children and adults). In addition, the center offers food programs, including groceries, sack lunches and senior food distribution; utility

assistance; immigration processing; counseling services; adult education classes ( ESL, Citizenship, GED); tutoring for adults and youth; CalFresh and MediCal application assistance; homeless programs; health screening; workshops; and holiday programs.

### **THE CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY COUNSELING CENTER**

<https://counseling.tcscenters.org>

Jens Schmidt, Ph.D. Counseling Center Director

Anita Fozoonmehr, LMFT, Intake Coordinator/Clinician

Operated by the nation's leading graduate university dedicated to psychology and related behavioral and health sciences, The Chicago School of Professional Psychology's Counseling Centers employ experienced clinical psychologists and marital and family therapists to provide close supervision to master's and doctoral-level interns who are working toward clinical licensure.

Under the mentorship of the licensed clinical staff, our intern therapists provide psychotherapy, couples counseling, group therapy, and psychological testing services to clients struggling with a wide range of issues including anxiety, depression, relationship challenges, bereavement, eating disorders, sexual orientation issues, substance abuse, domestic violence, chronic mental illness, sexual abuse, post-traumatic stress, and others.

The language capacity for August 2018 to August 2019 will be English, Spanish, Farsi, Russian, Armenian, Korean, Finnish, and French. Please call to determine current language capacity.

### **THE CHILDREN'S DENTAL CENTER OF GREATER LOS ANGELES**

300 E Buckthorn St, Inglewood, CA 90301

310 419-3000

<http://www.tcdc.org/>

TCDC is a 501(c)3 nonprofit geared towards helping the community. Their dentists see children of all ages, adults, and the elderly. Consultations & first-time visits include an exam, x-rays, and light scale-cleaning (prophy). The fee associated with consultations are \$55 for Children and \$85 for Adults. The center has an extensive staff of volunteer and paid doctors, including specialists (general dentistry, pedodontics, endodontics, periodontics, oral surgery, orthodontics.) Ortho consultations are free of charge. Please call 310-419-3000 for more information regarding Denti-Cal orthodontic coverage. The Center accepts Denti-Cal/Medi-Cal (NOT Access Dental), PPO Insurances, and Liberty Dental (Must be assigned to clinic.) TCDC offer patients that do not have insurance low cost treatment, payment plans, and Care Credit (credit line to pay for dental treatment).

### **CHRYSLIS, SANTA MONICA - Changing Lives Through Jobs**

1853 Lincoln Blvd, Santa Monica, CA 90404

310 401-9400

<https://changelives.org/>

Fax: 310 314-2087

Chrysalis is a non-profit that has helped over 60,000 people who are formerly homeless or suffered from other disadvantages find and retain employment. The program offers employment preparation classes and services designed to improve job search skills, self-confidence, self-sufficiency, and employability. Our goal is to help you prepare for, find, and keep a job. Services are free and open to all. Clients are assigned an Employment Specialist to offer one-on-one support as they work through their self-directed job search. Clients can access resume preparation, practice interviews, computers and internet, support groups, job prep classes, work wardrobe, transportation, and transitional jobs.

### **CLARE|MATRIX**

2644 30<sup>th</sup> Street, Suite 100, Santa Monica, CA 90405

<http://clarematrix.org/>

310 314-6200

866 452-5273

Fax 310-396-6974

Lisa Steele, Executive Director [lsteele@clarematrix.org](mailto:lsteele@clarematrix.org)

310-314-6200 x 3111

Cristina Meadows, Call Center Coordinator

310-314-6200 x 3151

[cmeadows@clarematrix.org](mailto:cmeadows@clarematrix.org)

CLARE|MATRIX is a nonprofit organization providing compassionate treatment and recovery services for alcoholism and substance abuse to individuals, families, and the community. CLARE|MATRIX offers affordable residential and outpatient treatment programs administered in a caring and sober community to help those facing drug and alcohol addiction recover their lives.

Outpatient Services include evidence-based morning and evening Treatment and Intensive Outpatient Programs with individual, group, and family counseling sessions for adults ages 18 and over, Partial Hospitalization Program, and weekly outpatient treatment and case management.

CLARE|MATRIX also has programs for clinically observed detoxification, up to 90 days of residential treatment, a pregnant and postpartum women program, psychiatry, 12 step meetings, career readiness training, sober living, couples/family counseling, and employment assistance.

### **Clarity for Youth Program**

CLARE|MATRIX

1002 Pico Boulevard, Santa Monica, CA 90405

Tiffany Tran, Prevention Manager [ttran@clarematrix.org](mailto:ttran@clarematrix.org)

310 314-6200, ext. 3131

### **COLLABORATIVE HOUSING--- SEE SHARE!**

**COMMON GROUND - HIV COMMUNITY CENTER (a program of Venice Family Clinic)**

622 Rose Ave. Venice, CA 90291

310-314-5480

The only HIV agency on the Westside of Los Angeles and committed to helping everyone know their HIV status, Common Ground is a part of Venice Family Clinic, a community health center that offers quality health care to people in need. Services include HIV and Hepatitis C testing, prevention, treatment and support for people living with HIV and AIDS, referrals, syringe exchange, peer-based training, a weekly buprenorphine clinic, and Hepatitis C and STD testing.

- STD tests are available Monday-Friday 10 am-4:30 pm. Please call for more information.
- Syringe Exchange Program runs Monday-Thursday 9am-8pm, Friday 9am to 5pm. See website for additional locations.

**A COMMUNITY OF FRIENDS (ACOF)**

3701 Wilshire Blvd, Ste 700, Los Angeles 90010 (corporate office)

213 480-0809

Dora Leong Gallo, CEO [dgallo@acof.org](mailto:dgallo@acof.org)

James Ramirez, Director of Residential Services

Fax 213 480-4189

<https://www.acof.org/>

ACOF's core mission is to develop affordable housing and to collaborate with community-based service agencies, to offer residents a variety of onsite supportive services. ACOF is able to provide housing for homeless, disabled and very low-income persons – creating permanent, affordable housing and an environment that promotes stability.

**COMPASSIONATE FRIENDS (Chapter of Bereaved Parents of USA)**

National Office: The Compassionate Friends, PO Box 3696, Oak Brook, IL 60522

<https://www.compassionatefriends.org/>

630 990-0010

Toll-Free: 877 969-0010

Fax: 630 990-0246

Self-help group that helps parents cope with grief after the death of a child. Bereaved siblings are also welcomed. Please visit the website or call the national line to find a local chapter.

**CONSUMER & FAMILY AFFAIRS OF LAC DEPT.OF MENTAL HEALTH**

550 S. Vermont Ave., 5<sup>th</sup> Floor, Suite 502, Los Angeles 90020

Main Line: 213 738-3948

Program Director: Flora Krisiloff [fkrisiloff@dmh.lacounty.gov](mailto:fkrisiloff@dmh.lacounty.gov)

213 738-4753

En espanol 213-738-2910

Family Engagement: [FamilyAdvocate@dmh.lacounty.gov](mailto:FamilyAdvocate@dmh.lacounty.gov)

The Office of Consumer and Family Affairs is a touchstone for all of the age bureaus to give a voice to family members and consumers. Being that voice, staff listen in detail to concerns of consumers and family members, so that we can all work together to improve the services provided by our system. Interdisciplinary teams should include consumers and family members

in treatment of mental health conditions in order to achieve holistic outcomes and stability. We value partnerships and believe that together we can promote recovery, resilience and wellness, holding hope for improvements every day.

**FAY L. CRATON, MA, LMFT (Private Practice)**

8632 S. Sepulveda Blvd, Suite 200, Los Angeles, CA 90045

424 259-1960

Treating all issues of individuals, families and friends dealing with chronic mental or physical illness and the related caregiving needs; with grandparents who have assumed the role of parenting their grandchildren and with spiritual/existential resilience or growth. License #mfc40011.

**CRISIS TEXT LINE**

<https://www.crisistextline.org/>

Text HOME to 741741

General Questions: [support@crisistextline.org](mailto:support@crisistextline.org)

Every texter is connected with a Crisis Counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving. All of Crisis Text Line's Crisis Counselors are volunteers, donating their time to helping people in crisis.

**CULVER PALMS MEALS ON WHEELS (CPMOW)**

4427 Overland Avenue, Culver City, CA 90230 [www.culverpalmsmealsonwheels.org](http://www.culverpalmsmealsonwheels.org)

Pam Frieden, Executive Director [mowculverpalms@gmail.com](mailto:mowculverpalms@gmail.com) 310 559-0666

Since 1974, we have been delivering hot nutritious meals to those individuals who need assistance with meal preparation due to illness, accident, convalescence or age. Meals are delivered Monday through Friday between 11 am to 12:30 pm. We have a 3-day minimum service and we also offer additional meals for the weekend. Sandwiches are also available for an additional cost. Most special dietary needs can be accommodated (e.g. diabetic, puree, renal, low vitamin K, low cholesterol). Our service area extends from Pico Boulevard to LAX and from La Cienega Boulevard to the coast. CPMOW is a private non-profit, non-sectarian, volunteer community based 501(c)(3) corporation. Restoring strength to the individual with nutritious meals and easing the pain of loneliness and isolation with visits from our volunteers.

**CULVER CITY POLICE DEPT**

4040 Duquesne Ave, Culver City, CA 90230

310 837-1221

Scott Bixby, Chief

310 253-6100

**CULVER CITY SENIOR CENTER**

4095 Overland Ave, Culver City, CA 90232

310 253-6700

Armando Abrego, Director, [armando.abrego@culvercity.org](mailto:armando.abrego@culvercity.org)

Our primary mission is to provide a variety of educational, recreational and social services

that meet the needs and interests of seniors, residents with disabilities and all members of the general community. The numerous programs and services offered provide access to information and support as well as opportunities for participation in activities that lead to personal growth, improved health and enriching life experiences.

**DANIEL'S PLACE** (A program of Step Up On Second)

	EXT	EMAIL
<b>DANIEL'S PLACE PROGRAM STAFF</b>		
Maria Jeffery, LCSW Program Manager	x 1721	<a href="mailto:mjeffery@stepuponsecond.org">mjeffery@stepuponsecond.org</a>
Kyle McCurdy, LCSW, Lead Service Coordinator III	x 1711	<a href="mailto:kmccurdy@stepuponsecond.org">kmccurdy@stepuponsecond.org</a>
Shelley Hoffman, Parent/Family Advocate NAMI	x 1718	<a href="mailto:shelley@stepuponsecond.org">shelley@stepuponsecond.org</a>

**DAYBREAK TRANSITIONAL & EMERGENCY SHELTER** (see The People Concern)

**DEL AMO HOSPITAL**

23700 Camino del Sol, Torrance 90505 Intake/Admissions 800 533-5266 310-530-1151  
Partial Hospitalization Program: 16920 Avalon Blvd, Carson, CA 90746  
[www.delamotreatment.com](http://www.delamotreatment.com)  
Howard Mationg, Community Relations [howard.mationg@uhsinc.com](mailto:howard.mationg@uhsinc.com) Mobile: 310-505-6302  
FAX: 310-626-9368

24 Hour psychiatric assessment team, adult program, youth services program and military. Services include crisis stabilization, co-occurring disorders, drug addiction & detox, and trauma recovery. Inpatient Hospitalization and Partial/IOP Service.

**DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**

National Office: 5 E. Jackson Blvd, Suite 490, Chicago, Illinois 60604 Toll-free: 800 826-3632  
[www.dbsalaca.org](http://www.dbsalaca.org) Fax: 312 642-7243

**Los Angeles CA Chapter (DBSA LACA)**

213-316-6568 [info@dbsalaca.org](mailto:info@dbsalaca.org)  
DBSA LA Meeting Info & RSVP: <https://www.meetup.com/DBSALACA/>  
*RSVP is appreciated but not required.*  
Volunteer: [volunteer@dbsalaca.org](mailto:volunteer@dbsalaca.org)  
Connect:

- Facebook: <https://www.facebook.com/dbsalaca>
- Twitter: <https://www.twitter.com/dbsalaca>
- Instagram: <https://www.instagram.com/dbsalaca>

DBSA Los Angeles CA offers weekly free adult peer led support groups, which allows people to gain insight and coping strategies from other group members lived experiences. This group is a warm, friendly, and safe environment for those diagnosed with mood disorders – depression and



bipolar disorder. The group also provides resources, education, and educational events. DBSA Los Angeles CA is a 501c(3) non-profit organization and an independent affiliate of the Depression and Bipolar Support Alliance (DBSA), which is a national organization.

### **DIDI HIRSCH MENTAL HEALTH SERVICES**

4760 So. Sepulveda Blvd, Culver City 90230-4888

[www.didihirsch.org](http://www.didihirsch.org)

Kita Curry, Ph.D., President/CEO

[kcurry@didihirsch.org](mailto:kcurry@didihirsch.org)

Lyn Morris, LMFT, Senior Vice President, Clinical Operations

Donovan Wong, MD, Medical Director

Christina Ahumada, Ph.D., Adult Program Director

Centralized Intake and Referral

310 390-6612

Fax 310 398-5690

ext 5423

ext 2305

ext 5441

ext 5343

310 390-8896

#### **Services provided:**

**ADULT:** Comprehensive adult mental health services—including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, older adult services, CalWORKS mental health services and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

**SUBSTANCE USE SERVICES:** Community Assessment Service Center, which provides mental health and substance abuse assessments for adults and manages calls from L.A. County Alcohol and Drug Abuse Hotline, and adult substance use treatment.

**YOUTH SUBSTANCE ABUSE SERVICES:** Out-patient prevention and treatment services for youth ages 12-21 who have a substance use disorder or are at risk for a substance use disorder. Services are offered at no cost and insurance is not required.

### **EXCELSIOR HOUSE, Inglewood**

1007 Myrtle Ave, Inglewood 90301

Fax 310 412-3942

Elan Javanfard, LMFT, Associate Director of Residential Services

310 412-4191

**Services provided:** A short-term 14-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

### **GLENDALE CENTER, Glendale**

1540 E. Colorado St., Glendale, CA 91205

Fax 818 243-5431

Jill Anderson, LCSW, Program Director, Adult Services, SA 2

818 244-7257

Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

#### **Services provided:**

**ADULT:** Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, older adult services, and private counseling. Bilingual/bicultural (Armenian and Spanish) and field-based services available.

**CHILD/FAMILY:** Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.



**INGLEWOOD CENTER, Inglewood**

323 North Prairie Ave., Inglewood 90301 Fax 310 677-7205  
Tiffany Flood, LCSW, Program Director, Adults Intensive Services, SA 8 310 677-7808  
Oscar Gonzalez, LCSW, Program Director, Family Services, SA 8 310 677-7808

**Services provided:**

**ADULT:** Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, older adult services, and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

**CHILD/FAMILY:** Individual and family counseling for children, include child group treatment, Spanish-speaking parenting education/classes, medication management, case management, Family Preservation, CalWORKs, and school-based services. Outpatient services for children & families; CalWORKS mental health services.

**JUMP STREET, Los Angeles**

1233 So La Cienega Blvd, LA 90035 Fax 310 855-0138  
Mei Ling Acevedo, LCSW, Program Coordinator II 310 855-0031

**Services provided:** A short-term 11-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

**METRO CENTER, Los Angeles**

672 So Lafayette Park Pl, Ste 6, LA 90057 Fax 213 380-8923  
Elizabeth Lopez, LMFT, Program Director Family Services SA 4 213 381-3626

**Services provided:**

**FAMILY/CHILD:** Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

**OLYMPIC CENTER, Los Angeles**

10277 West Olympic Blvd., Los Angeles, CA 90067 424 362-2900  
Patricia Speelman, LMFT, Division Director

**Services provided:** Outpatient therapy for children, teens, adults, older adults and families, Bereavement groups; suicide attempt support groups; crisis services.

**ORANGE COUNTY CENTER, Santa Ana**

2000 East 4<sup>th</sup> St. Suite 201, Santa Ana, CA 92705 Fax 714 547-8352  
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562

**Services provided:** Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

**S. MARK TAPER FOUNDATION CENTER, Los Angeles**

1328 W Manchester Ave, LA 90044

Fax 323 778-0028

Christen Coco Guzman, LMFT, Program Director, Family Services, SA 6 323 778-9593

Services provided: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

**SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES**

[spcdh@didihirsch.org](mailto:spcdh@didihirsch.org)

10277 W. Olympic Blvd., Century City, 90067 24 Hour Crisis Hotline 800 273-8255

Patricia Speelman, LMFT, Division Director 424 362-2900

Rick Mogil, Program Director, Prevention and Bereavement Services 424 362-2912

Services provided: We are a core center for the National Suicide Prevention Lifeline 1-800-273-8255, offer Training and Outreach services, Survivor after Suicide (SAS) bereavement services, Survivor of Suicide Attempts services, and Suicide Prevention Counseling Center therapy services

Attempt Survivor groups – Patricia Speelman, LMFT 424 362-2900

**VIA AVANTA, Pacoima**

818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training.

**MICHAEL DiPAOLO, PhD (Private Practice)**

1849 Sawtelle Blvd., Suite 540, Los Angeles 90025

310 268-7792

[www.drmichaeld.com](http://www.drmichaeld.com)

[michael@drmichaeld.com](mailto:michael@drmichaeld.com)

Licensed Clinical Psychologist and Certified Imago Relationship Specialist. Provides spiritually integrated individual therapy, couples therapy, premarital & marriage enrichment counseling, and individual and family therapy for major mental illness.

Dr. DiPaolo is a frequent and popular presenter, providing education, training and retreats to a variety of audiences including mental health agency staff, church communities, and the general public. Examples of presentations include:

**Start Right Stay Connected** is a one-day workshop designed to provide engaged couples with a solid foundation as they begin their journey into marriage. The concise and powerful program will provide couples the essential tools they need to both nurture the good qualities of their relationship and address their “hot buttons.”

**How to Survive & Thrive with Mental Illness** is a public educational series is provided every spring in Pasadena, CA. The series is co-sponsored by Pacific Clinics Institute and the National Alliance on Mental Illness (NAMI) – San Gabriel Valley. Running for over 30 years, the series was started by Dr. Chris Amenson who developed and presented the original curriculum. Dr. DiPaolo has presented the series since 1999. The series typically runs 4-6 weeks, and includes lecture as well as consumer and family panels. Topics

presented upon include schizophrenia, bipolar disorder, depression and helpful family roles.

**A New Way to Love** is a 6-week marriage enrichment program that invites the healing presence of God into your relationship. The workshop provides tools that are both practical and insightful to help couples both nurture the good in their relationship and deal with its inevitable tension. A fundamental element of the program is learning the Imago Dialogue, a simple technique that teaches a new way to speak and a new way to listen.

### **DISABILITY COMMUNITY RESOURCE CENTER (DCRC) .**

*formerly Westside Center For Independent Living (WCIL)*

Mar Vista Main Office [www.dcrc.co](http://www.dcrc.co)

12901 Venice Blvd, Los Angeles, CA 90066

310 390-3611

Toll Free 888 851-9245

Fax 310 390-4906

The Disability Community Resource Center (DCRC) helps people living with disabilities maintain self-sufficient and productive lives through non-residential peer support services and training programs. We work together with persons living with any type of disability, including: developmental, hearing, learning, mobility impaired, physical, psychiatric, substance abuse, traumatic brain injury and visual disabilities.

DCRC provides advocacy, case management, independent living skills training, housing and other support services. DCRC offers peer-to-peer support and peer-led support groups.

Satellite Offices:

#### **WISE Healthy and Aging**

1527 4<sup>th</sup> St, Santa Monica, CA 90401

310-394-9871

Fax 310 451-9561

#### **Barlett Senior Center**

1318 Craven Avenue, Torrance, CA 90501

310 320-5918

#### **West Hollywood Office**

7362 Santa Monica Blvd. 2nd Floor, West Hollywood, CA 90046

310 302-7782

### **DISABILITY RIGHTS CALIFORNIA**

*Los Angeles Office:* 350 S. Bixel St., Ste 290, Los Angeles, CA 90017

[www.disabilityrightsca.org](http://www.disabilityrightsca.org)

213-213-8000

TTY 800 776-5746

Fax 213 213-8001

Legal Help Hotline

1-800-776-5746 (Voice)

CA State Administration Office

916-504-5800

Legislation & Public Information

916- 504-5800

Peer Self-Advocacy Unit

916- 504-5800

Office of Clients' Rights Advocacy

916 - 504-5820

CA Office of Patients' Rights

916 - 504-5810

Provides free legal advice through phone appointments for any person with a disability. PAI also has self-help publications available on-line or by calling the toll-free hotline. Legal issues

include public benefits, SSI, Medi-Cal, IHSS transportation, discrimination in employment, housing, access to courts, patients rights, Regional Center services and special education.

**SHARON DUNAS, LMFT, Private Practice;** Past President–NAMI Westside LA

[ssdunas@aol.com](mailto:ssdunas@aol.com)

310 820-4626

Specialize in treating all issues of family members dealing with mental illness such as anxiety, depression, bipolar disorder, O.C.D., panic disorder, and schizophrenia. Treating all issues relating to suicide. Treating the family member that was traumatized as their child, one or both parents or a sibling were mentally ill or dually-diagnosed. NAMI Family to Family State Training teaching others how to teach the free graduate level psycho-biological Family to Family education course for families struggling with mental illness in their midst.

**EDMUND D. EDELMAN WESTSIDE MENTAL HEALTH CENTER**

*COUNTY OF LOS ANGELES DEPT OF MENTAL HEALTH*

***Adult System of Care & Wellness Center***

310 966-6500

11080 W Olympic Blvd, Los Angeles 90064

310 966-6510 (Intake Line)

Nilsa Gallardo, PsyD, Program Head [ngallardo@dmh.lacounty.gov](mailto:ngallardo@dmh.lacounty.gov)

Nancy Nowlin-Finch, M.D., Medical Director [nnowlinfinch@dmh.lacounty.gov](mailto:nnowlinfinch@dmh.lacounty.gov)

Directly operated DMH clinic that provides crisis evaluation/intervention, assessment, medication management, case management for persons with chronic and severe mental illness, group therapy, money management, Transition Age Youth, Wellness, FSP, FCCS-OA, PEI therapy, rehabilitation back to work/school program, benefits establishment and housing assistance.

***Children System of Care***

11303 W Washington Blvd, LA 90066, Suite 200

310 482-3200

Patrice Grant, PhD, Program Head, Outpatient Clinic [pgrant@dmh.lacounty.gov](mailto:pgrant@dmh.lacounty.gov)

Services provided: Individual, family, group therapy; psychiatric evaluation, medication management, children's school based services and case management.

**DMH WLA Administration Office Service Area 5**

11303 W. Washington Blvd, LA 90066 (at Sawtelle) 310 482-6600

Jacquelyn Wilcoxon, LCSW, District Chief, Service Area Manager,

[jwilcoxon@dmh.lacounty.gov](mailto:jwilcoxon@dmh.lacounty.gov)

310 482-6601

Fax 310 313-0813

Anahid Markarian-Aghaniantz [amarkarianaghaniantz@dmh.lacounty.gov](mailto:amarkarianaghaniantz@dmh.lacounty.gov)

310 482-6603

Navigator: Gwendolyn Davis [gdavis@dmh.lacounty.gov](mailto:gdavis@dmh.lacounty.gov)

310 482-6613

**EMERGENCY OUTREACH SERVICES for SA 5**

Direct Service Line 310 482-3260

Monica Rodriguez-Finston, Supervisor

with Voice Mail 310 482-3261

Programs: Psychiatric Mobile Response Team (PMRT)

Homeless Outreach Team (HOT)

After Hours # 800 854-7771

Based at GI Headquarters. Provides PMRT (mobile response) and homeless outreach services for Service Area 5.

**The Clergy Committee contact** for SA 5 is Brian Navarro, DMH Staff 310-482-6618 and Pastor John David Webster (424) 218.9879 –Community Clergy Partner

- Responsible for planning and organizing Quarterly Meetings for SA 5
- Quarterly Meetings occur
- Outreach and Engagement Support / Consultation for all clergy involvement

**EMPOWERMENT & ADVOCACY DIVISION of DMH (see Consumer & Family Affairs)**

**ELDER ABUSE REPORTING HOTLINE** (a division of 211 LA County)

**1-877-477-3646** (1-877 4-R-Seniors)

If you have observed, are aware of, or suspect physical abuse, financial exploitation, mental abuse, neglect or self-neglect of an elderly person, call the Elder Abuse Reporting Hotline immediately to report the abuse. You do not need to know for sure. Even if you only suspect a problem, call the hotline. Your call will be confidential. If you believe the situation is life-threatening – call 911 first.

211 LA County answers the Elder Abuse Hotline and provides assessment, documentation, and coordination with the County's Workforce Development, Aging, and Community Services (WDACS) department.

**EL DORADO COMMUNITY SERVICE CENTER**

Corporate Headquarters: 26460 Summit Circle , Santa Clarita, CA 91350 661-254-6630

Fax: 661-254-6644

Manchester Administrative Offices: 335 E. Manchester Blvd., Inglewood, CA 90301

424-227-7971

Fax: 424-227-7847

Customer Service Desk:

877-557-7826

<http://www.americanhealthservices.org/>

*Mental Health & Psychiatric Services:* marriage & family counseling, ADD/ADHD treatment, substance abuse disorders, stress management, anger management, psychiatric medication. Individual & group counseling.

Treatment modalities implemented by our counselors are primarily eclectic—incorporating principles from cognitive-behavioral therapy (CBT), motivational interviewing, and problem-solving therapy, among others. Psychopharmacological treatments and psychiatric care are also available as dictated by patient's medical needs and treatment plan.

Greater LA Locations include: Azusa, Hawaiian Gardens, Hollywood, Inglewood, Lawndale, Long Beach, Newhall Palmdale, Pico Rivera, Van Nuys & Venice

**EXCELSIOR HOUSE, Inglewood (a program of Didi Hirsch)**

1007 Myrtle Ave, Inglewood 90301

Fax 310 412-3942

Elan Javanfard, LMFT, Associate Director of Residential Services

310 412-4191

Services provided: A short-term 14-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

**EXCEPTIONAL CHILDREN'S FOUNDATION**

Headquarters: 5350 Machado Road, Culver City, California 90230

310 204-3300

<https://www.ecf.net/>[info@ecf.net](mailto:info@ecf.net)

The Exceptional Children's Foundation (ECF) has become a recognized innovator of services for young children, students, and adults with developmental, learning, and emotional disabilities; and ECF serves more than 3,800 young children, students, adults, and their families each year. ECF is the only organization of its kind in California, offering a full continuum of lifespan services for children and adults with developmental disabilities and other special needs.

**Young Children**

The Early Start program provides early intervention and educational services for young children who are developmentally delayed or disabled from birth to three years of age and their families. Early childhood education and therapeutic services, including occupational, speech and physical therapies, are offered in both community-integrated center-based settings as well as through home visits, to best meet families' interests and service access needs.

**Kayne Eras School**

At our Kayne Eras Center (KEC), ECF operates a nonpublic special education school for students in grades K-12. Here, students ages 5-22 find help developing the social, intellectual, and emotional skills they need to learn at their fullest potential. Services include behavioral therapy, speech and language therapy, occupational therapy, educational therapy and a mental health program.

**Therapeutic Services**

Our Therapeutic Services program is housed at the ECF Kayne Eras Center (KEC), a comprehensive educational and therapeutic service center for children with special needs and their families. For more information on therapeutic services, *please contact Dr. Denee Jordan at [djordan@ecf.net](mailto:djordan@ecf.net) or 310-737-9371.*

**Adult Program**

ECF was founded in 1947 to serve children. Now 70 years later, we provide adults with special needs an array of program and services to help them reach their personal, residential and employment goals.

### **EXODUS RECOVERY, INC., ADMINISTRATIVE OFFICES**

9808 Venice Blvd, Ste 700 Culver City 90232 Main line: 310 945-3350 Fax: 310 840-7023

Luana Murphy, MBA, President/CEO

LMurphy@exodusrecovery.com

Kathy Shoemaker, RN, Chief of Clinical Services

KShoemaker@exodusrecovery.com

Lezlie Murch, MA, LPCC, Chief Programs Officer

LMurch@exodusrecovery.com

LeeAnn Skorohod, CHC, CCEP, Chief Operations Officer

LSkorohod@exodusrecovery.com

Connie Dinh, RN, Sr. VP of Nursing

[CDinh@exodusrecovery.com](mailto:CDinh@exodusrecovery.com)

\*Exodus Recovery, Inc. has locations throughout LA County (and California). For more information, please visit the website [www.exodusrecovery.com](http://www.exodusrecovery.com) or contact the administration office.

### **EXODUS RECOVERY FULL SERVICE PARTNERSHIP PROGRAM** (*Intensive Outpatient Program*) Serving adult populations between the ages of 26-59

3828 Hughes Ave. Culver City 90232 Main Line: 310 280-70 Fax: 310 280-7060

Hours: Monday through Friday 8:30 a.m. to 5:00 p.m. After hours through appointment.

Lisa Kantor, LMFT, Program Director

The Exodus Full Service Partnership Program (FSP) is an intensive adult program designed to work collaboratively with a client to provide services both in the community and at the program site. The program will provide the services necessary to help seriously mentally ill individuals live successfully in the community rather than in hospitals, jails, institutions or on the streets. FSP program staff focuses on doing “whatever it takes” with available resources to help clients meet their individual mental health recovery goals. Services provided include medication support, case management, individual and group counseling and therapy, housing placement and support, substance abuse treatment, employment and educational support, peer support and linkage to community resources, including healthcare.

### **EXODUS RECOVERY – WESTSIDE URGENT CARE CENTER** (*Walk-In Crisis Stabilization Program*) Serving ages 18 and over

11444 W Washington Blvd, Suite D, Los Angeles 90066-6024

Intake Line: 800-829-3923

Main Line: 310-253-9494

Hours: 24/7

Fax: 310 253-9495

The Exodus Recovery Urgent Care Center is open 24 hours a day, 7 days a week for any psychiatric emergencies. It is an alternative to inpatient hospitalization and will provide immediate crisis intervention and stabilization. Depending on the needs of the client, our interdisciplinary treatment team is prepared to offer a full spectrum of psychiatric treatment services, including linkage to crisis housing, shelter beds, sober living, community-based outpatient program services and inpatient treatment for mental health or substance abuse.

### **WESTSIDE UCC CRISIS TRANSITION TEAM** (*Care Coordination Program*)

Hours: Monday through Friday 8:00 a.m. to 4:00 p.m. After hours through appointment.

The Crisis Transition Team is located within the UCC and consist of a Crisis Transition Coordinator who works to link persons with mental health issues and complex needs to the



indicated level of services needed to achieve recovery. This team provides intensive case management for up to 60 days following discharge from the UCCs to ensure stabilization.

**EXODUS RECOVERY CRISIS RESIDENTIAL TREATMENT PROGRAM (CRTP)**

*(Residential Crisis Services Program)* Serving ages 18 and over

3754-3756 Overland Avenue, Los Angeles, CA 90034

Main Line: [424 384-6130](tel:4243846130)

Rochelle Judan, LVN, Program Director

Fax: [213 265-3290](tel:2132653290)

Hours: 24/7

The Exodus Crisis Residential Treatment Program is a 12-bed licensed social rehabilitation facility providing crisis services for individuals with severe mental illness. This program focuses on the evaluation and reduction of an individual's psychiatric distress and the building of needed skills and resources to support individuals in remaining as independent as possible in the community.

**EXODUS RECOVERY PSYCHIATRIC HEALTH FACILITY (PHF)**

*(Locked Inpatient Unit)* Serving ages 18 and over

9808 Venice Blvd., 3<sup>rd</sup> Floor, Culver City, CA 90232

Main Line: 310 237-0454

Robert Dutile, PhD., Program Director

Fax: 310 237-0474

Hours: 27/7

The Exodus Psychiatric Health Facility (PHF) is an adult, 16-bed locked, LPS designated PHF providing services to acutely mentally ill, ambulatory, voluntary and involuntary patients requiring inpatient hospitalization for treatment of their mental illness. Services provided in a safe and therapeutic recovery-based milieu include the following: assessments, medication evaluation and management, structured program and individual / group therapies as well as patient centered treatment planning. The treatment philosophy at Exodus PHF is based on the premise that all individuals have the potential to rehabilitate and to make choices about their environments for living, learning, working and socializing. Treatment concentrates on symptom reduction and stabilization, and on preparation for discharge, with linkage to other community resources. All services are provided under the direct supervision of a psychiatrist. The staff includes licensed mental health professionals (nurse practitioners, psychologists, social workers, marriage & family therapists), and nursing staff as well as a host of paraprofessionals.

**FAIR HOUSING COUNCIL of LOS ANGELES COUNTY** (see Housing Rights Center)

**FAMILY ADVOCACY FOR ADULT SYSTEM OF CARE, LOS ANGELES COUNTY,  
DEPARTMENT OF MENTAL HEALTH (See Empowerment & Advocacy)**

**FAMILY TO FAMILY EDUCATION CLASS (a program of NAMI)**

<https://www.nami.org/find-support/>

310 889-7200

NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.



Covering: brain biology, medications, problem solving, communication, self-care & advocacy skills training and much more. register at [www.namila.org](http://www.namila.org)

### **FAMILY RESOURCE COUNSELING CENTER**

11500 West Olympic Boulevard, Suite 578 , LA 90064

888.800.5761

<http://www.frcccla.com/>

Fax 818.530.7808

Lexi Welanetz-Bursin, Psy.D.

Michele Robin Hahn, JD, MFT

Outpatient counseling center for infants, children, adolescents, and adults. Services include individual therapy (individual counseling for children adolescents and adults; play and art therapy for children), group therapy (couples therapy, family counseling and a variety of support groups), infant massage therapy and psychological assessments/evaluations. MediCare accepted. Sliding scale for those in need.

In addition to the other services we offer, we provide a variety of psycho-educational seminars and support to schools, publications, professionals, the entertainment field, media, and other organizations. Our goal is to increase support, awareness, knowledge, and insight about a variety of topics requested by those within the community.

### **FAMILY SERVICE OF SANTA MONICA (A Service of Vista Del Mar)**

1533 Euclid St Santa Monica, CA 90404

310 451-9747

Fax 310 451-6106

Lena Wilson, J.D., Chief Executive Officer

310-836-1223 x201

Traci Levi, LCSW, Vice President of Outpatient Services

310-836-1223 x419

Angel Towler, LCSW, Director of Family Service [angeltowler@vistadelmar.org](mailto:angeltowler@vistadelmar.org)

Kelly Delich, LMFT, Intake Supervisor

[kellydelich@vistadelmar.org](mailto:kellydelich@vistadelmar.org)

Jonathan Gomez, AMFT, Intake Coordinator

[jonathangomez@vistadelmar.org](mailto:jonathangomez@vistadelmar.org)

A service of Vista Del Mar, we provide outpatient counseling and psychotherapy services for children, families, and adults at our agency and community sites. Services are available in English and Spanish. School based services are supported by the City of Santa Monica. Reflective Parenting Groups, parent workshops and topical groups are offered at the agency and community sites. Medi-Cal is accepted for children and teenagers. RRR can be offered to qualifying children and young adults up through age 25 years old. A Sliding Fee Scale is offered. At the request of clients, documentation is provided for submission to their PPO insurance companies for reimbursement.

### **FAMILY SOURCE CENTER – See West Los Angeles Family Source Center**

#### **FELICIA MAHOOD (Senior Center) operated by Jewish Family Service of Los Angeles**

11338 Santa Monica Blvd, Los Angeles 90025

310 479-4110

Sheila Moore, LCSW [smoore@jfscla.org](mailto:smoore@jfscla.org)

310-231-1039

Fax 310-231-0679

**FRESH START MARKET – (a program of Step Up on Second)**

1328 Second St, SM 90401 310 394-4390  
Len Lovallo, Program Manager ext 1650 310 394-6889  
Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities.

**FSP-Special Service for Groups BACUP (Benefits Assistance Clients Urban Projects)**

515 Columbia Ave. Suite 310 Los Angeles, CA 90017 213 368-1888  
Vera Calloway, Director Fax 213 368-6888

- The Benefits Assistance Clients Urban Project is a mental health wellness center and benefit advocacy program. The wellness center also known as the LIFE Center provides activities to promote self-sufficiency and wellness for adults with mental illness. BACUP also works to educate the community the realities and stigmas of mental illness.

LIFE Center – Client-run center (Activities include: Smoking cessation, conflict resolution, games club, computer class, photo club, movie talk, arts & crafts, vision board, plant project, WRAP (Wellness Recovery Action Planning) )

Benefits - Advocacy services providing representation to mental health clients for SSI and/or SSDI benefits. Staff represents clients “Initial” and “Reconsiderations” (1<sup>st</sup> appeals).

Project Independence – Community education is provided through Project Independence.

PSE - Program of Support and Employment – Provides support for mental health clients working and/or seeking employment. Employment support groups meet weekly on Mon & Thurs, 3-5pm. Individual counseling on benefit assistance in regard to employment is provided by the Employment Incentive Specialist. Assistance in seeking employment is provided on an individual basis.

**GATEWAYS RESIDENTIAL RE-ENTRY CENTER (RRC)**

1801 Lakeshore Ave., Los Angeles 90026 323 644-2020  
Fax 323 644-2044

This program provides court-mandated residential treatment, as well as outpatient and supervision services to men and women between the ages of 18 and 59. Clients enter the program in the following ways:

- They have been released from Federal prison.
- They are under Federal probation.
- They have been directly committed to the program from either a Federal or County of Los Angeles Court.

Funding is provided through contracts with the Federal Bureau of Prisons and the State of California Department of Mental Health, Office of Forensic Services. Alternative sentence clients pay for their own community custody.

**GATEWAYS HOSPITAL & MENTAL HEALTH CENTER**

1891 Effie St, Los Angeles 90026

General inquiries: [gateways@gatewayshospital.org](mailto:gateways@gatewayshospital.org)

323 644-2000

Fax 323 666-1417

Medically supervised individual & group therapy, vocational assessment, psychiatric evaluations, medication management, drug & alcohol recovery groups, process groups, art therapy, stress management, interpersonal skills & bipolar group. Inpatient and outpatient programs.

**GATEWAYS COMMUNITY REINTEGRATION PROGRAM & CONDITIONAL RELEASE PROGRAM**

437 No Hoover St, Los Angeles 90004

323 644-2030

Fax 323 660-6866

The CRP Program provides voluntary residential, daycare and outpatient treatment to men and women between the ages of 18 and 59 who have a history of mental illness and recent involvement with the criminal justice system. Primary funding is provided by the Los Angeles County Department of Mental Health. Clients are required to pay for some of their own services.

**GLENDALE CENTER, Glendale (a program of Didi Hirsch)**

1540 E. Colorado St., Glendale, CA 91205

Fax 818 243-5431

Jill Anderson, LCSW, Program Director, Adult Services, SA 2

818 244-7257

Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

**Services provided:**

**ADULT:** Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, older adult services, and private counseling. Bilingual/bicultural (Armenian and Spanish) and field-based services available.

**CHILD/FAMILY:** Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.

**GOLDEN MANOR REST HOME**

3535 Overland Ave, Los Angeles 90034

310 836-0510

Mark Ingber, Administrator

310 836-0518

98 bed state licensed assisted living residential care facility.

Fax 310 836-1938

**GRANDPARENTS AS PARENTS, INC.*****A resource for all relative caregivers raising children***

Administrative Office: 22048 Sherman Way, Suite #217 Canoga Park 91303

818 264-0880

Edelman's Children's Court – 201 Centre Plaza Drive – 5<sup>th</sup> floor Rm. 422

323 526-6553

<http://grandparentsasparents.org/>[info@grandparentsasparents.org](mailto:info@grandparentsasparents.org)

Carmen Garcia-Hoffman, Executive Director

[cgarcia@grandparentsasparents.org](mailto:cgarcia@grandparentsasparents.org)

Sylvie de Toledo, Founder & Clinical Dir. [Sylvie@GrandparentAsParents.org](mailto:Sylvie@GrandparentAsParents.org)  
 Sarah Doakes, Program Director [Sarah@GrandparentAsParents.org](mailto:Sarah@GrandparentAsParents.org)  
 Dee Meichelbock, Permanency Coordinator/ Edelman Children's Court  
[Dee@GrandparentAsParents.org](mailto:Dee@GrandparentAsParents.org)  
 Tyrone Cain, Court/Community Navigator [Tyrone@GrandparentsAsParents.org](mailto:Tyrone@GrandparentsAsParents.org)  
 Angelica Leyva, Multicultural Services Coordinator  
[Angelica@GrandparentsAsParents.org](mailto:Angelica@GrandparentsAsParents.org)

Grandparents As Parents (GAP) is a non-profit organization that has provided programs and services to meet the urgent and on-going needs of grandparents and other relatives raising children at risk since 1987. Services offered include; family and social outings, caregiver advocacy, resources, financial assistance resources, support groups, and much more. See website for list of groups and locations. Currently we have 20 weekly support groups throughout Los Angeles County. GAP is an excellent and diverse program for ALL relative caregivers. The Administrative Office is open Monday through Friday 8:30am-4:30pm and our hearts are open 24-7, 360 days a year. You are not alone.

#### **HARBOR - UCLA MEDICAL CENTER DEPT OF PSYCHIATRY**

1000 W Carson St, Box 8, Torrance 90509	General Information	310-222-2345
Ira Lesser, Chair, Dept. of Psychiatry	Fax	310-320-6973
Karl Burgoyne, M.D., Program Director		310-222-3137
	Psychiatric Emergency Room:	310 222-3144
	Medical E.R.	310 222-3517

#### **THE HELP GROUP WEST CHILD AND FAMILY CENTER**

12099 W. Washington Blvd, Suite 200, Los Angeles, CA 90066		
<a href="http://www.thehelpgroup.org">www.thehelpgroup.org</a>	Main Line	310 751-1171
	Fax	310 313-7652
Olga Zysman, LMFT, Regional Director of Programs		818 267-2752
Maureen Lanktree, LMFT, Director Outpatient Services Culver City		310 751-1172
Luz Segovia, LMFT, Intake Coordinator		310 751-1174
Claudia L. Kernan, Ph.D. Director, The Help Group/UCLA Neuropsychology Program		

**Services provided:** Comprehensive mental health services for children and adolescents ages 0-25 with Medi-Cal, including individual therapy, family therapy, case management, individual rehabilitation, and psychiatric services for children experiencing a variety of symptoms ranging from hyperactivity, anxiety, sadness, and trauma-induced behaviors; **Recovery, Resilience and Reintegration (RRR)** include a range of field based services to children and families who may be reluctant or unable to access mental health services due to impaired mobility, geographic limitations, or stigma associated with receiving services in a traditional clinic setting; **Evidence Based Practices** including Trauma Focused Cognitive Behavioral Therapy (TF-CBT) to address symptoms related to trauma, Positive Parenting Program (Triple P) to assist parents in managing their child's challenging behaviors, Child-Parent Psychotherapy (CPP) which promotes and strengthens the relationship between caregiver and child, Managing and Adapting Practices

(MAP) to address anxiety, depression, and disruptive disorders, and Seeking Safety which focuses on co-occurring disorders in TAY aged children, and CAPPS a prevention and early intervention program that focuses on youth and young adults, ages 16-25, who are in danger of experiencing first-break psychosis; **In-home** and **school-based** services are available; intensive home-based services such as **Wraparound** and **Full-Service Partnership** (0-15 years) available for children/youth experiencing significant emotional, psychological, and behavioral problems. **Spanish-speaking staff available.**

### **HOMES for LIFE FOUNDATION**

8939 So Sepulveda Blvd, Ste 460, Los Angeles 90045 310 337-7417  
Carol M. Liess, Executive Director cliess@homesforlife.org Fax 310 337-7413  
Deborah Gibson, Executive Assistant  
www.homesforlife.org info@homesforlife.org

Homes for Life Foundation was established in 1987 as a nonprofit housing development corporation with a mission to establish permanent service-enriched housing within the geographical boundaries of Los Angeles County to serve homeless adults suffering from mental illness.

### **HOUSING RIGHTS CENTER (formerly Westside Fair Housing Council)**

3255 Wilshire Blvd, Suite 1150, Los Angeles, CA 90010 800 477-5977  
Monday-Friday 8:30am-5:00pm 213 387-8400  
E-mail: [info@housingrightscenter.org](mailto:info@housingrightscenter.org) TTY 213 201-0867  
Web: [www.housingrightscenter.org](http://www.housingrightscenter.org) Fax 213 381-8555  
Chancela Al-Mansour, Executive Director [calmansour@housingrightscenter.org](mailto:calmansour@housingrightscenter.org)  
Ken M. Kaplan, Programs Manager [kkaplan@housingrightscenter.org](mailto:kkaplan@housingrightscenter.org)

The Housing Rights Center (HRC) is California's largest, private non-profit fair housing organization. HRC is contracted with Los Angeles and Ventura Counties to provide free fair housing services to the community.

HRC services include:

- Landlord/Tenant Counseling – for general housing issues such as refund of security deposits, repairs, evictions, rent increases, notices and more
- Investigation – for complaints of housing discrimination
- Litigation and Advocacy – for victims of housing discrimination; and
- Outreach and Education Services – free presentations and fair housing brochures for community members, housing industry professionals, and other non-profit or community service agencies.
- Free rental listings - "Project Place" of low income and moderate income Section 8 and senior housing.

HRC programs and services are provided free of charge, in eight (8) different languages: English, Spanish, Cantonese, Mandarin, Armenian, Russian, Korean, and American Sign Language.

**IBEN FAMILY SUPPORT CENTER (A Program of the Boys and Girls Club at Venice)**

2232 Lincoln Blvd, Venice, CA 90291

310 390-4477

<http://www.bgecv.org/>

Parenting Classes Ex 230

Fax 310 390-1419

Free child counseling for Boys & Girls Club members. Services provided by Airport Marina Counseling Center. After school youth guidance & intervention program serving children 6-18. Athletics, homework, art, games room, social skills, Teen Center, snack, reading & tutoring program. Dance, fitness center and drama.

**IDOM INDUSTRIES INC.**

310 686-8828

1605 West Wilshire Blvd Suite 1047, Los Angeles, CA 90015

Fax 310 419-9409

Byron Idom, President / C.E.O. [bjj@idomindustries.org](mailto:bjj@idomindustries.org)

[www.idomindustries.org](http://www.idomindustries.org)

Los Angeles County Department of Mental Health (Provider) Los Angeles Superior Court (Provider) Los Angeles Public Defenders Office (Provider) Los Angeles Probation Department (Contractor) Edelman Children's Court Monterey Park (Provider) Legal Shield (Law Firm) Associate Law Enforcement (Public Safety Agency) Department of Children and Family Services (Provider) Victims of Crimes (Provider) Preferred Management Mental Health LLC, (Provider) TRICARE United States Military (Provider) Anthem Blue Cross Behavior Network (Provider) LA County 211 Listing Rainbow Resource Directory Listing

**INFO LINE of Los Angeles (see 2-1-1-LA County)**

**INGLEWOOD CENTER, Inglewood (a program of Didi Hirsch)**

323 North Prairie Ave., Inglewood 90301

Fax 310 677-7205

Tiffany Flood, LCSW, Program Director, Adults Intensive Services, SA 8 310 677-7808

Oscar Gonzalez, LCSW, Program Director, Family Services, SA 8 310 677-7808

**Services provided:**

**ADULT:** Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, Wellness Center, older adult services, and private counseling. Bilingual/bicultural (Spanish) and field-based services available.

**CHILD/FAMILY:** Individual and family counseling for children, include child group treatment, Spanish-speaking parenting education/classes, medication management, case management, Family Preservation, CalWORKs, and school-based services. Outpatient services for children & families; CalWORKs mental health services.

**INSIGHT ENRICHMENT GROUP –**

**Psychosocial Support & Case Management**

19528 Ventura Blvd, Suite 329, Tarzana, CA 91356

310-910-9780

Email: [info@insighthenrichment.com](mailto:info@insighthenrichment.com)

855-504-4IEG

Website: [www.insighthenrichment.com](http://www.insighthenrichment.com)

Adam Sholder, Executive Director

Insight Enrichment Group is a leading provider of Psychosocial Support and Case Management Services. For more than 10 years the mental health experts at Insight Enrichment Group have worked in close collaboration with our clients, their families, and their doctors and therapists, helping individuals reach their potential through our practical philosophy for personal growth. An IEG Case Manager will work with you to identify goals and create a custom treatment plan to support you with your personal challenges and activities of daily living, including but not limited to: establishing meaningful and balanced structure in your weekly routine, enhancing communication, interpersonal, and problem-solving skills, providing educational and vocational guidance, and developing independent living skills. Additional support is provided by our Therapeutic Companions, who assist with getting to appointments, filling out paperwork, exercise, and social/recreational activities.

### **JEWISH FAMILY SERVICE OF LOS ANGELES – CENTRAL ACCESS**

Toll Free 877 275-4537(877-Ask-4-JFS)

Jennifer Glazer, LCSW [jglazer@jfsla.org](mailto:jglazer@jfsla.org)

Fax 323 935-5161

Central Intake line for Jewish Family Service providing information and referral, connection to resources and services, and brief case management. (This is a message line, but they check the messages and reply to them frequently.)

Most Jewish Family Service programs are non-sectarian (serving people regardless of religious affiliation). There are some exceptions, such as the Aleinu Family Resource Center. Call the program for verification of services.

### **JFS/MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)**

12821 Victory Blvd, North Hollywood 91606

323 937-5930

[www.jfsla.org/mssp](http://www.jfsla.org/mssp)

Fax 323 525-1658

Ninoska Fonseca, LMFT Director of Health Care Programs

[nfonseca@jfsla.org](mailto:nfonseca@jfsla.org)

A non-sectarian case management program to help Frail Seniors to remain at home. MSSP is funded by the State of California. Eligible individuals must be 65 or over, have Medi-Cal, and be certified as nursing home level frailty. MSSP helps coordinate, manage and purchase a package of services to ensure that each individual gets the help he or she needs. We provide health and social assessment, ongoing case management, and advocacy. Services that we can arrange or pay for include in-home care, transportation, escort to doctor appointments, home-delivered meals, respite care, supportive counseling for clients and their families, and supplies and equipment. Services in English and Russian.

### **JEWISH FAMILY SERVICE OF LOS ANGELES/OLDER ADULTS DMH PROGRAMS**

12821 Victory Blvd, North Hollywood 91606

818 432-5025

Fax 818 432-0872

Ninoska Fonseca, LMFT, Director of Health Programs

[nfonseca@jfsla.org](mailto:nfonseca@jfsla.org)

Shorena Alexander, LCSW, Clinical Supervisor

[salexander@jfsla.org](mailto:salexander@jfsla.org)



Provides psychotherapy and psychiatry services to low income adults age 55 and above. Services are provided in the home, at board and care or assisted living facilities, or other community settings. Services are provided in English, Farsi, Russian, and Spanish. Medi-Cal is accepted, and services can also be provided to low income uninsured individuals. FCCS provides treatment to individuals with moderate to severe symptomatology. Other programming is also available to older adults with mild to moderate symptoms.

### **JEWISH FAMILY SERVICE OF LOS ANGELES/PICO-ROBERTSON**

#### **Aleinu Family Resource Center**

Intake: (310) 247-0534

8838 W. Pico Blvd, Los Angeles 90035

Fax 310 550-8381

Melanie Weiner, LMFT

[mweiner@jfsla.org](mailto:mweiner@jfsla.org)

Jennifer Glazer, LCSW

[jglazer@jfsla.org](mailto:jglazer@jfsla.org)

The Aleinu Family Resource Center has earned the respect and trust of the Orthodox community through culturally sensitive resources for strengthening individual and family life. Today, when community members need help, Aleinu is the place they turn to. Whether it be marital strife, parenting difficulties, trauma in the family, depression, anxiety, domestic violence, substance abuse, or other challenges that affect the lives of those who call... Aleinu provides consultation and counseling.

Every call is important and our therapists assure that the client receives appropriate services and referrals when needed. The counseling center is staffed with social workers, psychologists, marriage and family therapists, and school based therapist who work together as part of our interdisciplinary team. Aleinu brings a variety of talents and expertise together to create a highly qualified team to best serve our clients.

#### **New Moms Connect Program and Post-Partum Support Group**

[newmomsconnect@jfsla.org](mailto:newmomsconnect@jfsla.org)

Melanie Weiner, LMFT

[mweiner@jfsla.org](mailto:mweiner@jfsla.org)

310 247-0864 x 218

The New Moms Connect program is designed to help new mothers and their families who are experiencing stressors and symptoms associated with Postpartum Depression by providing education, prevention, intervention and support services. New Moms Connect helps new mothers experiencing Postpartum Depression to overcome feelings of isolation, depression and stress while increasing access to community resources and strengthening their support network. This weekly group is a supportive space to meet other moms, learn baby care skills and talk about child development. The group shares personal experiences in a warm and caring environment. Support and resources are available to family members assisting them in their role of caring for a new mom who is struggling.

#### **JFS Counseling Services**

310-247-0864

Melanie Weiner, LMFT, Clinical Director

[mweiner@jfsla.org](mailto:mweiner@jfsla.org)

310-247-0864 x218



Counseling, social work intervention, crisis intervention.

This JFSLA program offers sliding fee counseling and services with the goal of strengthening individuals, family and community life. Services include counseling, education, advocacy, information & referral, conflict resolution, and EAP services.

Professional JFS therapists provide counseling and support for adults, children, and families dealing with a wide range of issues. Services include one-on-one counseling and psychotherapy, consultation and referral, parent education, support groups, school-based counseling, and workshops on a variety of topics. At various JFS locations, counseling is available to the English, Russian, Hebrew, Farsi and Spanish speaking communities. Services are provided on a sliding fee scale and some insurance is accepted.

**Jewish Family Service HOPE (formerly Family Violence Project)**

24 Hour Crisis Hotlines in English and Spanish  
Information Line

818 505-0900 • 323 681-2626  
818 789-1293

JFS has two 30 day crisis shelters that provide basic needs and food, crisis intervention, individual therapy, support groups, case management, legal advocacy, CalWorks client advocacy, parenting education, and a children's program. There is also a transitional program, Hope Transitional, that provides individual therapy and group support, children's counseling, case management, parenting classes, budgeting workshops, and housing placement assistance.

Hope Counseling provides individual therapy, weekly support groups, child therapy (Trauma Focused CBT), and community outreach.

**JUMP STREET, Los Angeles** (a Program of Didi Hirsch)

1233 So La Cienega Blvd, LA 90035

Fax 310 855-0138

Mei Ling Acevedo, LCSW, Program Coordinator II

310 855-0031

*Services provided:* A short-term 11-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

**K9 CONNECTION** (see The People Concern)

**KAISER PERMANENTE WLA MEDICAL CENTER & HOSPITAL**

5971 Venice Blvd, Los Angeles 90034

323 857-2000

**KAISER PERMANENTE, DEPT OF PSYCHIATRY, WATERIDGE**

5105 W Goldleaf Cir, Los Angeles 90056

323 298-3100

Fax 323 298-3126

Full range of Behavioral Health Care services from inpatient, outpatient and day treatment programs to individual and group counseling.

**KAYNE-ERAS CENTER (See Exceptional Children's Foundation)**

**KOHAN FOUNDATION COUNSELING CENTER**

<http://www.kohanfoundation.org/>

Culver City Office: 5601 W. Slauson Ave. #192, Culver City CA 9023 310 968-6648,

Sherman Oaks Office: 4419 Van Nuys Blvd, Suite #305, CA 91403 424 331-9070

Tarzana Office: 18401 Burbank Blvd, Suite #210, CA 91356

Bethie Kohanchi, Executive Director, [bethie@kohanfoundation.org](mailto:bethie@kohanfoundation.org) Fax: 310 873-3315

Founded in 2011, Kohan Foundation is a non-profit counseling center offering individual and group psychotherapy, on a sliding-scale basis, to adults, children (age 5+), adolescents, couples, and families. Areas served include Culver City, Hawthorne, Inglewood, Ladera Heights, Marina Del Rey, Mar Vista, Santa Monica, South LA, Venice, Westchester, West L.A., and the greater LAX area. Most insurance plans, including MEDI-CAL, are accepted. Counselors speak English, Farsi and Hebrew. Areas of specialty include dual diagnosis, children and teen therapy, and couples counseling.

**LAPD MENTAL EVALUATION UNIT (MEU) SMART & CAMP PROGRAMS**

100 West First Street Los Angeles, CA 90012

Charles Lennon, Program Manager [clennon@dmh.lacounty.gov](mailto:clennon@dmh.lacounty.gov)

DMH, 550 S. Vermont Ave., 10<sup>th</sup> Floor, Los Angeles 90020 213 738-3434

Fax 213 996-1350

A police and mental health collaboration (DMH) covering the City of L.A. only.

**LATINO RESOURCE ORGANIZATION (LRO)**

610 California Ave, Venice 90291

310 578-6069

<https://www.latinoresource.org/>

Fax 310 578-0490

email: [info@latinoresource.org](mailto:info@latinoresource.org)

Joseph A. Soto, MS, Executive Director [jsoto@latinoresource.org](mailto:jsoto@latinoresource.org)

The agency operates as a community grass-roots resource center for low-income families. Providing various services where families can reach out to secure basic needs, strengthen the family unit, and improve their overall quality of life. Services include Information & Referral; Case Management; Comprehensive Immigration & Naturalization Services; Senior Citizens Social & Health Education Program; and Youth Services.

**LES KELLEY FAMILY HEALTH CENTER (Program of Santa Monica UCLA Medical Center)** (also known as: UCLA Family Health Center)

1920 Colorado Ave, Santa Monica 90404

310 319-4700

<https://www.uclahealth.org/family-medicine/>

The center is the main practice site for the UCLA Department of Family Medicine. The facility is composed of 30-exam rooms and serves a socio-economically and ethnically diverse population

of working families, university employees, the local community, as well as families on Medicaid (MediCal).

### **LIFE ADJUSTMENT TEAM**

[www.lifeadjustmentteam.com](http://www.lifeadjustmentteam.com)

11936 Jefferson Blvd, Ste B, Culver City 90230

310 572-7000

Pete Linnett, CEO

[pete@lifeadjustmentteam.com](mailto:pete@lifeadjustmentteam.com)

Cynthia Sampson, Chief Operations Officer

[cynthia@lifeadjustmentteam.com](mailto:cynthia@lifeadjustmentteam.com)

The Life Adjustment Team was established in 1977 as a private psychiatric outpatient care service offering a practical approach to assisting people with mental illness to live independently in the community. The Team offers goal-directed supportive case management with a special emphasis on the Skills Training for Independent Living Programs. Training is provided in a wide range of social and independent living skills, including Illness Education, Money & Medication Management, Job Coaching and Skills Building.

### **LOS ANGELES COUNTY CLIENT COALITION**

Los Angeles County Client Coalition, Inc.

<http://lacclientcoalition.org/>

CALIF Independent Living Center

634 S. Spring St., 2nd Floor, Los Angeles 90014

Betty Dandino, President [ledandino@gmail.com](mailto:ledandino@gmail.com)

626 413-1967

#### **Coalicion Latina**

Tita Torres, President [titat523@icloud.com](mailto:titat523@icloud.com)

323 608-2372

#### **South Bay Asian Client Coalition**

Pam Inaba, Consultant [purpledragon dancer@gmail.com](mailto:purpledragon dancer@gmail.com)

310 701-0292

The Los Angeles County Client Coalition is an association of current or former mental health clients who carry the message of hope, recovery, wellness, and self-determination to our peers and to our communities, including the mental health community, through our advocacy efforts.

### **LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH**

**SUBSTANCE ABUSE PREVENTION AND CONTROL** (See Substance Abuse Prevention and Control)

### **LA COUNTY DISTRICT ATTORNEY'S BUREAU OF VICTIM SERVICES**

<http://da.lacounty.gov/victims>

1-800-380-3811

#### **SPA 5 Area Victim Center Location:**

LADA Bureau of Victim Services

Airport Branch

11701 S. La Cienega Blvd., Room 601, Los Angeles, CA 90045 310-727-6516

We offer

- Crisis Intervention
- Information & Referrals to public/private service agencies
- Criminal Case Status/Disposition
- Provide Orientation to the Criminal Justice System
- Court Escort/Support
- Liaison with law enforcement agencies/ prosecutors
- Employer Intervention
- Restitution Assistance
- Family Notification
- Support Services for Elderly, Disabled, and Child Victims
- Assistance in filing for the State of California Victim Compensation Program.

**LOS ANGELES COUNTY PSYCHOLOGICAL ASSOCIATION (LACPA)**

6345 Balboa Blvd., Suite 126, Encino CA 91316

818-905-0410

www.lapsych.org    [lapcal@gmail.com](mailto:lapcal@gmail.com)

Fax 818-332-4949

Carol Torcello, Director of Operations

The LA County Psychological Association (LACPA), founded in 1945, is a chapter of The California Psychological Association (CPA), a state association of the American Psychological Association (APA). Its purposes are to advance the science and profession of psychology, to promote human welfare and to inform the public with regard to psychological issues. LACPA serves the community in a variety of ways including the Disaster Response Committee. For more information contact the LACPA office.

**LOS ANGELES DEPARTMENT OF AGING**

221 N. Figueroa, Ste 500, Los Angeles, CA 90012

Toll Free 800-510-2020

[www.aging.lacity.org](http://www.aging.lacity.org)    [age.webinfo@lacity.org](mailto:age.webinfo@lacity.org)

Council On Aging 213-482-7252

Laura Trejo, General Manager

James Don, Assistant General Manager

Marco Perez, Deputy Director

**Our mission:** To improve the quality of life, independence, health and dignity of the City's older population by managing community based senior programs that are comprehensive, coordinated and accessible, and to advocate for the needs of seniors and caregivers.

Provides referral to care managers, senior centers, non-profit agencies and variety of community services for our seniors and their caregivers.

**LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH**

<http://dmh.lacounty.gov/wps/portal/dmh> (see pages 5-6)

24/7 ACCESS Hotline (referral, information line): 1-800-854-7771

Our mission at DMH is to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only

independence and personal recovery but also connectedness and community reintegration. In addition to providing services tailored to each age group, Children (0-15 yrs), Transition Age Youth (16-25 yrs), Adult (26-59 yrs) and Older Adults (60 and over), DMH also provides countywide services to help clients and families regardless of age and designed to serve people throughout the County.

### **LOS ANGELES POLICE DEPT**

100 West 1st Street, Los Angeles, CA 90012

877-ASK-LAPD

#### **Crisis Response**

The Mental Evaluation Unit/ System-wide Mental Assessment Response Team (SMART) and the Case Assessment Management Program (CAMP), work together assisting field officers with suspected mentally ill persons. They provide referrals, intervention and/or placement in mental facilities for individuals needing acute mental health intervention. The two entities have a partnership program with the Los Angeles County Department of Mental Health.

### **LOS ANGELES PUBLIC LIBRARY, WEST L.A. REGIONAL BRANCH**

11360 Santa Monica Blvd., Los Angeles 90025

310 575-8323

Alicia Randolph, MLIS, Adult Librarian II [arandol@lapl.org](mailto:arandol@lapl.org)

Hosts a NAMI Peer-to-Peer Education 10-week course in addition to other programs that service the community. Contact for more information on current programs and classes. Research materials

### **LOS ANGELES UNIFIED SCHOOL DISTRICT – HYDE PARK SCHOOL CLINIC**

6519 S. 8<sup>TH</sup> Ave. #46, Bungalow 46, Los Angeles 90043

323 750-5167

Clinic outpatient mental health services for LAUSD students are provided through a partnership between the Los Angeles County Department of Mental Health (DMH) and LAUSD SMH. As DMH providers, SMH clinicians are committed to implementing the County of Los Angeles' vision to improve the quality of life in the county, by providing responsive, efficient, and high quality public services that promote the self-sufficiency, well-being, and prosperity of individuals, families, businesses and communities. The program includes 7 Wellness Networks, 8 Clinics, and satellite clinics at school sites. Hyde Park Clinic is just one branch of the LAUSD Wellness Centers & Clinics. For additional information about Wellness Networks, please contact Student Health and Human Services, Community Partnerships & Medi-Cal Programs at 213-241-3872.

### **THE MANOR**

1905 Pico Blvd, Santa Monica CA 90405

Office: 310 450-1748

[info@TheManorOnline.com](mailto:info@TheManorOnline.com)

[TheManor1905@gmail.com](mailto:TheManor1905@gmail.com)

Fax: 310 450-8811

Stephanie Brown, , Administrator

Terry Santos, Social Services

Licensed residential care facility with 151 bed capacity that provides quality short, intermediate to long term room, board, care and supervision for seriously mentally ill, and developmentally

disabled persons (the latter vendored by Westside Regional Center). Caring staff at The Manor help clients function at optimal levels and facilitate improvement in the quality of their lives. The majority of our residents have lived with us for 15 years or more, some over 30 years.

Ideally located in the community across from Santa Monica College, and minutes from The Promenade and beach, with public transportation at our doorstep. Good access to Edelman Westside Mental Health Center, hospitals and other resources. In-house psychiatric, psychological and medical services. Recreational and leisure activities program. Private (sliding scale) and SSI rates. Interim funding contract with LACDMH.

**MAPLE COUNSELING CENTER, THE**

9107 Wilshire Blvd, Lower Level, Beverly Hills 90210-5518 310 271-9999  
www.tmcc.org Fax 310 247-4910  
Marcy Kaplan, MSW, LCSW, Chief Executive Officer  
Susanna de Mari, LMFT, Clinical & Program Director sdemari@tmcc.org x218

Non-profit clinic offering psychotherapy for children, adolescents, adults, seniors, singles, couples & families. One-time intake fee, sliding scale thereafter. School-based counseling and Community Circle program. Parent education. Senior

**MARIPOSA (a program of Social Model Recovery Systems)**

453 S. Indiana St., Los Angeles 90063 323-266-7726  
Melanie Arellano, Program Director [melaniea@socialmodel.com](mailto:melaniea@socialmodel.com) Fax. 323-266-7742  
A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

**REBECCA A. MCGUIRE, LCSW** - Licensed Clinical Social Worker Lic. # 70020

Private Practice - The Gardens - 2001 Barrington Avenue, Los Angeles, CA 90025 (2 blocks north of Olympic) 310 740-3127  
[ann7becca@gmail.com](mailto:ann7becca@gmail.com) or [www.rebeccamcguire-lcsw.com](http://www.rebeccamcguire-lcsw.com)

Rebecca provides an emphatic and safe environment for processing upsetting and confusing events, negative thoughts, feelings, and beliefs, misunderstandings with others, and life stressors, which may include anger management, domestic violence, trauma, post-traumatic stress, depression, anxiety, social anxiety, sexual abuse, self-harm, and parenting. Her years of experience include working with adults, youth, families, and couples, whether in a crisis situation or a desire for personal growth. With understanding, humor and creativity, Rebecca commits to helping you build on your strengths and encourage personal change and growth. Rebecca uses different modes of therapy, including talk therapy, art, music, and mindfulness

**MEALS ON WHEELS** (See Culver Palms Meals on Wheels)

**MENTAL HEALTH ADVOCACY SERVICES, INC.**

3255 Wilshire Blvd, Ste 902, Los Angeles 90010 213 389-2077

Jenny Farrell, Executive Director ext 13

Fax 213 389-2595

[jfarrell@mhas-la.org](mailto:jfarrell@mhas-la.org)

MHAS is a private nonprofit serving adults and children with mental and developmental disabilities with an emphasis on obtaining government benefits and services, protecting rights, and fighting discrimination. In addition, MHAS serves as a resource to the community by training and consulting with consumer and family member groups, government agencies, mental health professionals, school officials, judges and attorneys.

**MENTAL HEALTH AMERICA of LOS ANGELES– MHA**

200 Pine Avenue, Suite 400, Long Beach 90802

888 242-2522

[mailbox@mhala.org](mailto:mailbox@mhala.org)

Fax: 562-263-3395

Founded in 1924, Mental Health America of Los Angeles (MHA) (formerly the National Mental Health Association of Greater Los Angeles) is dedicated to ensuring that all people with mental illness assume their full and rightful place in the community. MHA advocates for quality care for people with mental illness, provides integrated services for adults with serious mental illness in Long Beach and Antelope Valley, and educates about mental illness to increase public awareness and improve access to care. Our Information and Assistance program provides caring, confidential help in English and Spanish to individuals seeking mental health services. MHA operates The Village in Long Beach and a Wellness Center, also in Long Beach.

**MENTALHEALTHHOOKUP.COM**

Office: 27201 Tournay Rd, Suite 225, Valencia 91355

661 799-7994

24-Hour Line: 888-544-1516

24-hr information & referral services; field-capable licensed clinical social work evaluations available; personalized individualized care plans and/or placement; long-term case management; Ability to work with both public and private sector mental health issues; Assistance with disability applications & Processing and more (see website – MentalHealthHookUp.com).

**METRO CENTER, Los Angeles (a program of Didi Hirsch)**

672 So Lafayette Park Pl, Ste 6, LA 90057

Fax 213 380-8923

Oscar Gonzales, LCSW, Assistant Program Director Family Services SA 4 213 381-3626

**Services provided:**

**FAMILY/CHILD:** Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

**DEPT OF MILITARY & VETERANS AFFAIRS**

2615 S. Grand Ave., Suite 100, Los Angeles 90007

877-4-LAVETS

<http://mva.lacounty.gov/>

Service/Intake

877 452-8387

Bob Hope Patriotic Hall Service/Intake

213 744-4842

Administrative 213 744-4827  
Veteran's Services 213 744-4825

**What We Offer:**

We can provide information and assistance with the following Department of Veterans Affairs benefits. Compensation for service connected disabled veterans. Pension for non-service connected disabled veterans. Life insurance. Cemeteries and burial (including indigent burials). Benefits for surviving spouse and children. Medical care. Educational / vocational rehabilitation benefits. VA / CAL-VET home loan guaranty programs. State of California dependents college fee waiver program. Other related benefits

**Veterans Services:**

Interview and counsel clients on the availability of veteran's benefits and services. Develop, file, monitor and appeal claims on behalf of clients. Verification of veterans benefits for Federal, State and local agencies. Process applications for California Dependents Educational Fee Waivers for dependents of service disabled / deceased veterans. Participate in community events pertaining to veterans, i.e. care days, stand downs, job fairs, etc.

**ROLAND MOSES, EdD, (Private Practice)**

10921 Wilshire Blvd., Suite 513, Westwood, LA 90024 310 208-3399  
[RolandGMoses@msn.com](mailto:RolandGMoses@msn.com) website: [www.DrRolandMoses.com](http://www.DrRolandMoses.com)

Licensed Psychologist, Diplomate in Clinical Psychology, American Board of Professional Psychology. Former professor-Columbia University.

Individual, couple, and family practice in the treatment of anxiety, depression, sexual difficulties, addictions, crisis counseling, educational, and career counseling.

**NAMI WESTSIDE LA AFFILIATE**

310 889-7200

941 Westwood Blvd., Suite 236, Los Angeles 90024

**Referral phone line - Mon-Thursday 10:00 am to 5:00 pm** Email: [info@namila.org](mailto:info@namila.org)

Joe Conrad, President [president@namila.org](mailto:president@namila.org)

Sharon Dunas, President Emeritus [ssdunas@aol.com](mailto:ssdunas@aol.com)

For class or program information and registration, please go to our website: [www.namila.org](http://www.namila.org)

We offer FREE Support groups and education classes for:

- parents or caregivers of school age children having mental health issues
- family members or caregivers of adults with mental illness
- individuals with a diagnosis of mental illness

All classes and support groups are offered in both English and Spanish.

**NAMI (National Office) -The Nation's Voice on Mental Illness**

3803 N. Fairfax Drive, Suite 100 Arlington, VA 22203

703-524-7600

[www.nami.org](http://www.nami.org) email: [info@nami.org](mailto:info@nami.org)

Helpline: 800-950-NAMI or 800-950-6264



**NAMI-California (Calif Office)**

1851 Heritage Ln., Ste 150, Sacramento, CA 95815

916 567-0163

<http://www.namica.org>Email: [nami.california@namicalifornia.org](mailto:nami.california@namicalifornia.org)**NEIGHBORHOOD YOUTH ASSOCIATION (NYA)**

1016 Pleasant View Avenue, Venice 90291

310 664-8893

Fax: 310-664-8792

NYA Mar Vista Learning Center

804 Broadway, Venice, CA 90291

310 664-8893

Fax 310 664-8792

Abigail Vibiano , Assistant Program Director & Parent Coordinator [avibiano@nyayouth.org](mailto:avibiano@nyayouth.org)

Assists a concentrated number of Mar Vista/Venice youth (ages 2-18) from at risk families in Mar Vista/Venice, with the Personal Best Program - the goal that every child complete high school and go on to post-secondary education. Homework assistance, tutoring, workshops in career planning, math, writing, science, arts; individual, group and family counseling as needed.

**NESS COUNSELING CENTER**

8512 Whitworth Dr, Los Angeles 90035

310 360-8512

[www.thenesscenter.org](http://www.thenesscenter.org)[info@thenesscenter.org](mailto:info@thenesscenter.org)

Fax 310 360-8510

Dennis Brown, Executive Director [dbrown@thenesscenter.org](mailto:dbrown@thenesscenter.org)

Providing substance abuse, domestic violence, Batterers/Anger Management and mental health services. Drug diversion, testing, assessments. Parenting groups, paternity testing, monitored visitation and child exchange. Family, couples, marriage and individual counseling. Individual counseling and parenting classes in Spanish. Victims groups. State certified drug/ alcohol program & sex offenders/child abuse groups. Accept Drug MEDI-CAL & sliding scale.

**NEW CENTER FOR PSYCHOANALYSIS**

310 478-6541

2014 Sawtelle Boulevard, Los Angeles 90025

Fax 310 477-5968

[www.N-C-P.org](http://www.N-C-P.org)[info@n-c-p.org](mailto:info@n-c-p.org)**Cecilia Peck**, Executive Diorector, [ceciliap@n-c-p.org](mailto:ceciliap@n-c-p.org), Ext.18**Cheryl Difatta**, Institute Administrator, [cheryld@n-c-p.org](mailto:cheryld@n-c-p.org) , Ex. 16

A nonprofit membership organization and training center. We provide a variety of postgraduate programs in psychoanalysis and psychoanalytic psychotherapy for licensed mental health professionals and distinguished academics.

**Training Programs:** We have four training programs, as well as offering Continuing Education for Mental Health Professionals:

Adult Psychoanalytic Training Program

Child and Adolescent Psychoanalytic Training Program

Certificate in Adult Psychoanalytic Psychotherapy

Certificate in Child &amp; Adolescent Psychoanalytic Psychotherapy

**NCP Adult Psychoanalytic Clinic:** offering reduced-fee psychoanalysis for qualified adults by our analytic candidates-in-training, under careful supervision by an experienced Supervising Analyst; 310-478-6541, ext. 17

**NEW DIRECTIONS for VETERANS**

310 914-4045

11303 Wilshire Boulevard, VA Building 116, Los Angeles, CA 90073

Mailing Address: PO Box 25536, 11420 Santa Monica Boulevard, Los Angeles, CA 90025

[www.ndvets.org](http://www.ndvets.org)

Outreach and Intake: 310 914-5966

President/CEO, Colonel Yvette Kelley, Ext. 135, [YKelley@ndvets.org](mailto:YKelley@ndvets.org)

Chief Program Officer, Dr. Susan Michael, Ext. 130, [SMichael@ndvets.org](mailto:SMichael@ndvets.org)

SSFV Program Manager, Brenda Thomas Ext. 127, [bthomas@ndvets.org](mailto:bthomas@ndvets.org)

Director of Clinical Services, Matthew Rohr, Ext 131, [MRohr@ndvets.org](mailto:MRohr@ndvets.org)

New Directions for Veterans is a veteran provider in Greater Los Angeles County offering an array of services for veterans and their families. New Directions for Veterans supports Transitional Housing programs and Permanent Supportive Housing developments throughout the Greater Los Angeles area for homeless veterans. NDVets also provides assistance to veterans and their families in the community who are at risk of homelessness. NDVets services include veteran mental health services, case management, substance use disorder treatment; employment placement, housing placement, job training, legal services, and life skills training. NDVets serves all veterans regardless of discharge status and works with Veterans Courts local and State jurisdictions.

**Veterans Opportunity Center Building 116 WLA VA**

Corporate Offices

130-bed Transitional housing for males

Bridge to Housing shelter program

Support Services for Veterans and their Families SSVF

**Veteran Opportunity Center North Building 257 WLA VA**

50-Bed Transitional Housing Program for males, specifically Co-occurring disorder

**Oasis for Women**

Outreach program for females only

**New Directions Permanent Supportive Housing**

New Directions Sepulveda 147 units

Beswick Senior Apartments 40 units

El Monte Veterans Village 40 units

Glendale Veterans Village 40 units

Burbank Bungalows 11 units

**OCEAN PSYCHOLOGICAL SERVICES**

1448 15th St, Ste 203, Santa Monica 90404

310 451-2107

Sue Henderson, LCSW Press #1

Fax 310 451-9665

William Wallace, PhD Press #2

The services we offer include: Outpatient Counseling, Medication Management, Day Treatment Services for Adults and Youth; Child and Adolescent Services; Family/Caregiver

Support, Residential Services, Therapeutic Foster Care, Outreach Services, Ocean Academy, a Therapeutic School

**OF ONE MIND** - Innovative Behavioral Health, Addiction, Educational & Supervised Housing Alternatives

2001 So Barrington Ave, Ste 300, West Los Angeles 90025 ext 100 310 479-9065  
[www.ofonemind.net](http://www.ofonemind.net) Fax 310 268-1200  
Richard B Cohen, LMFT, CCBT, CDVC, MAC President [richard@ofonemind.net](mailto:richard@ofonemind.net) – ext 100

Of One Mind Behavioral Health, Addiction, Educational & Supervised Housing Alternatives offers intensive outpatient treatment programs for teens & young adults contending with psychological and/or substance abuse and technology addiction issues. Our programs are tailored to fit each individual's needs. Groups are psychotherapeutic, didactic, & experiential, focusing on specific contemporary issues such as self-esteem, anger management, expressive communication, conflict resolution, assertiveness training & relapse prevention. Programs include group psychotherapy, individual therapy, & multi-family group therapy. Of One Mind offers supervised housing options for young adults who can no longer live at home, but are not yet ready to live out on their own. Of One Mind also sponsors "The Parent Network" - an ongoing series of free parenting seminars for parents of teens & young adults held Wednesday evenings from 7-9pm. Please check out [www.ofonemind.net](http://www.ofonemind.net) for the schedule.

**OLYMPIC CENTER, Los Angeles (a program of Didi Hirsch)**

10277 West Olympic Blvd., Los Angeles, CA 90067 424 362-2900  
Patricia Speelman, LMFT, Division Director

Services provided: Outpatient therapy for children, teens, adults, older adults and families, Bereavement groups; suicide attempt support groups; crisis services.

**OMNI CENTER (a program of Social Model Recovery Systems)**

3430 Cogswell Road, El Monte 91732 626-453-3406 Fax. 626-453-3410  
After Hours: 626 622-7219  
Monique Schulte, Program Director [moniquem@socialmodel.com](mailto:moniquem@socialmodel.com)  
Sara Kurtz, Outpatient Program Director [sarak@socialmodel.com](mailto:sarak@socialmodel.com)

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems; an Outpatient Program for men who have alcohol and other drug use problems; and a low cost shelter for homeless individuals with mental health problems.

**OPEN PATHS COUNSELING CENTER**

5731 W. Slauson Avenue, Suite 175, Culver City 90230  
[www.openpaths.org](http://www.openpaths.org) Fax 310 258-9650  
To make an appointment call (310) 258-9677 or email [inquiry@openpaths.org](mailto:inquiry@openpaths.org)  
For administration only (no appointments please) call (310) 258-9737  
Sierra Smith - Executive Director: [sierra@openpaths.org](mailto:sierra@openpaths.org)  
Zari Hedayat, Ph.D. MFT - Clinical Director: [zari@openpaths.org](mailto:zari@openpaths.org)

Kendall Evans, MFT - Another Way - Domestic Violence Intervention Program  
Manager: [kendall@openpaths.org](mailto:kendall@openpaths.org)

Low-fee counseling and psychotherapy services are provided on a sliding scale. Our diverse clinical team represents the communities we serve. We offer individual, couple, family, and group counseling for all ages. Groups include: Social Anxiety Group, Women's Sexual Trauma Survivors Group, Women's Empowerment Group for Victims and Survivors of Domestic Violence, and court-approved Parenting Groups. Additionally, we provide probation-approved 52-week Batterer Intervention Programs and Anger Management Group. Most services are offered in Spanish and English.

**ORANGE COUNTY CENTER, Santa Ana (a program of Didi Hirsch)**

2000 East 4<sup>th</sup> St. Suite 110, Santa Ana, CA 92705 Fax 714 547-8352  
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562

*Services provided:* Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

**OUR HOUSE GRIEF SUPPORT CENTER**

**West Los Angeles** 1663 Sawtelle Blvd., #300, L.A. 90025 310-473-1511  
Fax: 310-473-1515

**Valley Office** 21860 Burbank Blvd., Ste 195 Woodland Hills, CA 91367 Tel. 818 222-3344

**Mid-City Koreatown location:** 3750 West 6th St., Los Angeles, CA 90020 Tel. 310-473-1511

**OUR HOUSE Grief Support Center Orange County (For Camp Erin OC only):** 1940 W  
Orangewood Ave, Suite 110-3, Orange, CA 9286 Tel. 714-723-1239

Michele F. Prince, LCSW, MAJCS, CEO ext 212

Lauren Schneider, LCSW, Clinical Director of Child & Adolescent Programs ext 211

Jamie Biggs, LCSW Clinical Director of Adult Programs ext 351

Maddy Goodreau, LCSW, Clinical and Volunteer Coordinator, Valley office ext 352

Michele Bartlett, LCSW, Associate Clinical Director of Children's Programs - Valley ext 350

Dolly Phillips, M.A. LMFT, Clinical Coordinator of School & Children's Programs ext 215

Loren Delgado, MSW, Senior Clinical Coordinator of Spanish Satellite Programs ext 220

Eva Adler – Senior Administrator & Spanish Satellite Assistant: [eva@ourhouse-grief.org](mailto:eva@ourhouse-grief.org)  
ext. 219

[www.ourhouse-grief.org](http://www.ourhouse-grief.org) [ourhouse@ourhouse-grief.org](mailto:ourhouse@ourhouse-grief.org)

Provides compassionate Grief Support Groups in a safe, warm environment for children, adolescents and adults, who have experienced the death of someone close. Also provides Adult Grief Support Groups in Spanish and On-Site Grief Response in schools, businesses and organizations after the death of a co-worker, student, family member or colleague. All groups are appropriate to age and relationship. **OUR HOUSE** provides grief support groups in local school districts and offers an Education program for medical students, clergy students, educators, businesses, and mental health professionals. The agency is available for professional and

community education and support. Camp Erin LA and Orange County- bereavement camp for children aged 6-17.

### **PACIFIC ASIAN COUNSELING SERVICES**

www.pacsla.org  
8616 La Tijera Blvd, Ste 200, Los Angeles 90045  
Long Beach Office  
San Fernando Valley Office  
Mariko Kahn, MFT, Executive Director  
Michi Okano, LCSW, Clinical Director

310 337-1550  
FAX 310 337-2805  
562-424-1886  
818-989-9214  
mkahn@pacsla.org  
mokano@pacsla.org

PACS enriches the lives of children and families through counseling and caring. We offer services to all ethnic groups and provide culturally sensitive and language specific services with expertise in the immigrant Asian Pacific Islander populations. Psychiatric consultation and medication support for ongoing clients, school related concerns such as disruptive classroom behavior, ADHD, etc.; co-occurring substance abuse and mental health issues, trauma recovery grief and bereavement issues, improving interpersonal communication, bridging the cultural and generational gap in families, conflict resolution, adjusting to situational stress from divorce, job loss, relocation, etc. Case Management Services and linkage to community resources, assistance in enrolling in public insurance programs. We provide Prevention and Early Intervention services utilizing evidence based practices including MAP, TF-CBT, Seeking Safety, CPP, and Family Connections.

We provide supportive mental health services, case management, and employment services to CalWORKS participants and work collaboratively with the DPSS GAIN workers.

We provide intensive mental health services through Full Service Partnership Services for Asian and Pacific Islander children and adults and Full Service Partnership for adults. Our AOT program offers intensive mental health services to those individuals who have not been compliant with treatment. PACS also has a few Child FSP slots and a significant number of forensic FSP slots. The multi lingual staff provide services in English, Cantonese, Hindi, Japanese, Khmer (Cambodian), Korean, Mandarin, Samoan, Tagalog, Taiwanese, Vietnamese and Urdu. We accept Medi-Cal.

### **PAINTED BRAIN**

5980 W. Pico Blvd., LA 90035 <http://www.paintedbrain.org/>  
David Leon, Director [thepaintedbrain@gmail.com](mailto:thepaintedbrain@gmail.com)

626-354-1584

The Painted Brain creates lasting community-based solutions to mental health challenges and the impact of social injustice through arts, advocacy, and enterprise. The project uses the arts as a community building tool. We run art groups and offer speakers bureau talks around the Los Angeles mental health system and have an extensive day program of arts and creative activities in our space in the neighborhood of Mid City. Visit our website for further information and please check out our calendar on our website: <https://paintedbrain.org/#!/CalendarWeekly>. Our in-house groups are free and participants do not need to bring your own materials. We also

host public events such as open mics, gallery shows, and concerts. To join our newsletter, send an email to [david@paintedbrain.org](mailto:david@paintedbrain.org), subject: 'newsletter.' If you have questions, call the director, Dave Leon, LCSW, at 626-354-1584..

**PASADENA COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE** (a program of Social Model Recovery Systems)

1245 E. Walnut St., Suite 117, Pasadena 91106

626-773-4364

Fax. 626-795-0979

Jo Waid, Regional Program Director of Adult Outpatient Services [jow@socialmodel.com](mailto:jow@socialmodel.com)

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

**PATIENTS' RIGHTS** (a division of LA County Department of Mental Health)

550 S. Vermont Avenue, Room 608, Los Angeles 90020

800 700-9996, 213 738-4888

The Patients' Rights Office was created in response to California legislation requiring each county mental health director to appoint patients' rights advocates to protect and further the Constitutional and statutory rights of mental health care recipients.

**PEOPLE ASSISTING THE HOMELESS (P.A.T.H.)**

**Central Facility: 340 North Madison Avenue, Los Angeles, CA 90004 323 644-2200**

[www.epath.org](http://www.epath.org)

general inquiries: [path@epath.org](mailto:path@epath.org)

**West LA Facility: 2346 Cotner Ave, Los Angeles 90064-1804 Admin 310-996-0124**

Haley Fuselier, LCSW, Director of Programs WLA [HaleyF@ePath.org](mailto:HaleyF@ePath.org)

PATH is a family of agencies working together to end homelessness for individuals, families, and communities throughout California. We strive to do this by prioritizing housing while providing customized supportive services for people in need. Our agencies each address the homelessness issue in a different way—supportive services, permanent housing development, support for homeless families, and community engagement—all of which ultimately help the people we serve make it home.

The Cotner site offers services and interim housing. An outreach team reaches out to the homeless throughout SA 5.

**PEER ACTION 4 CHANGE**

at SHARE! Culver City, 6666 Green Valley Circle, Culver City, CA 90230

For more info email [info@peeraction4change.org](mailto:info@peeraction4change.org) or call Art at 310-846-5270

Meetings every 1st Saturday of the month

GET YOUR VOICE HEARD

a new voice for mental health consumers to advocate on the local, state, and federal levels.



Visit [www.peeraaction4change.org](http://www.peeraaction4change.org) and come join us! Hope to see you soon!

**PEOPLE CONCERN (see The People Concern)**

**PEPPERDINE MALIBU CAMPUS, COUNSELING CENTER**

24255 Pacific Coast Hwy, Malibu 90263

310 506-4210

Fax: 310 506-7993

<http://www.pepperdine.edu/counselingcenter/> [student.counselingcenter@pepperdine.edu](mailto:student.counselingcenter@pepperdine.edu)

Provides individual, conjoint, group therapy psychotherapy for Pepperdine students. The Counseling Center seeks to promote mental health by providing:

Direct service - providing individual, relationship, and group counseling  
Consultation and Training - equipping concerned others to respond  
Prevention/Outreach - educating the student community proactively

**PEPPERDINE UNIVERSITY COMMUNITY PSYCHOLOGY COUNSELING CLINIC**

6100 Center Drive, Los Angeles, CA 90045

310 568-5752,

866.396.8970.

Provides psychotherapy for individuals, couples and family members of all ages. Educational therapy for learning difficulties and play therapy for children. Psychological assessments for personal, vocational or school needs. Hrs: 9am-8pm M-F. Telephone first. Sliding scale down to \$15; No Medi-Cal.

**PHOENIX HOUSE, VENICE BEACH RESIDENTIAL AND OUTPATIENT SERVICES**

503 Ocean Front Walk, Venice 90291

1 844-417-6293

<https://www.phoenixhouse.org/>

Errol Small, Jr., Program Director [ESmall@phoenixhouse.org](mailto:ESmall@phoenixhouse.org)

Located on Ocean Front Walk in Venice Beach, Phoenix House offers comprehensive residential treatment to adult men who are trying to break the cycle of drug and alcohol addiction. Group therapy, individual counseling, and a variety of services are offered to those who are striving to overcome addiction, reunite with family, and achieve economic independence. A wide range of group sessions are offered that address recovery dynamics, relapse prevention, life skills, trauma, and anger management. In addition to residential care, outpatient services are available for men over 18 years of age. Referrals to NA/AA meetings, job training and placement, and other community services are also offered.

All major credit cards are accepted. Payment options include the following health insurance plans: Anthem Blue Cross, APS Healthcare, Kaiser Permanente, Managed Health Network (MHN), as well as Cigna and Health Net.

**PLANNED PARENTHOOD of Los Angeles (Santa Monica Ctr)**

1316 3rd St Promenade, Rm 201 Santa Monica 90401

[planparenthood.org](http://planparenthood.org)800 576-5544  
Fax 310-395-3628**PORTALS (a Division of Pacific Clinics)**679 S. New Hampshire Ave., 4<sup>th</sup> Floor, Los Angeles, CA 90015

Reception desk	Fax 213-385-9246	213-639-2500
Diane Schultheis, Divisional Assistant, <a href="mailto:dschultheis@pacificclinics.org">dschultheis@pacificclinics.org</a>		213-639-2561
Victoria Onwualu, LCSW, Divisional Director, <a href="mailto:vonwualu@pacificclinics.org">vonwualu@pacificclinics.org</a>		213-639-0230
Greg Swift, LMFT, Associate Divisional Director, <a href="mailto:gswift@pacificclinics.org">gswift@pacificclinics.org</a>		213 639-2681

**Program Directors -**

Sharareh Ghedari, LMFT, <a href="mailto:sghedari@pacificclinics.org">sghedari@pacificclinics.org</a>	323-290-4374
-Mariposa Clubhouse, Field Capable Clinical Services – SA4	
-Community Connections Wellness – SA6	
Yolanda Lewis, LMFT, <a href="mailto:Yjackson-lewis@pacificclinics.org">Yjackson-lewis@pacificclinics.org</a>	213 639-2677
-CalWORKs/CLP, FSP Older Adult-SA4, FSP-TAY-SA4, FCCS-OA-SA4 and OA-PEI-SA4	
Chu Kim Thornburg, LCSW <a href="mailto:ckim-thornburgh@pacificclinics.org">ckim-thornburgh@pacificclinics.org</a>	213 639-0276
-FSP-SA4, FCCS, AB109	
Edna Mercorios, Psy.D., <a href="mailto:EMercorios@pacificclinics.org">EMercorios@pacificclinics.org</a>	323-290-4352
-FSP-Adult-SA6, FSP-Older Adult-SA6, OA-PEI-SA6 and TAY-SA6	

**Please call for information on program or services**877-PCCARES  
877-722-2737**Portals Services and Programs**Victoria Onwualu, LCSW, Division Director ([VOnwualu@pacificclinics.org](mailto:VOnwualu@pacificclinics.org)) 213-639-0230**The following programs –*****SA-4 (FSP, FCCS, CBS, AB109, OAPEI, Mariposa Clubhouse Wellness Center) are based at 679 S. New Hampshire Ave. 4th Floor, Los Angeles, CA 90005***

213-639-0299

Fax 213-388-2816

***SA-6 (FSP-Adult, FSP-OA, TAY, OAPEI, Community Connections Clubhouse/Wellness Center) are based at******3881 S. Western Ave., Los Angeles, 90062***

323-290-4340

**Full Service Partnership (FSP) Programs for Adults –****ADULTS (Service Area 4 and Service Area 6)**

Services are focused on addressing the specific needs of each focal population and include mental health services as well as housing services, employment and medication treatment for co-occurring mental health. Also available are peer support and health navigation assistance.

**(FSP-Adults-SA4)**Chu Kim Thornburgh, LCSW, Program Director ([c-imthornburgh@pacificclinics.org](mailto:c-imthornburgh@pacificclinics.org)) 213-639-0276**(FSP-Adults-SA6)**Edna Mercorios, Psy.D., Program Director ([EMercorios@pacificclinics.org](mailto:EMercorios@pacificclinics.org)) 323-290-4352



**OLDER ADULTS**—(Service Area 4 & Service Area 6);

**(FSP-OA-SA4, OA-PEI)**

Yolanda Lewis, LMFT, Program Director [YJackson-Lewis@pacificclinics.org](mailto:YJackson-Lewis@pacificclinics.org) 213-639-2677

**(FSP-OA-SA6, OA-PEI)**

Edna Mercorios, Psy.D., Program Director ([EMercorios@pacificclinics.org](mailto:EMercorios@pacificclinics.org)) 323-290-4352

**Field Capable Clinical Services (FCCS) Program** (Service Area 4)

Offers a wide array of field-based services for mentally ill adults ages 21 to 59, including members who are homeless, isolated or home-bound.

Chu Kim Thornburgh, LCSW, Program Director ([c-imthornburgh@pacificclinics.org](mailto:c-imthornburgh@pacificclinics.org)) 213-639-0276

**AB 109 Program** (Service Area 4)

The goal of this program is to help people released from prison live successfully in the community, achieve their personal recovery goals, and avoid re-incarceration or unnecessary psychiatric hospitalization.

Chu Kim Thornburgh, LCSW, Program Director ([c-imthornburgh@pacificclinics.org](mailto:c-imthornburgh@pacificclinics.org)) 213-639-0276

**TRANSITIONAL AGE YOUTH (TAY)** (Service Area 4)

213 639-0203

679 S. New Hampshire Ave., 4<sup>th</sup> Floor, Los Angeles, CA 90005

213 639-2677

Yolanda Lewis, LMFT, Program Director [YJackson-Lewis@pacificclinics.org](mailto:YJackson-Lewis@pacificclinics.org)

Fax 213 386-1069

**TRANSITIONAL AGE YOUTH (TAY)** (Service Area 6)

323 290-4352

3881 S. Western Ave., Los Angeles, 90062

213 639-2677

Edna Mercorios, Psy.D., Program Director ([EMercorios@pacificclinics.org](mailto:EMercorios@pacificclinics.org))

323-290-4352

Participants in this program are young adults, age 18 through 26, many of whom have recently left the foster care system but are not ready for independent living due to a diagnosable mental illness. Professionally trained social workers and counselors help these young adults stabilize their emotional and living status and acquire the life skills needed to become self-sufficient. This program also offers a supportive residence for eligible TAY members.

**PORTALS CalWORKs** (Service Area 4)

679 S. New Hampshire Ave., 4<sup>th</sup> Floor, Los Angeles, CA 90005

213 639-2677

Yolanda Lewis, LMFT, Program Director [YJackson-Lewis@pacificclinics.org](mailto:YJackson-Lewis@pacificclinics.org)

Fax 213 386-1069

This program provides mental health services to welfare-to-work participants who have been identified as having mental health barriers that may inhibit them from reaching their employment goals and leaving the welfare system successfully. Members receive individual and group counseling, medication support, and life skills development in addition to vocational and employment services.

## WELLNESS CENTERS

- **Mariposa Clubhouse**, *(Service Area 4)*

679 S. New Hampshire Ave., 4<sup>th</sup> Floor, Los Angeles, CA 90005 213 639-2677  
Sharareh Ghedari, LMFT, Program Director ([SGhedari@pacificclinics.org](mailto:SGhedari@pacificclinics.org)) 323 290-4374  
Fax: 213 389-1987

- **Community Connections Clubhouse**, *(Service Area 6)*

3881 S. Western Ave., Los Angeles, 90062  
Sharareh Ghedari, LMFT, Program Director ([SGhedari@pacificclinics.org](mailto:SGhedari@pacificclinics.org)) 323 290-4374

The clubhouses offer outpatient mental health services for adults with a primary focus on group and individual counseling, recovery meetings, psychiatric consultation, medication monitoring, employment services and social skill building.

### **Co-occurring Treatment**

Sharareh Ghedari, LMFT, Program Director ([SGhedari@pacificclinics.org](mailto:SGhedari@pacificclinics.org)) 323 290-4374  
Fax: 213 389-1987

Outpatient services assist persons experiencing problems in their lives related to their substance use, such as dysfunctional relationships, poor performance with school or work, legal issues, health issues, housing and more.

### **PROJECT RETURN PEER SUPPORT NETWORK (PRPSN)**

Main Office: 2677 1/2 Zoe Ave., Huntington Park, CA 90255 323 312-0640  
[www.prpsn.org](http://www.prpsn.org) Fax: 323 312-0642

PRPSN is a unique mental health nonprofit where staff utilize lived experience to support and serve others with mental illness. Our services pick up where traditional mental health services leave off...

**SUPPORT GROUPS:** There are over 175 weekly groups throughout Los Angeles serving 2,500 people a month. They are 1-2 hours once a week and are led by volunteers.

**WARM LINE:** Los Angeles County's first after-hours telephone line for mental health. Operated by trained peer supporters using a toll-free number. English (888) 448-9777 and Spanish (888) 448-4055 from 5PM – 10PM weeknights and 11AM – 4PM on Saturday.

**HACIENDA OF HOPE:** Offers a safe alternative to emergency hospitalization for individuals experiencing a stressful life event or crisis. This short-term respite home accommodates up to 10 guests as they work on individualized wellness and recovery plans and connect with local resources. It also offers support groups for individuals within the community. (562) 388-8183

**EL CENTRITO DE APOYO:** Is a multi-service Spanish language program which provides a range of services to the underserved Latino community. Over 200 people a month benefit from workshops, groups and one-on-one assistance with employment, housing and social connectedness. (323) 312-0640

**UN PASO MAS:** Is co-located with El Centrito but provides most services at local schools, churches and community centers. Its mission is to raise awareness about mental health issues, provide linguistically and culturally appropriate support and tools to the Latino population, many of whom are recent immigrants. Un Paso Mas offers over 20 weekly support groups and holds psycho educational workshops quarterly. Reaching over 800 people monthly. (323) 312-0762

**COMMUNITY INTEGRATION PROGRAM:** Helps almost 200 people in locked settings a month. A Peer Mentor serves as a bridge and assists in creating a plan for returning to the community which incorporates housing, social support and securing resources.

**TRAINING:** Project Return offers a myriad of training opportunities for individuals with lived experience of mental illness. The **Peer Professional Training & Placement** prepares people for employment or volunteer positions in the public mental health system. Several other workshops and training opportunities are afforded throughout the year.

**PROVIDENCE SAINT JOHN'S CHILD AND FAMILY DEVELOPMENT CENTER**

1339 20th St, Santa Monica 90404

Main 310 829-8921

Fax 310 829-8455

Rebecca R. Refuerzo, LCSW, Executive Director 310 829-8555

[rebecca.refuerzo@providence.org](mailto:rebecca.refuerzo@providence.org)

Ruth Cañas, LCSW, Director of Outpatient Services 310 829-8711

[ruth.canas@providence.org](mailto:ruth.canas@providence.org)

Sharon Greene, LCSW, Director of Social Work Education 310 829 8805

[sharon.greene@providence.org](mailto:sharon.greene@providence.org)

Olga Belik, Ph.D., Director of Psychology Intern Training 310 829-8708

[olga.belik@providence.org](mailto:olga.belik@providence.org)

Comprehensive range of outpatient (including community, home & school based) mental health services, case management, and community outreach services for children and young adults (age 18-24) and their families who may be struggling with various issues including behavioral, emotional and/or social challenges; Birth to 5 mental health services for the young child and Specialized Adult Services which are limited to specific populations. Mental Health interventions include diagnostic assessment, individual/family therapy, psychological and psychiatric evaluations and medication management as needed. Specialized programs include the Therapeutic Preschool which provides day treatment services; and Adult Services which are limited to Mental Health Services for Developmentally Disabled individuals.

**PROVIDENCE SAINT JOHN'S HOSPITAL AND HEALTH CENTER**

2121 Santa Monica Boulevard, Santa Monica 90404

310 829-5511

<https://california.providence.org/>

**PROTECTION AND ADVOCACY, INC. (see DISABILITY RIGHTS CALIFORNIA)**

### **PROTOTYPES ADMINISTRATIVE OFFICES**

1000 N Alameda Street, Suite 390, Los Angeles, CA 90012

213 542-3838

<https://www.prototypes.org/>

General inquiries: [information@prototypes.org](mailto:information@prototypes.org)

Programs for women and families covering substance abuse, domestic violence, housing, HIV/AIDS, mental health, child welfare and family preservation and more. Call for specifics.

### **RECOVERY INTERNATIONAL**

Local: 13219-G Fiji Way, Marina del Rey 90292-7072

Celinda Jungheim [celindajungheim@gmail.com](mailto:celindajungheim@gmail.com)

[www.facebook.com/recoveryinternationalall/](http://www.facebook.com/recoveryinternationalall/)

[www.recoveryinternational.org](http://www.recoveryinternational.org)

Cell 310-339-8091

Fax 310 306-2996

For Spanish language Recovery Intl. meetings call Mary Ellen at 310 328-2866

International Headquarters: 1415 W. 22<sup>nd</sup> St., Tower Floor, Oak Brook IL 60523 866-221-0302

Self-help cognitive behavioral training developed by Abraham Low, MD **Recovery International** and **RI-Discovery** groups are an adjunct to professional care. At weekly group meetings people learn techniques to help manage their nervous symptoms, fears and anger. Meetings throughout the community. **The Power to Change** is a facilitated group for schools, veterans and corrections. Call for meeting list or access meeting information on the website. Free Demonstrations are available to agencies upon request. No required fee. Donations requested at meetings.

### **REGIONAL CENTER**

See Westside Regional Center

310 258-4000

5901 Green Valley Circle, Ste 320, Culver City 90230-6949

Fax 310 649-2033

### **REHABILITATION (State Dept of Rehabilitation)**

See State Dept of Rehab

### **RIVER COMMUNITY** (A program of Social Model Recovery System)

23701 East Fork Road, Azusa 91702

626-250-3300

Debra Schaich, Program Director [debras@socialmodel.com](mailto:debras@socialmodel.com)

Fax. 626-910-1380

Paul Lambert, Clinical Coordinator [paul@socialmodel.com](mailto:paul@socialmodel.com)

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

### **RIVER COMMUNITY COVINA** (A program of Social Model Recovery System)

510 S. Second Ave., Covina 91723

626-974-8122

Dawn Dades, Program Director [dawnd@socialmodel.com](mailto:dawnd@socialmodel.com)

Fax. 626-974-8198

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They

work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

Wellness Program provides long term wellness service to individuals who are looking to return to work, school, or other activities.

**S. MARK TAPER FOUNDATION CENTER, Los Angeles (a program of Didi Hirsch)**

1328 W Manchester Ave, LA 90044

Fax 323 778-0028

Christen Coco Guzman, LMFT, Program Director, Family Services, SA 6 323 778-9593  
*Services provided:* Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

**SAFE HAVEN** (see The People Concern)

**SAFE PLACE FOR YOUTH (S.P.Y)**

2469 Lincoln Blvd., Venice 90291 [www.safeplaceforyouth.org](http://www.safeplaceforyouth.org)

310.902.2283

Executive Director: Alison Hurst [alison@safeplaceforyouth.org](mailto:alison@safeplaceforyouth.org)

310.753.3776

Director of Programs: Sophia Frontino [sophiaf@safeplaceforyouth.org](mailto:sophiaf@safeplaceforyouth.org)

424.272.8567

**Drop In Hours:** Tuesday, Wednesday, & Thursday, 1-5PM

**Street Outreach:** Monday 2-4PM; Tuesday and Wednesday 10-12PM,  
Thursday 11A-12:30PM, Friday 12:30-2:30PM

**Office Hours:** Monday-Friday 10A-5PM (by appointment only)

Safe Place for Youth's mission is to inspire, nurture, and empower the resilient human spirit of homeless youth by providing immediate and lasting solutions, one young person at a time. SPY prioritizes low barrier services, harm-reduction, a trauma-informed approach, and the provision of a safe, supportive environment for young people ages 12 - 25 years old.

**Street Outreach:** Five days a week, SPY's outreach team connects with youth who are experiencing homelessness on the Westside of Los Angeles. We build meaningful relationships and trust, while providing street based engagement and survival resources. Outreach staff and trained volunteers provide snacks, hygiene packs, socks, as well as linkages to emergency shelter, mental health and medical care, and other on-site services at SPY's Drop-In Center.

**Drop-In Services:** Five days a week, young people can access our continuum of services in a safe, welcoming space. SPY's Drop-In Center is located on Lincoln Blvd. in Venice Beach, and helps youth meet basic survival needs of meals, showers and clothing; improve physical and emotional wellbeing; and develop meaningful relationships with peers, staff and the community.

**Case Management:** Our team of case managers works with youth to develop individualized plans that address short and long term goals towards stability. This includes connections to available housing, applying for identification documents and/or health benefits, receiving parent

and prenatal care, family reunification, and connections to drug rehabilitation, mental health services and employment support.

**Education & Employment:** This program provides job readiness prep, high school completion courses in partnership with Five Keys Charter School, life skills, resume building, networking opportunities, an onsite youth internship program, and advocacy groups through an encouraging, nonjudgmental approach. Pre-employment exploration workshops are offered in SPY's Digital Arts Lab and Food for the Soul garden program that help participants uncover professional interests and learn new skills. After a young person successfully obtains work or is accepted into school, our staff continues to support each individual as they transition into stability.

**Health & Wellness:** In partnership with Venice Family Clinic, comprehensive health clinics, information and referrals are provided onsite at SPY. Dental care, HIV testing, harm reduction interventions, health education workshops, and Medi-Cal signups are also offered. Additionally, in collaboration with LA County Department of Mental Health and the Exceptional Children's Foundation, mental health support is provided to youth through counseling, crisis intervention and relationship and trust building. Creative arts, music groups, writing workshops, yoga and mindfulness sessions are also provided through the Healing Arts component of this program.

**Housing Assistance:** As the Youth Coordinated Entry System (YCES) Regional lead for all of West LA, SPY works closely with agencies throughout the county to ensure that young people have equitable access to developmentally appropriate housing resources, including shelter, transitional housing, Rapid Rehousing, Permanent Supportive Housing, and supported connection to a young person's natural support system. SPY staff work hard to make efficient, fair housing matches, and provide ongoing support to all members once they are housed.

### **ST JOSEPH CENTER**

Administrative Offices: **204 Hampton Drive, Venice 90291** 310 396-6468  
<https://stjosephctr.org/> fax 310 392-8402  
Call Center 310-358-2835 (24-hour, non-urgent community concerns)  
general inquiries: [publicrelations@stjosephctr.org](mailto:publicrelations@stjosephctr.org)  
non-urgent community concerns: [community@stjosephctr.org](mailto:community@stjosephctr.org),

Va Lecia Adams, PhD, Chief Executive Officer	<a href="mailto:vadams@stjosephctr.org">vadams@stjosephctr.org</a>	x 304
Courtney Kanagi, V.P. of Programs	<a href="mailto:ckanagi@stjosephctr.org">ckanagi@stjosephctr.org</a>	x 333
Michael Brad, Lead Clinical Supervisor	<a href="mailto:mbrady@stjosephctr.org">mbrady@stjosephctr.org</a>	x 350

St. Joseph Center assists more than 7,000 homeless and low-income individuals and families through comprehensive case management and a variety of supportive services each year.

### **OUTREACH & ENGAGEMENT**

**Bread & Roses Café** serves hot, nutritious meals to homeless men, women and children in a welcoming, restaurant-style atmosphere that fosters dignity and respect for each individual. In place of a soup line, guests are provided with the ambience of a restaurant in which volunteers

act as waiters while diners eat a meal set at tables replete with tablecloths and fresh flowers. Homeless clients may access Bread & Roses Café through the Homeless Service Center.

**Countywide Benefits Entitlement Services Team (CBEST)** provides targeted advocacy to assist homeless men and women in obtaining sustainable income through such programs as SSI, SSDI, CAPI (DPSS), and the VA. These income streams are critical in helping people progress from homelessness to independent living.

**Coordinated Entry System (CES)** is the region-wide collaborative led by St. Joseph Center in Service Planning Area 5 (SPA 5) that coordinates outreach and housing placement efforts for homeless individuals on the Westside. In partnership with organizations such as nonprofits and government agencies, St. Joseph Center leads an effort that strategically pools resources, information and staff together to end homelessness, improve coordination among participating agencies, and increase the number of homeless people who obtain housing.

**Homeless Service Center (HSC)** provides long-term case management aimed at permanent housing, offers referrals for critical services such as substance abuse treatment, and makes emergency services, such as shelter placement, showers, laundry, and mailboxes available to homeless individuals and families.

*Address: 404 Lincoln Blvd., Venice 90291*

**Street Outreach/Housing Navigation Programs** engage homeless individuals living in recreational vehicles (RV) and other vehicles with the goal of enrolling them into case management services. Once a case manager is assigned, the case manager works to connect the individuals to a full continuum of services and to remove barriers that prevent them from accessing permanent housing.

**Venice C3** uses an innovative “County+City+Community” partnership approach. The C3 model systematically engages people living on the streets; provides immediate access to resources such as interim housing, urgent care, primary care, mental health services and substance use disorder treatment; and helps them regain health and housing stability.

## **HOUSING**

**Chronic Homeless Programs** in Santa Monica and Venice help the community’s most vulnerable homeless individuals obtain and maintain permanent supportive housing. The program focuses on serving persons who have been homeless for an extended period, are the most visible in the community, and may be high users of police, paramedic and emergency room resources.

**Coordinated Entry System for Families** is the region-wide collaborative led by St. Joseph Center that provides short-term rental assistance, resource referrals, and case management to homeless and at-risk families with children in an effort to support housing stability.

**Housing for Health** helps high utilizers of LA County public health resources obtain and maintain permanent supportive housing. This effort's goal is to provide permanent supportive housing, recuperative care, and specialized primary care to homeless people with complex physical and behavioral health conditions.

**Housing Services** assists people in securing and maintaining permanent housing using subsidized vouchers or in buildings constructed as affordable housing. The program provides case management and other direct client services. The goal of the program is to promote housing stability and self-sufficiency for clients

**Integrated Mobile Health Team** provides mental health, physical health and substance abuse services to chronically homeless individuals through a multi-disciplinary staff working as one team to help clients obtain and maintain permanent supportive housing.

**Rapid Rehousing** provides move-in assistance and short-term rental subsidies to households on the Westside and in South LA that are capable of quickly regaining and maintaining stability. It serves individuals, youth, and families who have relatively fewer barriers to self-sufficiency.

## **MENTAL HEALTH**

**Ánimo** provides traditional and non-traditional mental health services to underserved Latino families and individuals on the Westside. Ánimo offers mental health counseling; medical (in partnership with Venice Family Clinic), dental and vision care referrals; psychiatric treatment; substance abuse counseling; and spiritual guidance.

**Recovery, Resilience and Reintegration Services** provides mental health services to support housing stability, especially for formerly chronically homeless individuals.

**Monetary Advisory Program (MAP)** provides case management, money management, and financial literacy classes to at-risk adults living with mental illness. As the designated "representative payee," St. Joseph Center receives a person's public disability benefit (such as social security insurance and veteran's compensation) and works with the client to ensure that these benefits are first used to meet their basic needs (such as rent, food, and utilities), and often then to establish some form of savings.

**Santa Monica Youth Resource Team** works with Santa Monica youth, ages 16-24, to help them and their families address issues ranging from basic needs to housing, mental health and educational / vocational services. The program provides assertive case management, referrals and support services to both youth and their families.

**Senior Services/Prevention and Early Intervention** provides case management and mental health support aimed at improving low-income and homeless seniors' housing stability, overall functioning, and quality of life. Using case management, the program addresses client housing needs, provides advocacy for new or continuing government benefits, links seniors with In-Home Supportive Services, and ensures that nutritional, social and other needs are adequately met.



## **EDUCATION & VOCATIONAL TRAINING**

**Codetalk** trains low-income women in computer coding skills to help them obtain employment in the tech sector. In an intensive and rigorous 15 week program we provide the skills, tools, training, professional development and support so that our graduates can pursue entry level positions in the technology sector.

**Culinary Training Program** educates low-income adults in classical cooking techniques through hands-on classroom training and restaurant internship program. Our Internship Partners ensure that our students gain real-world professional experience. Based on their interests, students have been placed in 4 weeks internships at Partner sites ranging from institutional kitchens to fine dining restaurant

**Early Learning Center (ELC)** provides children 18 months to 5 years old the opportunity to learn, grow, and become self-sufficient, independent learners in a nurturing and socioeconomically diverse environment. For more information click [here](#). Dual Immersion classrooms provide both native English and Spanish-speaking children with the chance to become bilingual early in life through play, art, music and performance.

**Food Pantry** provides low-income, housed families and individuals with supplemental groceries and workshops designed to increase wellbeing and support progress toward self-sufficiency. Our Food Pantry provides nutritious foods including fruits and vegetables using a “Choice Model” that allows people to select their own food items—including proteins, specialty items, and fresh produce—in a supermarket-style setting as opposed to receiving pre-packaged bags of groceries. If you need food assistance, please contact our Food Pantry at 310-396-6468 ext. 313 to make an initial appointment.

**Veterans Representative Payee Program (VRPP)** provides at-risk adults and veterans (respectively) with case management, money management, financial literacy classes, and help finding and maintaining housing. VRPP serves homeless veterans, many with mental health and/or substance abuse issues. Support services provided include socialization and life skills training with a goal of moving veterans toward increased stability and self-sufficiency so that they will eventually be able to manage their own finances.

St. Joseph Center provides representative payee services, case management, money management assistance and financial literacy classes to adults and Veterans impacted by mental illness, disabilities and/or substance abuse.

## **SAMOSHEL & TURNING POINT INTERIM HOUSING** (see **The People Concern**)

### **SANTA MONICA COLLEGE - DISABLED STUDENT CENTER (SMC-DSC)**

1900 Pico Blvd, Santa Monica 90405

310 434-4265

Fax 310 434-4272

Nathalie Laille, Coordinator, [laille\\_nathalie@smc.edu](mailto:laille_nathalie@smc.edu), Ex. 4299

Primary goal is to integrate disabled students into all campus programs and activities, so that students can function independently in college. Services are based on individual needs and

include academic advisement, personal counseling, and special classes. Students may call or come by to schedule counseling appointments and learn more about our services.

**SANTA MONICA COLLEGE CENTER FOR WELLNESS & WELL BEING**

1900 Pico Blvd, Santa Monica 90405 Liberal Arts Building: LA – Room110 310 434-4503

Alison Brown, Ph.D., Coordinator [brown\\_alison@smc.edu](mailto:brown_alison@smc.edu)

Brief individual therapy and crisis intervention for Santa Monica College students.

**SANTA MONICA-UCLA MEDICAL CENTER**

1250 16th St, Santa Monica 90404

(424) 259-6000

<https://www.uclahealth.org/santa-monica/>

**BEHAVIORAL HEALTH ASSOCIATES**

2001 Santa Monica Blvd, Suite 860, Santa Monica, CA 90404

Appointments, general information: (310) 301-7396

**LES KELLEY FAMILY HEALTH CENTER**

310 319-4700

1920 Colorado Ave, Santa Monica 90404

Fax 310 393-5659

Michelle Bholat, MD, Clinical Director [mbholat@mednet.ucla.edu](mailto:mbholat@mednet.ucla.edu) 310 319-4728

Lynn Stephens, RN, FNP, Nurse Manager

Residency Administration 310 319-4709

The center is the home base of the UCLA Family Medicine Residency Program. This clinic provides services for patients at other agencies in the community which include Venice Family Clinic, Santa Monica College and the Salvation Army. Medi-Cal accepted.

**SANTA MONICA POLICE DEPARTMENT (SMPD)**

333 Olympic Drive, P.O. Box 2200 Santa Monica, CA 90401

310.395.9931

Police Chief Cynthia Renaud

General Email [police@smgov.net](mailto:police@smgov.net)

Community Affairs [community.affairs@smgov.net](mailto:community.affairs@smgov.net)

**Homeless Liaison Program**

310 458-8953

Provides law enforcement services and proactive crime prevention outreach programs.

**SANTA MONICA PUBLIC LIBRARY - REFERENCE DEPT/INFORMATION & REFERRAL SERVICE**

601 Santa Monica Blvd, Santa Monica 90401 (Main Library)

310 458-8600 (General Information)

310 434-2608 (Reference Services)

<https://smpl.org/>

**Fairview Branch**, 2101 Ocean Park Blvd., Santa Monica, CA

310 458-8681

**Montana Branch**, 1704 Montana Ave., Santa Monica

310 458-8682

**Ocean Park Branch**, 2601 Main St., Santa Monica

310 458-8683

**Pico Branch**, 2201 Pico Blvd., Santa Monica

310 458-8684

Serving the community with literature, programs, and information in all formats (books, magazines, newspapers, films, recordings, pamphlets, etc.) including information about social services. Public computers and internet access also available.

**SATURDAY CENTER FOR PSYCHOTHERAPY**

3201 Wilshire Blvd, #201, Santa Monica 90403

310 829-7997

**<http://saturdaycenter.org/>**

**E-mail. [inquiries@saturdaycenter.org](mailto:inquiries@saturdaycenter.org)**

Founded in 1982, the center serves individuals, couples, and families. Our orientation is long-term psychodynamic with clinical attention paid to both the interactions between the therapist/client and the present/past experiences of the client. We also work with persons in crisis and those who have specific short term goals.

Our training program for therapists focuses on advanced psychodynamic work with the client with a specific focus on attending to the process occurring between therapist and client. Therapists are trained to recognize and make use of the therapist's countertransference. Therapists are encouraged to continue working with their clients upon completion of our 2 year training program. The training program is conducted in a private practice setting with the goal of preparing the trainee for work in private practice.

**SCHOOL ON WHEELS INC. TUTORING THE HOMELESS CHILDREN SINCE 1993**

Ventura Resource Center: P.O. Box 23371 Ventura, CA 93002

805 641-1678

Toll Free Number: 800 923-1100

**[www.schoolonwheels.org](http://www.schoolonwheels.org)**

Email: **[contact@schoolonwheels.org](mailto:contact@schoolonwheels.org)**

School on Wheels provides academic tutoring to children living in shelters, motels, cars, group foster homes and on the streets in Southern California. We provide homeless students stability in a time of stress and transition, and help them achieve educational success so that they may break the cycle of homelessness and poverty. We offer one-on-one weekly tutoring, school supplies, assistance in entering school, help in locating lost records, scholarships, guidance for parents in educational matters for their children and a Learning Center located in the heart of Skid Row.

**LAC DMH Service Area Advisory Committee 5 (SAAC 5) Co-Chairs**

Fay Craton, MA, LMFT (Private Practice) and Loyola Marymount University

[Fay.Craton@LMU.edu](mailto:Fay.Craton@LMU.edu)

8632 S. Sepulveda Blvd, Suite 200, Los Angeles 90045 424-259-1960

Yolanda Becerra-Jones

**[y.becerrajones@gmail.com](mailto:y.becerrajones@gmail.com)**

Laurie Williamson

**[Lr\\_williamson@yahoo.com](mailto:Lr_williamson@yahoo.com)**

Cell: 415 867-2545

The SAAC's are community groups established by the Dept of Mental Health, whose purpose is to advise on mental health issues. There are 8 SAAC's in Los Angeles County. SAAC 5 covers the geographic area of Malibu to south of LAX, the ocean to La Cienega Blvd. Meetings are held on the 4<sup>th</sup> Tuesday of each month (except June and December) from 3:00 to 5:00 pm. Anyone interested is welcome to attend. Meetings are held in various locations. Call (310) 482-6600 to

confirm location.

**SEVEN GENERATIONS CHILD & FAMILY COUNSELING SERVICES**

1125 W. 6<sup>TH</sup> St., Suite 103, Los Angeles 90017

213 241-0979

[7generations@uaii.org](mailto:7generations@uaii.org)

Fax: 213 241-0925

Culturally appropriate mental health and support services organized into a coordinated network in order to meet the unique clinical and functional needs of American Indian/Alaska Native children, youth and families. They also offer the Red Pages resource directory for American Indian/Alaska Natives in Los Angeles County.

**SHARE! the Self-Help And Recovery Exchange**

[www.shareselfhelp.org](http://www.shareselfhelp.org)

[info@shareselfhelp.org](mailto:info@shareselfhelp.org)

SHARE! Culver City, 6666 Green Valley Circle Culver City CA 90230

310.305.8878

SHARE! Downtown, 425 S. Broadway Los Angeles 90013

213 213-0100

SHARE! Recovery Retreat

626 677-3850

Toll-Free Housing and Self-help Support Group Referrals

1 877 SHARE-49

Administration Offices

310 846-5270

Ruth Hollman, Executive Director [ruth@shareselfhelp.org](mailto:ruth@shareselfhelp.org)

Jason Robison, Program Director [jason@shareselfhelp.org](mailto:jason@shareselfhelp.org)

Libby Hartigan, Director of Training and Quality Assurance, [libby@shareselfhelp.org](mailto:libby@shareselfhelp.org)

**Self-help Support Group Clearinghouse for Los Angeles County** Countywide referrals to 12,000 self-help support group meetings for all issues, conditions, life transformations and addictions. 1-877-SHARE-49.

**SHARE! Self-Help Centers** SHARE! operates self-help centers at Culver City and Downtown Los Angeles that provide meeting space for self-help support groups of all kinds ranging from mental health issues, anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals, etc. Meetings pay a percentage of their donations so that there is no rent pressure and it is easy to start a new meeting. Each meeting room is furnished like a living room, with the exception of our writing room, which has a conference table and chairs. We provide space for sober dances, self-help marathon meetings and conferences.

**SHARE! Recovery Retreat** provides a free home away from home for up to two weeks filled with intensive recovery activities, including self-help support groups, independent living skills, conflict resolution and paths to achieving goals. People learn in a homey environment, living together as a family with every participant being part of the shared leadership of the house. Free to any mental health consumers in Los Angeles County. 626 677-3850

**SHARE! Collaborative Housing** is a public-private partnership to provide affordable, permanent, supportive housing to disabled people in single-family houses throughout Los Angeles County. People with similar issues, such as vets, mental health consumers, people with

diabetes, trauma issues, etc. live like college roommates, each paying very affordable rent in a fully-furnished house. The Collaborative Housing Homeowner furnishes the house, pays all utilities, does not collect a Security Deposit and does not require resident to pay for a credit or background check. Residents pay rent from their disability checks or other income directly to the Homeowner. We always have vacancies as we add new houses constantly. This project is supported by the L.A. County Department of Mental Health. For more information, call [1-877-SHARE-49](tel:1-877-SHARE-49) (toll-free) or [\(310\) 846-5271](tel:310-846-5271) today! Housing referrals are made from 1 to 3 pm weekdays by phone, or walk in to SHARE! Culver City or SHARE! Downtown for a referral in person.

**Volunteer-to-Job Program** that gives anyone a meaningful job at SHARE! no matter how limited their skills or debilitating their symptoms. SHARE! trains and encourages our Volunteer-to-Jobs participants until they develop the skills and confidence to obtain an unsubsidized job either at SHARE! or in the community.

**Free SHARE! Peer Specialist Training:** SHARE! Advanced Peer Specialist Training is a free training for people who are or would like to be peers in the mental health system. It consists of three consecutive courses: (1) Peer Services 101, (2) SHARE! Peer Toolkit & (3) Peer Bridging. Applications are available on our website [www.shareselfhelp.org](http://www.shareselfhelp.org)

**Technical assistance** for new and ongoing self-help support groups. We can help with formation, meeting content, format, publicity, problems and finding meeting space.

**Open literature policy** SHARE! accepts materials for distribution at our centers. Emailed flyers will be posted. Drop off or mail flyers and they will be distributed at all our locations.

### **SIMMS/MANN HEALTH AND WELLNESS CENTER**

West Service Planning Area – SPA 5

2509 Pico Boulevard, Suite 320, Santa Monica 90405

310 998-3204

Condessa Curley, MD, Area Medical Director

Fax 310 315-0909

Jan King, MD, MPH, Area Health Officer

Mei Lien Chu, RN, MSN, MHA, Nurse Manager

Keisha Davis, Facility Administrator

Offers STD testing only, on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month.

### **SOCIAL SECURITY ADMINISTRATION**

11500 W. Olympic Blvd. #300, Los Angeles 90064

[ssa.gov](http://ssa.gov)

800 772-1213

Serving WLA and surrounding cities, including zip codes 90024, 90025, 90049, 90064, 90066, 90073, and 90077.

### **SOBER LIVING NETWORK**

PO Box 5235, Santa Monica 90409

310 396-5270

[slnetwork@earthlink.net](mailto:slnetwork@earthlink.net)

[www.soberhousing.net](http://www.soberhousing.net)

Fax 310 584 4540

Referrals for LA, Orange, Riverside, San Bernardino and San Diego Counties 800 799-2084  
Sober living homes are affordable, alcohol and drug free recovery support housing providing positive environments that facilitate peer group recovery support. Sober housing promotes individual recovery by providing healthy and sober environments that allow residents to develop individual recovery programs and become self supporting. Coalitions meet monthly and Member homes are peer reviewed by coalition members to meet the Coalition's health, safety and management requirements.

### **SOCIAL MODEL RECOVERY SYSTEMS**

223 E. Rowland St., Covina 91723 626-332-3145

Bruce Boardman, Chief Executive Officer

Tim Stevens, Chief Operating Officer

Chris Abernathy, Senior Director of Treatment Services

Dawn Dades, Senior Clinical Director

Judy Redman, Director of Education and Training

Mike Schaub, Senior Director of Community Relations

John Kirby, Director of Development

Sylvia Reed-Drake, Director of Screening and Assessment

Fax. 626-974-4164

[bruceb@socialmodel.com](mailto:bruceb@socialmodel.com)

[tims@socialmodel.com](mailto:tims@socialmodel.com)

[chrisa@socialmodel.com](mailto:chrisa@socialmodel.com)

[dawnd@socialmodel.com](mailto:dawnd@socialmodel.com)

[judy@socialmodel.com](mailto:judy@socialmodel.com)

[mikes@socialmodel.com](mailto:mikes@socialmodel.com)

[johnk@socialmodel.com](mailto:johnk@socialmodel.com)

[sylvia@socialmodel.com](mailto:sylvia@socialmodel.com)

A non-profit agency providing multiple treatment, recovery, prevention, education, and wellness programs and services in Los Angeles and Orange Counties.

### **River Community**

23701 East Fork Road, Azusa 91702 626-250-3291

Justin Womer, Program Director

Gustavo Solis, Evening Supervisor

Fax. 626-910-1380

[justinw@socialmodel.com](mailto:justinw@socialmodel.com)

[gustavos@socialmodel.com](mailto:gustavos@socialmodel.com)

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

### **River Community Covina**

510 S. Second Ave. #6, Covina 91723

626-974-8123

Fax. 626-974-8198

Jo Waid, Regional Program Director of Adult Outpatient Services [jow@socialmodel.com](mailto:jow@socialmodel.com)

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

### **River Community Wellness**

510 S. Second Ave. #7, Covina 91723

626-332-7788

Fax. 626-966-2799

Jo Waid, Regional Program Director of Adult Outpatient Services [jow@socialmodel.com](mailto:jow@socialmodel.com)

A Wellness Program that provides long term wellness service to individuals who are looking to return to work, school, or other activities.

**Pasadena Council on Alcoholism and Drug Dependence**

1245 E. Walnut St., Suite 117, Pasadena 91106      626-773-4364      Fax. 626-795-0979  
Jo Waid, Regional Program Director of Adult Outpatient Services      [jow@socialmodel.com](mailto:jow@socialmodel.com)

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

**Touchstones Residential / Outpatient**

P.O. Box 849, Orange 92856      714-639-5546      Fax. 714-639-5037  
Kelly Seiker, Program Director      [kellyjos@socialmodel.com](mailto:kellyjos@socialmodel.com)  
Malkia Bennett, Program Coordinator      [malkiak@socialmodel.com](mailto:malkiak@socialmodel.com)

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems; an Outpatient Program that provides counseling, group services, and 12 step meetings for youth with substance abuse disorders and/or co-occurring mental health issues.

**Mariposa**

453 S. Indiana St., Los Angeles 90063      323-266-7726      Fax. 323-266-7742  
Melanie Arellano, Program Director      [melaniea@socialmodel.com](mailto:melaniea@socialmodel.com)

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

**Omni Center**

3430 Cogswell Road, El Monte 91732      626-453-3406      Fax. 626-453-3410  
After Hours: 626 622-7219  
Monique Schulte, Program Director      [moniquem@socialmodel.com](mailto:moniquem@socialmodel.com)  
Sara Kurtz, Outpatient Program Director      [sarak@socialmodel.com](mailto:sarak@socialmodel.com)

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems; an Outpatient Program for men who have alcohol and other drug use problems; and a low cost shelter for homeless individuals with mental health problems.

**Mid Valley Outpatient**

3131 Santa Anita Ave., Suite 1128, El Monte 91732      626-636-2370      Fax. 626-453-3415  
Jo Waid, Regional Program Director of Adult Outpatient Services      [jow@socialmodel.com](mailto:jow@socialmodel.com)



An Outpatient Program that provides aftercare for our residential sites for individuals with substance abuse issues, co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

### **Stepping Stones**

17727 E. Cypress St., Covina 91722                      626 858-4920                      Fax 626-858-4923  
Patricia Flood, Program Director                      [patriciaf@socialmodel.com](mailto:patriciaf@socialmodel.com)  
A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

### **Bimini**

155 S. Bimini Place, Los Angeles 90004                      213 388-1937                      Fax 213 388-1317  
Feliipe Kaiser, Program Director                      [feliipek@socialmodel.com](mailto:feliipek@socialmodel.com)  
A residential treatment program for men and women who have a self-diagnosis of a substance abuse disorder, specializing in treatment for Veterans of our Armed Forces.

### **Rena B**

4445 Burns Ave, Los Angeles 90029                      323 664-8969                      Fax 323 664-1786  
Raymond Monk, Program Director                      [raymondm@socialmodel.com](mailto:raymondm@socialmodel.com)  
A residential treatment program for men and women that provides a safe, structured, and supportive living environment for adults struggling with drug and alcohol addictions.

### **Royal Palms**

360 Westlake Ave., Los Angeles 90057                      213 483-9202                      Fax 213 382-0136  
Michael Barnes, Program Director                      [michaelb@socialmodel.com](mailto:michaelb@socialmodel.com)

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems.

### **UCEPP (United Coalition East Prevention Project)**

804 E. 6<sup>th</sup> St., Los Angeles 90021                      213 622-1621                      Fax 213 622-1873  
Zelenne Cardenas, Director of Prevention Services                      [zelenne@socialmodel.com](mailto:zelenne@socialmodel.com)  
Charles Porter, Prevention Coordinator                      [charlesp@socialmodel.com](mailto:charlesp@socialmodel.com)

A program whose mission is to engage the most vulnerable populations of Central City East to challenge systemic conditions and social disparities that threaten a healthy environment and to prevent and/or reduce the impact of drugs, alcohol, and tobacco in the community by using grassroots research, assesment and innovative approaches to inspire social justice and positive change.

### **CCERP (Community Centered Emergency Room Project)**

2118 E. 1<sup>st</sup> St., Los Angeles 90033                      323 859-8443                      Fax 323 859-8447  
Zelenne Cardenas, Director of Prevention Services                      [zelenne@socialmodel.com](mailto:zelenne@socialmodel.com)

A community prevention project surrounding Los Angeles County + University of Southern California Medical Center (LAC + USC MC) whose two-pronged approach is to provide targeted outreach to the Needs Special Assistance (NSA) population to establish linkages and enhance community engagement in order to reduce risk factors.

### **DRUG FREE ANAHEIM**

Anaheim Police Department, 425 S. Harbor Blvd., Anaheim 92805 714 357-2841

Screening Line: 626 332-3145 option #1

Colin Womer, Project Coordinator

[colinw@socialmodel.com](mailto:colinw@socialmodel.com)

Sylvia Reed-Drake, Director of Screening and Assessment

[sylvia@socialmodel.com](mailto:sylvia@socialmodel.com)

A collaboration with the City of Anaheim and the Anaheim Police Department, where community members can walk into the police station and voluntarily ask for, and receive, treatment.

### **SOJOURN (see The People Concern)**

### **SOUTHERN CALIFORNIA HOSPITAL AT CULVER CITY**

3828 Delmas Terrace, Culver City 90232

310 836-7000

Barbara Neefs, Director Behavioral Health Unit – Detox – IOP

310 836-7000 ex. 6611

[barbara.neefs@schospitals.com](mailto:barbara.neefs@schospitals.com)

Fax: 310 202-4129

#### **Behavioral Health**

Central Intake Number: 800 565-0558

Fax: 818 530-0515

Behavioral Health Unit: 310 202-4793

Fax: 310 202-4129

#### **Miracles Detox**

Intake Number: 888 800-2768

Intake Coordinator: Felicia Mitchell 562 583-5799

Chemical Dependency: 310 836-7000 ex. 6700 or 310 840-7020

Fax: 310 840-7063

#### **IOP Program**

Intensive Outpatient 310 815-3145

Fax 310 815-3159

Program Coordinator: Hope Wilkinson

Adult mental health programs featuring Acute Inpatient Psychiatric Services, Medi-Cal Contracts, 24 hour intake, and intensive Outpatient Psychiatric Program.

Adult Chemical Dependency Services featuring Inpatient, Day Treatment and Evening Outpatient. Intensive Outpatient, 24 hour emergency room, acute rehab. Also takes private insurance, HMO and PPO.

We currently have 101 inpatient psychiatric beds for voluntary and conserved patients. We offer IOP (Intensive Outpatient) program during weekdays and are in the process of expanding our IOP to include an evening program as well. We also have 18 inpatient medical detox beds available.

All our clients are being seen by a psychiatrist (or affiliate) and medical consultant daily. We offer a wide range of group therapies, discharge planning, individual psychotherapy, medication management, milieu therapy, and rehabilitation therapy. Our nurses are specialized in providing mental health care and they will approach our clients through assistance with daily living needs, individualized sessions and medication administration. We provide services in all languages using the interactive Stratus language modus.

### **SOUTHERN CALIFORNIA PSYCHIATRIC SOCIETY**

2999 Overland Ave, Ste 208, Los Angeles 90064

310 815-3650

[scps2999@earthlink.net](mailto:scps2999@earthlink.net)

Fax

310 815-3653

SCPS is a comprehensive medical association with a professional agenda:

To advocate for quality patient care

To enhance your professional development through continuing education

To protect your professional interests

To create a collegial network where you can work on special interests with like minds, sharing insights leading to positive action

To provide a forum for the development of your professional leadership capabilities at Council, regional, committee, state and national levels

To allow you, through organized action, to determine what is strategically important and work towards desired professional outcomes

To provide timely information and response on critical issues

### **SOVA COMMUNITY FOOD & RESOURCE PROGRAM (Jewish Family Service of Los Angeles)**

16439 Vanowen Street, Van Nuys 91406

818 988-7682

Email: [sova@jfscla.org](mailto:sova@jfscla.org) Fax: 818 988-7683

Director: Fred Summers

[fsummers@jfscla.org](mailto:fsummers@jfscla.org)

Client Services Manager: Lynda Alter

[lalter@jfscla.org](mailto:lalter@jfscla.org)

**Valley Pantry** 16439 Vanowen St, Van Nuys CA 91406

818-988-7682

Sunday 9:00 am - 12:00 noon

(Open every Sunday except holiday weekends)

Monday 10:00 am - 1:30 pm

Tuesday 10:00 am - 1:30 pm

Wednesday 10:00 am - 1:30 pm

Thursday 10:00 am - 1:30 pm

**West Pantry** 8846 W. Pico Blvd., Los Angeles 90035

Sunday 9:00 am - 12:00 noon

(Open every Sunday except holiday weekends)

Monday 10:00 am - 1:30 pm

Tuesday 10:00 am - 1:30 pm  
Wednesday 10:00 am - 1:30 pm  
Thursday 10:00 am – 1:30 pm

**Services:**

Provides a six-day supply of groceries once a month for each eligible household member, and provides groceries twice a month for people who are homeless. Comprehensive services are provided on site, such as: Information and referrals for homeless services, employment, housing, medical, mental health, substance abuse & other needs; professional counseling and case management by JFS social workers; vocational, legal and homeless services; food stamp and MediCal enrollment by DPSS. Services available in Spanish, Russian, Farsi, and Hebrew. New clients are advised to arrive by the time the pantry first opens in the morning in order to register as a new participant and receive the complete program orientation. SOVA serves people in 84 ZIP codes; phone ahead to be sure you live in a ZIP code they serve.

**SOVEREIGN HEALTH GROUP** (Substance Abuse and/or Mental Health treatment)

Call anytime for a confidential assessment and admission information:

[www.sovcal.com](http://www.sovcal.com)

**Business Development/Outreach Representative: Marla Corburn 310-428-0190**

**Locations:** Adult services: Los Angeles; San Clemente, CA; Palm Desert, CA; Fort Myers, FL.  
Adolescent services: Rancho San Diego, CA

**Services:** Sovereign Health is Joint Commission Accredited and Dually Licensed to treat Primary Mental Health with or without a Substance Use Disorder. **We offer all levels of care from Licensed Detox, Residential, Partial Hospitalization and Intensive Outpatient Programs with Supportive Housing for Adults.** Sovereign provides evidence-based treatment in a safe, comfortable, non-hospital setting for a variety of mental health disorders including depression, anxiety disorders, PTSD, OCD, bipolar disorder, schizophrenia, schizoaffective disorder, and borderline personality disorder. Sovereign Health is a resource and solution for psychiatric hospitals, psychiatrists, medical doctors, therapists, and families with a patient or a loved one who needs a structured and clinically-based residential program for the treatment of, and recovery from existing mental health conditions.

- **We work with most Private Insurances (PPO, EPO and HMO)** and are able to devise a financial plan that works for each patient.
- We offer a **Foundations scholarship program** for clients who have no insurance and no Medicaid, MediCal or Medicare.
- We provide an experienced Admissions Representative who will work closely with the referent, potential patient and family to develop a rapport and create a sense of trust and safety during the process.
- We provide transportation.

Upon discharge, if requested, we will schedule an appointment for your client to return to your care to continue the treatment plan. We believe that a full continuum of care is required to make

a solid recovery. Eating disorder program available in San Clemente, CA. and Adolescent program in Rancho San Diego, CA.

**S.P.Y. (see Safe Place for Youth)**

**STATE DEPT. OF REHABILITATION**

[www.dor.ca.gov](http://www.dor.ca.gov)

**Los Angeles County West Offices:**

Culver City Branch

310-559-6140 (Voice)

6125 Washington Blvd., Suite 200

Culver City CA 90232-7458

Westchester Branch

323-298-2500 (Voice)

5120 Goldleaf Circle, Suite 360

844-729-2800 (TTY)

Los Angeles CA 90056

**STEP UP ON SECOND, INC.**

1328 Second Street, Santa Monica 90401

310-394-6889

[www.stepuponsecond.org](http://www.stepuponsecond.org) [info@stepuponsecond.org](mailto:info@stepuponsecond.org)

Fax 310 394-6883

Our Mission: Step Up delivers compassionate support to people experiencing serious mental illness to help them recover, stabilize and reintegrate into the community. Through dynamic partnerships, we provide positive social and learning environments, vocational training, permanent supportive housing opportunities, and recovery services to empower individual to cultivate lives of hope and dignity. We exercise innovative leadership and advocacy to increase public understanding, support and acceptance of all people living with mental illness.

Tod Lipka, President and CEO

ext 1626

[tod@stepuponsecond.org](mailto:tod@stepuponsecond.org)

Barbara Bloom, LCSW, Chief Operations Officer

ext 1624

[barbara@stepuponsecond.org](mailto:barbara@stepuponsecond.org)

**Open Monday through Friday from 8:30 a.m.-5:00 p.m.,** Step Up on Second offers a day recovery client run center with recovery, social and educational groups; advocacy; homeless supports; job and vocational training; DMH Mental Health Services such as mental health, case management, medication support; and permanent supported housing programs to adults diagnosed with serious mental illness. Specialized Programs include – LACDMH Full Service Partnership (FSP) and Assisted Outpatient Program (AOT), Medication and Therapeutic Supports (TRP), DOR Employment Training and Job Placement Program, and City of Santa Monica Homeless Support Programs. Step Up on Second, Step Up on 5<sup>th</sup>, Step Up on Colorado and Daniel's Village are 4 of our permanent supported housing projects located in Santa Monica. Step Up on Vine, Michael's Village and The Tammy are located in Hollywood. Step Up has expanded its services to Orange, San Bernardino and Riverside Counties. See county directories for more information.

**CLIENT RUN CENTER AND VOCATIONAL SERVICES AND FRESH START MARKET**

Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities

Amy Stone, Chief Vocational Services Officer

ext 1619

[amy@stepuponsecond.org](mailto:amy@stepuponsecond.org)

Len Lovallo, Director of Vocational and Client Run Services ext 1650 [len@stepuponsecond.org](mailto:len@stepuponsecond.org)

Lance Moore, MA, Member Services/Intakes ext 1653 [lance@stepuponsecond.org](mailto:lance@stepuponsecond.org)

**DMH ADULT FSP, AOT, RRR (FCCS) AND MEDICATION SUPPORT SERVICES (SA 5)**

David Tavlin, VP Clinical Programs ext 1232 [david.t@stepuponsecond.org](mailto:david.t@stepuponsecond.org)

Golena Akhteh, LMFT, Director Clinical Programs, Service Area 5 ext 1622 [tmoldin@stepuponsecond.org](mailto:tmoldin@stepuponsecond.org)

Annette Hester, LVN, Director Medication Support and Nursing Services ext 1425 [annette@stepuponsecond.org](mailto:annette@stepuponsecond.org)

**PERMANENT SUPPORTIVE HOUSING and LIFE SKILLS PROGRAMS**

Aaron Criswell, MA, VP of Supportive Services ext 1515 [aaron@stepuponsecond.org](mailto:aaron@stepuponsecond.org)

Mark Melvin, ACSW, Director of Supportive Services SA 4 & 5 ext 1632 [mmelvin@stepuponsecond.org](mailto:mmelvin@stepuponsecond.org)

**DANIEL'S PLACE - A program of Step Up on Second**

**1619 Santa Monica Blvd, Santa Monica, CA 90404**

310 392-5855

[www.danielsplace.org](http://www.danielsplace.org)

Fax 310 453-4817

[dp@stepuponsecond.org](mailto:dp@stepuponsecond.org)

- drop-in and resource center for homeless and non-homeless Transition Age Youth (TAY) up to age 28 experiencing early symptoms of, or diagnosed with a mental illness. Daily support and peer mentoring; robust and engaging group activity schedule; general community assistance and case management; linkage to additional mental health services at DP. Low barrier environment; access to shower and laundry services; support groups; CES and advocacy will be provided.
- Family NAMI support by Family Peer Advocate. Community presentations, education and outreach available.
- Intakes, Recovery, Resilience and Reintegration, Peer and Clinical Services, Groups and Family Support, Drop In
- **TAY Full Service Partnership (FSP) and Recovery, Resilience and Reintegration (RRR) at Daniel's** Specialized comprehensive clinic and field based mental health and case management services for TAY **18-28 years of age**, funded by MHSA LACDMH. Community, family and institutional referrals accepted.
- **SEIPS – Supported Employment for Youth Programs**

Daniel's Place -	HOURS OF OPERATION:	
MONDAY	7:30 am to 4:00 pm	BY APPOINTMENT ONLY. (NO DROP IN SERVICES)
TUESDAY TO FRIDAY	10:00 am to 7:00pm	Hot Meal for Homeless Youth Served at 5:00 pm
SATURDAY	9:30 am to 5:30 pm	Hot Meal for Homeless Youth Served at 1:00 pm
SUNDAY	9:00 am to 1:00 pm	Hot Meal for Homeless Youth Served at 11:00 am

<b>DANIEL'S PLACE PROGRAM STAFF</b>	<b>EXT</b>	<b>EMAIL</b>
Maria Jeffery, LCSW Program Manager	x 1721	<a href="mailto:mjeffery@stepuponsecond.org">mjeffery@stepuponsecond.org</a>
Kyle McCurdy, LCSW, Lead Service Coordinator III	x 1711	<a href="mailto:kmccurdy@stepuponsecond.org">kmccurdy@stepuponsecond.org</a>
Shelley Hoffman, Parent/Family Advocate NAMI	x 1718	<a href="mailto:shelley@stepuponsecond.org">shelley@stepuponsecond.org</a>

**STEP UP ON SECOND – FCCS PLUS Program (SA5)**

**FSP and Recovery, Resilience and Reintegration (RRR) Adult and TAY.** Specialized comprehensive, clinic and field based mental health, medications support and case management services funded by MHSA LACDMH. Community, family and institutional referrals accepted  
 3435 Ocean Park Blvd, Suite 207, Santa Monica, CA 90405 (310) 392-9474

Golena Akhteh, LMFT, Director of Clinical Programs Service Area 5	x 1424	Fax (310) 392-7341 <a href="mailto:golena@stepuponsecond.org">golena@stepuponsecond.org</a>
Jai Long, MFTI, Lead Service Coordinator	X1430	<a href="mailto:jai@stepuponsecond.org">jai@stepuponsecond.org</a>

**STEP UP ON SECOND – HOLLYWOOD HOMELESS SERVICES PROGRAMS (SA 4)**

**6762 Lexington Ave, Hollywood, CA 90038 (323) 380-7590 fax (323) 380-7591**

**FSP and RRR/FCCS Adults and TAY and Youth Demonstration Project TAY**

**TAY and Adult Intensive Field Based Services – Full Service Partnerships**

**SEIPS – Supported Employment for Youth Programs**

David Tavlin, VP Clinical Programs	X 1232	<a href="mailto:david.t@stepuponsecond.org">david.t@stepuponsecond.org</a>
Emily James, LCSW Director Clinical Programs Service Area 4	x 1332	<a href="mailto:emily@stepuponsecond.org">emily@stepuponsecond.org</a>

**WEHO and DMH Homeless FSP and Housing Support for SA 4 and The City of West Hollywood**

Jill Drenth, LCSW Program Manager	x 1352	<a href="mailto:jill@stepuponsecond.org">jill@stepuponsecond.org</a>
Clifford Roberts, LCSW, Lead SC III	x1343	<a href="mailto:clifford@stepuponsecond.org">clifford@stepuponsecond.org</a>

**WEHO MIT**

<b>DHS – ICM</b>	x1331	<a href="mailto:mmelvin@stepuponsecond.org">mmelvin@stepuponsecond.org</a>
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Mark Melvin, ACSW Director of Supportive Services SA 4 and 5

**STEP UP VETERANS HOUSING PROGRAM and SSVF for Veterans**

**(HUD VASH and Supportive Services for Veteran Families)**

**933 North La Brea Ave, Los Angeles, CA 90038**

**Office: Phone: 323-499-2650**

Marc van Asselt, LCSW Director of Veterans Services	x2101	<a href="mailto:marc@stepuponsecond.org">marc@stepuponsecond.org</a>
Rebecca Ricci, LMFT, Program Manager HUD VASH	x2109	<a href="mailto:rricci@stepuponsecond.org">rricci@stepuponsecond.org</a>



**STUART HOUSE, SANTA MONICA-UCLA MEDICAL CENTER**1250 16<sup>th</sup> Street, Santa Monica, CA 90404

424 259-7100

Sandra Palamara, Ph.D., Clinical Director [spalamara@mednet.ucla.edu](mailto:spalamara@mednet.ucla.edu)

Fax: 424 259-7080

<https://www.uclahealth.org/santa-monica/rape-treatment><https://www.therapefoundation.org/stuart-house>

Stuart House was established in 1988 by the Rape Treatment Center at Santa Monica-UCLA Medical Center. Stuart House provides comprehensive and specialized services for sexually abused children and their caregivers in a child-friendly facility located in Santa Monica, California. Services include expert forensic interviews and evidentiary medical examinations, advocacy and individualized child and family therapy to help children and their caregivers cope with the traumatic effects of sexual abuse.

Stuart House services are provided free of cost. Stuart House does not ask for any financial or insurance information and we do not bill insurance or state victim compensation. To enhance access to Stuart House services, we can help families who cannot afford to pay for transportation on their own.

Stuart House provides on-site therapy services that are sexual abuse-focused and include crisis intervention services as well as longer-term psychotherapy for child victims and their non-offending family members or other caretakers. Stuart House therapists have had extensive training and experience in treating child victims of sexual abuse and utilizing evidence-based clinical interventions. Stuart House therapists are licensed clinical social workers, psychologists and marriage and family therapists. The therapists conduct thorough clinical and trauma-specific assessments that include standardized assessment tools. All child victims receive individual therapy as do their caregivers as a primary modality. Group and/or family treatment may be used to augment these interventions. Therapy services are available in English and Spanish.

**SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES** (a program of DidiHirsch) [spcdh@didihirsch.org](mailto:spcdh@didihirsch.org)

10277 W. Olympic Blvd., Century City, 90067

24 Hour Crisis Hotline

800 273-8255

Patricia Speelman, LMFT, Division Director

424-362-2900

Rick Mogil, Program Director, Prevention and Bereavement Services

424 362-2912

*Services provided:* We are a core center for the National Suicide Prevention Lifeline 1-800-273-8255, offer Training and Outreach services, Survivor after Suicide (SAS) bereavement services, Survivor of Suicide Attempts services, and Suicide Prevention Counseling Center therapy services.

Attempt Survivor groups – Patricia Speelman, LMFT

424 362-2900

**LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH****SUBSTANCE ABUSE PREVENTION AND CONTROL**

1000 S. Fremont Ave., Building A-9 East, 3rd Floor, Alhambra 91803

626 299-4135

John Connolly, Ph.D., Interim Division Director

[jconnolly@ph.lacounty.gov](mailto:jconnolly@ph.lacounty.gov)

Lydia Becerra, Public Relations

[lybecerra@ph.lacounty.gov](mailto:lybecerra@ph.lacounty.gov)

626-293-2949

<b>Main Contact Numbers for the Public and Providers</b>	
<b>Substance Abuse Service Helpline (SASH)</b> For Screening and Referral to Treatment	<b>(844) 804-7500 (Toll Free)</b>
<b>Complaints and Grievances</b> Submit Issues Related to the County or Network Provider	Phone: 1-626-299-4532 Fax: 1-626-458-6692 Email: <a href="mailto:SAPCMonitoring@ph.lacounty.gov">SAPCMonitoring@ph.lacounty.gov</a>
<b>Sage: Electronic Health Records System</b> For Provider Inquiries and Assistance	(855) 346-2392

### **SUNRISE COMMUNITY OUTREACH CENTER TATTOO REMOVAL**

2105 Beverly Blvd., Suite 219, Los Angeles 90057

213 483 2655

[www.sunriseoutreach.org](http://www.sunriseoutreach.org)

Sunrise Community Outreach Center provides low cost / no cost laser tattoo removal treatments by licensed and insured nurse practitioners and physicians. We also provide life-skills counseling and referrals. We are committed to empowering people to change their lives for the better by erasing unwanted tattoos. Free consultations.

### **SUSAN B. KREVOY EATING DISORDERS PROGRAM at Wright Institute Los Angeles**

**See listing under Wright Institute**

**BONNIE TAUBER, Psy.D. (Private Practice)**

310 393-5222

4640 Admiralty Way, Suite 500

Marina del Rey, CA 90292

[Psych4LA@aol.com](mailto:Psych4LA@aol.com)

Licensed Clinical Psychologist specializing in working with teenagers and adults with a wide range of disorders, utilizing a heart-centered approach and cognitive behavioral focus.

### **THE PEOPLE CONCERN** (OPCC and Lamp Community)

2116 Arlington Ave., Suite 100, Los Angeles 90018

323.334.9000

[www.ThePeopleConcern.org](http://www.ThePeopleConcern.org)

[customerservice@thepeopleconcern.org](mailto:customerservice@thepeopleconcern.org)

One of Los Angeles County's largest social services agencies, The People Concern was formed in 2016 in a merger of two trusted social service organizations based in Los Angeles County, OPCC and Lamp Community. Informed by more than fifty years of work in the community, The People Concern is a leading provider of, and advocate for, evidence-based solutions to the multi-faceted challenges inherent in homelessness and domestic violence.

### **SANTA MONICA SERVICES**

**Access Center** 310 450-4050

503 Olympic Blvd. SM 90404

The Access Center program is outreach and street medicine teams and serves as the primary entry

point for homeless and no income men, women and families. The Access Center provides mental health services, medical care, case management, benefits assistance and a broad range of engagement and basic living services (including meals, clothing, mail service, showers, laundry and lockers).

**Interim Housing (Daybreak, Safe Haven, SAMOSHEL & Turning Point)**

Daybreak: 1751 Cloverfield Blvd, SM 90404 310 450-0650

Safe Haven: 1751 Cloverfield Blvd, SM 90404 310 883-1222

SAMOSHEL: 505 Olympic Blvd., SM 90404 310 450-4050

Turning Point: 1447 16<sup>th</sup> St., SM 90404 310 828-6717

Safe Haven, SAMOSHEL, and Turning Point provide interim housing and supportive services for homeless men and women, and Daybreak provides services specifically for homeless, mentally ill women. Services include: outreach and engagement, interim and permanent housing services, mental healthcare, medical care, benefits assistance, substance abuse interventions and life skills programs.

**Sojourn**

310 264-6646 X228

1453 16th St, SM 90404

Hot Line: 310 264-6644

Sojourn serves victims of domestic violence and offers a full range of services that are confidential and free-of-charge, including:

- A 24-hour hotline with peer counseling, crisis intervention, safety planning, education on domestic violence and resource referral support and information
- Crisis & second stage shelter
- Support groups
- Legal clinic and court advocacy
- DV 101 classes
- Safe-at-Home enrollment

**k9 Connection**

310-264-5424

k9 is an after school program that brings together at-risk teenagers and homeless shelter dogs. The youth provide basic obedience training leading to adoption of the dogs.

**TOUCHSTONES** (a program of Social Model Recovery System)

PO Box 849, Orange 92856

714-639-5542

Fax. 714-639-5037

Patti Ochoa, Program Director [patio@socialmodel.com](mailto:patio@socialmodel.com)

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems.

Mariposa

453 S. Indiana St., Los Angeles 90063

323-266-7725

Fax. 323-266-7742

Melanie Gil, Program Director [mgil@mvrecovery.org](mailto:mgil@mvrecovery.org)

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

**TURNING POINT TRANSITIONAL HOUSING** (see The People Concern)

**UCLA CENTER FOR BEHAVIORAL AND ADDICTION MEDICINE (CBAM)**

**To find out about treatment and clinical trials research options, call us toll free at:  
866-449-UCLA (8252)**

Administrative office:

UCLA Department of Family Medicine  
10880 Wilshire Blvd., Suite 1800  
Los Angeles, CA 90024

310 794-0619  
[www.uclacbam.org](http://www.uclacbam.org)  
[cbam@mednet.ucla.edu](mailto:cbam@mednet.ucla.edu)

The Center for Behavioral & Addiction Medicine (CBAM) is a multidisciplinary center that seeks to advance the prevention and treatment of chronic illnesses, especially in communities with health disparities. We work at the intersection of academia and community with a focus on treating addictions and preventing the spread of HIV. CBAM is defined by three signature services: Research; Treatment and Prevention; and Training. Programs of CBAM include:

**Behavioral Medicine In Primary Care:** This program provides evidence-based, short-term behavioral health services to existing patients of the UCLA Family Health Center. Our behavioral specialists are trained to treat a diverse range of diagnoses including, but not limited to addictions (drug and alcohol dependence and smoking cessation), mental health (depression, anxiety and panic disorders), and behavioral therapy (eating disorders).

**Addiction Medicine in Primary Care:** CBAM was the first in Los Angeles to initiate an office-based treatment program for substance users in a primary care setting. This program utilizes FDA-approved medication to treat dependence on opioids (including prescription painkillers and heroin), as well as nicotine or alcohol in the privacy of the doctor's office, under the supervision of UCLA physicians with expertise in treatment of addiction.

**Methamphetamine Clinical Trials:** Each year, 24.7 million people use amphetamine (MA) worldwide, which represents more consumers than individuals who use heroin or cocaine. Despite these numbers, there are currently no FDA-approved medications to treat MA dependence. And while behavioral counseling options can help many, too often it is not enough. UCLA CBAM is one of the leading methamphetamine research groups in the nation and is working to translate the latest scientific discoveries into new and more effective treatments for methamphetamine addiction.

**UCLA VINE STREET CLINIC – A division of CBAM**

910 Vine Street , Los Angeles, CA, 90038

**Intake line (toll-free):**

323 461-3106  
**866-449-8252**

<http://www.uclacbam.org/about-us/ucla-vine-street-clinic>  
[uclavsc@mednet.ucla.edu](mailto:uclavsc@mednet.ucla.edu)

The UCLA Vine Street Clinic (UVSC) was established in 2005 in order to study the diffusion of HIV among methamphetamine user networks. Since that time, it has served as a site for clinical trials, behavioral research, and direct services focusing on the treatment of addiction, HIV prevention, and the intersection of the two. It is unique in its location, bringing the best in academia from UCLA into a transitional neighborhood of

predominately working poor, an area designated as a medically underserved. The facility includes exam and counseling rooms for patient care, a lab for collection and storage of biological samples, and group meeting space.

See website for details of current services available at the clinic.

### **UCLA Gambling Studies Program**

#### **Looking for help?**

760 Westwood Plaza  
3rd Floor, Suite 38-181  
Los Angeles, CA 90024

**Call toll-free: 1-800-426-2537 (1-800-GAMBLER)**

310 825-4845

Fax 310 825-0301

**[www.uclagamblingprogram.org](http://www.uclagamblingprogram.org)**

**[UGSP@mednet.ucla.edu](mailto:UGSP@mednet.ucla.edu)**

Co-Directors: Timothy Fong, M.D. 310 825-1479

Richard J. Rosenthal, M.D. 310 278-3746

The UCLA Gambling Studies Program (UGSP) is a non-profit organization within the Department of Psychiatry and Biobehavioral Sciences at the University of California, Los Angeles. The UGSP is devoted to understanding pathological gambling, its causes, natural history, cultural factors, and the obstacles to successful treatment. The mission of the program is to translate research findings into cost-effective, evidence-based methods of prevention, education, and treatment. UGSP has a number of outpatient treatment options available for problem gamblers and their families. Our team of experts understand and treat problematic gambling behaviors through individual psychotherapy and consultation.

### **UCLA AFTERCARE RESEARCH PROGRAM (Outpatient Schizophrenia Treatment)**

300 UCLA Medical Plaza, Room 2240

310 206-3142

Los Angeles, CA 90095

**[www.semel.ucla.edu/aftercare](http://www.semel.ucla.edu/aftercare)**

To make a referral or schedule an intake appointment, please call 310 206-3142, or e-mail one of the intake interviewers below:

Luana Turner, Psy.D. [LTurner@mednet.ucla.edu](mailto:LTurner@mednet.ucla.edu)

Joseph Ventura, Ph.D. [JVentura@mednet.ucla.edu](mailto:JVentura@mednet.ucla.edu)

The Aftercare Research Program is an outpatient research clinic that provides assessment and treatment and conducts research with people who have recently experienced psychotic symptoms. The Program is designed to aid in the adjustment to life in the community. Our Program psychiatrists provide medication management, and our case managers provide education, psychotherapy, and cognitive training. Our staff also helps our participants in accomplishing goals such as returning to school and/or work.

Our team is comprised of a diverse group of professionals who have had extensive training in helping young adults who have recently become ill with a psychotic disorder. Individuals between the ages of 18 and 45 who had a recent first episode that included hallucinations, delusions, or formal thought disorder are potentially eligible for the research studies. There are other entry criteria for this research clinic. Please contact us for further details and to schedule an intake interview.

For current patients, transportation to UCLA is available from many areas of Los Angeles

County if you are not able to reach UCLA by bus or car.

**UCLA- Center for the Assessment and Prevention of Prodromal States (CAPPS)**

Departments of Psychology and Psychiatry & Biobehavioral Sciences

Semel Institute for Neuroscience and Human Behavior

760 Westwood Plaza, 2nd Floor

310 206-3466

Los Angeles, CA 90095

Fax 310 794-9517

[www.semel.ucla.edu/capps](http://www.semel.ucla.edu/capps)

[capps@mednet.ucla.edu](mailto:capps@mednet.ucla.edu)

Carrie Bearden, Ph.D., Center Director, [cbearden@mednet.ucla](mailto:cbearden@mednet.ucla)

Jamie Zinberg, M.A., Administrative and Treatment Director, [jzinberg@mednet.ucla.edu](mailto:jzinberg@mednet.ucla.edu)

CAPPS specializes in identifying and treating adolescents and young adults (between the ages of 12 and 30) at high risk for developing psychotic disorders, in the “prodromal” phase of schizophrenia. CAPPS aims to protect vulnerable youth in hopes that the full-blown illness does not develop. The majority of assessment and treatment services offered at CAPPS are free of charge. Efforts to reduce the rates of psychosis in youth are as critical as ever. Psychotic disorders continue to rank among the top ten causes of disability worldwide, causing tremendous suffering for both affected youth and their families. The research in this field is growing quickly thanks to our prodromal consortium across the United States and Canada. The more our community stays informed and recognizes early signs in youth, the greater an impact we can have in decreasing suffering and disability.

**UCLA CENTER FOR AUTISM RESEARCH & TREATMENT (CART)**

Semel Institute for Neuroscience & Human Behavior

310 825-9041

760 Westwood Plaza, Semel 68.235

Fax 310 825-5197

Los Angeles, CA 90095

[www.semel.ucla.edu/autism](http://www.semel.ucla.edu/autism)

[info@autism.ucla.edu](mailto:info@autism.ucla.edu)

Director: Daniel Geschwind, M.D., Ph.D.

The mission of the UCLA Center for Autism Research and Treatment is to elucidate the causes of autism spectrum disorders (ASD) and to develop best practices for diagnosis and more effective treatments. We achieve these goals by fostering a strong collaborative environment for basic and clinical research, and supportive environment for trainees from all disciplines.

**UCLA NEUROPSYCHIATRIC HOSPITAL ACCESS CENTER**

Referrals to all programs.

For information on outpatient services, please call the ACCESS Center toll-free at

**800 825-9989**, Monday to Friday, 8 a.m. to 5 p.m.

**UCLA RESNICK NEUROPSYCHIATRIC HOSPITAL**

**Department of Psychiatry and Biobehavioral Sciences**

150 UCLA Medical Plaza

310 825-9111

Los Angeles, CA 90095

For information on outpatient services, please call the ACCESS Center toll-free at

**800 825-9989**, Monday to Friday, 8 a.m. to 5 p.m.

Under the auspices of UCLA's Department of Psychiatry and Biobehavioral Sciences, and in close collaboration with the Neuropsychiatric Research Institute, members of the Neuropsychiatric & Behavioral Health Services (NPBHS) practice group provide patient care through various outpatient, inpatient, and partial hospitalization programs for children, adolescents, adults, and the elderly. Highly trained clinicians evaluate each patient, and develop and implement an individually designed treatment plan using all available forms of appropriate medical and psychosocial treatments.

**UCLA SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR**  
**SPANISH SPEAKING PSYCHOSOCIAL CLINIC**

300 UCLA Medical Plaza, #2232, Los Angeles CA 90024  
6501

310 825-

Director: Cynthia A Telles, Ph.D.

Physicians and Key Staff: Joaquin Fuster, Maria E Mayoral, Angela Farell

**[www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic](http://www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic)**

For all booking and referral information, please contact:

Lina Alvarez, Administrative Assistant

310 825-6501.

The Spanish Speaking Psychosocial Clinic (SSPC) provides training in the provision of socio-culturally competent, comprehensive mental health services to the rapidly growing and underserved Latino community. Patients span the full range of psychiatric diagnostic categories and are provided treatment in a variety of modalities, including individual, conjoint and family psychotherapy, as well as pharmacotherapy.

Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual. Referrals come from within the UCLA Medical Center, as well as from clinics and community based agencies in the greater Los Angeles region.

The outpatient clinic is staffed by culturally competent, bilingual mental health professionals within the disciplines of psychiatry, psychology and social work who have extensive knowledge of Latino cultural issues related to immigration, acculturation, ethnicity, class, socioeconomic status, language, cultural practices, traditions and beliefs that impact the psychological functioning of Latino individuals and families.

**UCLA-SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR**  
**MOOD DISORDERS CLINIC**

300 UCLA Medical Plaza, Los Angeles 90024-6968

800 825-9989

310 825-9989

Director: Michael Gitlin, M.D.

The Mood Disorders Clinic is committed to providing care, education and clinical research for patients suffering from depression and bipolar disorder.

Since its inception in 1978, the clinic has gradually expanded in order to accommodate its increasing number of patients and trainees. Currently, the clinic treats 325 ongoing patients and sees approximately 35 new patients each month. Clinic patients are seen by a resident physician



as well as an attending (faculty) physician. By conducting the program in this manner, residents receive extensive, practical experience while patients are provided with the highest level of medical care

**UCLA-SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR**  
**WOMEN'S LIFE CENTER at the David Geffen School Of Medicine**

Co-Directors: Vivien Burt, M.D., Ph.D., Erin Murphy Barzilay, M.D. 310 825-9989

[www.semel.ucla.edu/mood/service/general/womens-life-center](http://www.semel.ucla.edu/mood/service/general/womens-life-center)

The Women's Life Center at The David Geffen School of Medicine at UCLA is an outpatient program devoted to assessing and treating women with psychiatric conditions associated with hormonal challenges and reproductive life events.

The Women's Life Center at the UCLA Semel Institute and Resnick Neuropsychiatric Hospital offers a supportive and effective approach to mental health treatment during the special phases of a woman's life:

- Pre-pregnancy consultations for women with psychiatric conditions requiring psychiatric treatment, including psychiatric medications
- Psychiatric conditions associated with pregnancy and postpartum (including breast-feeding)
- Miscarriage and pregnancy loss
- Infertility
- Assisted reproductive technology
- Premenstrual dysphoric disorder (PMDD) and premenstrual syndrome (PMS)
- Perimenopausal mood and anxiety disorders

Treatments offered include consultation, short-term psychotherapy, medication management. All consultations, evaluations and treatments at the Center are performed by a faculty of professionals with expertise in women's mental health.

**UCLA STAFF & FACULTY COUNSELING CENTER**

10920 Wilshire Blvd, Ste 380, Los Angeles 90024

310 794-0245

Fax 310 794-0251

Co-Directors:

Jorge Cherbosque [jorge@chr.ucla.edu](mailto:jorge@chr.ucla.edu)

310 794-0248

Nan Levine-Mann, [nanette@chr.ucla.edu](mailto:nanette@chr.ucla.edu)

310 794-0249

**UCLA-TIES FOR FAMILIES**

310 794-2463

1000 Veteran Ave., Los Angeles 90095

Araceli Barajas, Program Analyst

Provide outpatient foster care/adoption services for children and TAY. Medi-Cal accepted.

Mental Health services include medication support, psychological testing, therapeutic behavioral services (TBS) and infant mental health. Services available in English and Spanish.

**UNITED AMERICAN INDIAN INVOLVEMENT, INC.**1125 West 6<sup>th</sup> Street, Suite 103, Los Angeles 90017

213 202-3970

[www.uaii.org](http://www.uaii.org)

Fax 213 202-3977

UAII's mission is to enhance the health and well being of the American Indian/Alaska Native community in Los Angeles County. UAII provides a wide range of services including outreach, case management, linkage and referral, health education and promotion, risk assessment, disease and injury prevention, STD/TB/Hepatitis screening, access to medical and dental services, vocational counseling, youth services (mentorship, education, tutoring, recreation and cultural activities), substance abuse counseling and treatment, and mental health services.

**UPWARD BOUND HOUSE****Administrative Offices**

1104 Washington Ave, Santa Monica 90403

Admin

310 458-7779

Christine Mirasy-Glasco, Executive Director ext. 202

Fax

310 458-7289

[info@upwardboundhouse.org](mailto:info@upwardboundhouse.org)[www.upwardboundhouse.org](http://www.upwardboundhouse.org)

Applicants to Upward Bound House Family Place Transitional housing with supportive services for homeless families with minor children are accepted only from case workers in other agencies.

**FAMILY PLACE TRANSITIONAL SHELTER (SPA 5)**1020 12<sup>th</sup> St, Santa Monica 90403

310 458-8812

Executive Director: Christine Mirasy-Glasco

310 458-7770 ext. 202

Program Director: Tara Brown

310 420-5820

Program Manager: Chris Oliver

310 461-5148

For families in need of shelter and support, Family Place Transitional Shelter provides **medium-term** (180 days, with possible extensions up to one year) bridge housing on the Westside. Case managers, housing locators and employment specialists work with each family to assess their unique needs and create a customized plan for achieving long-term stability and independence. Once in permanent housing, families build on their success with aftercare support from our programs staff and expansive network of community partners.

**UPWARD BOUND HOUSE LA COUNTY EMERGENCY SHELTER**

12841 W. Washington Blvd., Culver City 90066

Executive Director: Christine Mirasy-Glasco

310 458-7770 ext. 202

Program Director: Tara Brown

310 420-5820

Program Manager: Chris Oliver

310 461-5148

Upward Bound House LA County Emergency shelter provides families in crisis with short-term (90 days, with possible extensions up to 180 days) emergency shelter on the Westside and in South Los Angeles. Throughout their time in shelter, families are provided with daily grab-and-go breakfasts and hot evening meals, as well as clothing and household items as needed. While in a safe and comfortable living space with their children, parents work with our case managers, housing locators and employment specialists to achieve stability and

independence for their families. We help move families into permanent housing and connect them with our vast network of community partners while also continuing to support their growth with aftercare services that we provide.

**UPWARD BOUND HOUSE FSC CRISIS HOUSING (SPA 5)**

12841 W. Washington Blvd., Culver City 90066

Executive Director: Christine Mirasy-Glasco 310 458-7770 ext. 202

Program Director: Tara Brown 310 420-5820

Program Manager: Chris Oliver 310 461-5148

Upward Bound House FSC Crisis Housing shelter provides families in crisis with **short-term** (90 days, with possible extensions up to 180 days) emergency shelter on the Westside . This program is directly connected with St. Joseph Center, the Family Solutions Center in Service Panning Area 5. Throughout their time in shelter, families are provided with daily grab-and-go breakfasts and hot evening meals, as well as clothing and household items as needed. While in a safe and comfortable living space with their children, parents work with our case managers, housing locators and employment specialists to achieve stability and independence for their families. We help move families into permanent housing and connect them with our vast network of community partners while also continuing to support their growth with aftercare services that we provide.

**SENIOR VILLA** 1011 11th St, SM 90403 310 458-7779  
Tracy Woodburry, Program Director ext: 212 Fax 310 458-7289

Senior Villa, Upward Bound's 70 units of housing for seniors, is affordable housing with links to social services for low-income senior citizens. Senior Villa is currently not accepting applications to its waiting list.

**VALOR - Veterans and Loved Ones Recovery ( a program of Los Angeles County Department of Mental Health)**

Bob Hope Patriotic Hall  
1816 S. Figueroa St., 6<sup>th</sup> Floor, Los Angeles 90015 213 763-0300  
Officer-of-the-Day (OOTD) Referral Line: 213 763-0300 Referral Fax: 213 746-7620

Any veteran in LA County can walk into our downtown clinic for mental health treatment (individual and group therapy & psychiatric medications), linkage to housing, linkage to physical health, linkage to income, linkage to VA upgrade, and other veteran-related services.

Our DMH VALOR clinic mental health services are targeted to veterans who do **NOT** meet VA healthcare eligibility.

**VENICE BOYS & GIRLS CLUB (See IBEN FAMILY SUPPORT CENTER)**

## **VENICE COMMUNITY HOUSING CORP (VCHC)**

720 Rose Ave, Venice 90291

310 399-4100

Fax 310-399-1130

Becky Dennison, Executive Director [bdennison@vchcorp.org](mailto:bdennison@vchcorp.org) ext. 101

Bridgett Bell, Director of Policy and Programs [bridgett@vchcorp.org](mailto:bridgett@vchcorp.org) ext. 200

VCHC is a nonprofit community development corporation that has developed, owns and manages 216 units of affordable housing, including an 8-unit bridge housing shelter for homeless single parents and their children and 77 units of permanent housing for formerly homeless individuals. VCHC also provides social service programs to its tenants and other low-income members of Venice and surrounding neighborhoods, including: YouthBuild, a construction job training program for at-risk youth between the ages of 18 and 24; Study Lounge, an after school program for elementary school youth; and Venice Free Storage, a voluntary personal property storage program for homeless Venice residents. Services are available in English and Spanish.

The mission of VCHC is to reduce homelessness, maximize affordable housing, empower low income constituents, provide social services, and advocate for public policy that protects and strengthens the economic, racial and cultural diversity of Venice and other neighborhoods on the Westside of Los Angeles.

## **VENICE FAMILY CLINIC**

604 Rose Ave., Venice 90291

Medical Appointments: 310 392-8636

Elizabeth Forer, MSW, MPH, CEO

310 664-7901

Mimi Lind, LCSW, Behavioral Health Services Director

310-664-7524

[mlind@mednet.ucla.edu](mailto:mlind@mednet.ucla.edu)

A nonprofit, free and low-cost community clinic providing primary care, behavioral health (including substance use treatment) and dental care to low-income people in L.A. County. Bilingual staff therapists and psychiatrists provide mental health and addiction services to Clinic patients only. All appointments are scheduled through the medical appointment line; patients will be assessed during medical visits and referred to a therapist as needed. Only homeless patients may walk-in without an appointment to be assessed, and only at the Rose Ave. location (best to be there by 7:30 a.m.).

### **Locations:**

#### **VENICE FAMILY CLINIC**

604 Rose Avenue, Venice, 90291 ..... 310-392-8636

#### **SIMMS/MANN HEALTH & WELLNESS CENTER**

2509 Pico Blvd., Santa Monica 90405 ..... 310 392-8636

#### **ROBERT LEVINE HEALTH CENTER (Women and Teens)**

905 Venice Blvd., Venice 90291 ..... 310 392-8636

#### **IRMA COLEN FAMILY HEALTH CENTER**

Braddock Sq. Shopping Center, 4700 Inglewood Blvd., Culver City ..... 310 392-8636

**LOU COLEN CHILDREN'S HEALTH and WELLNESS CENTER**

Braddock Sq. Shopping Ctr, 4700 Inglewood #102 Culver City.....310-392-8636

**SANDY SEGAL YOUTH HEALTH CENTER (Students)**

Culver City High and Middle School

4401 Elenda St., Culver City, CA 90230 .....310-392-8636

Services also provided at: The People Concern's Annenberg Access Center, Street/beach outreach, and Santa Monica High School (students)

**DEPT OF VETERANS AFFAIRS - HEALTH CARE CENTER WLA (VA-WLA)**

11301 Wilshire Blvd, Los Angeles 90073

310 478-3711

Dr. Robert Rubin, Chief of Psychiatry

Bu 500

310 268-3319

[Robert.Rubin@va.gov](mailto:Robert.Rubin@va.gov)

Fax

310 268-4377

Dr. Andrew Shaner, Deputy Chief of Psychiatry

Bu 500

310 268-4497

[Andrew.Shaner@va.gov](mailto:Andrew.Shaner@va.gov)

Fax

310 268-4775

William L. Daniels, LCSW, Director, Community Care

310 478-3711

ext 43623

[William.Daniels@va.gov](mailto:William.Daniels@va.gov)

Fax

310 268-4946

Michelle Wildy, LCSW-C, Asst. Chief of Community Care

310 478-3700

ext 48343

[michelle.wildy@va.gov](mailto:michelle.wildy@va.gov)

Joseph Ciccone, MSW, Director, Compensated Work Therapy Prog. Mgr.

ext 49468

[Joseph.ciccone@va.gov](mailto:Joseph.ciccone@va.gov)

Martha Waite, MSW, LCSW, Assistant Chief Social Worker

818 895-9596

Jill Meyer, Social Work Supervisor Bu 500, Rm 2654

ext 48049

Tazmin, Bolanos, Community Residential Care Coord Bu500, Rm 6645

ext 41445

[Tazmin.Bolanos@va.gov](mailto:Tazmin.Bolanos@va.gov)

Mental Health Screening and Treatment Center

310 268-4690

Outpatient mental health and homeless services to veterans.

**VA-WEST LA HEALTH CARE CENTER - COMPREHENSIVE HOMELESS CTR**

11301 Wilshire Blvd, Build 206, Room 13, Los Angeles, CA 90073

Christine Taber, LCSW

[Christine.Taber@va.gov](mailto:Christine.Taber@va.gov) x49850

310 478-3711

x 310 268-4699

Outreach and screening to severely mentally ill, homeless veterans who are eligible for healthcare at the VA. Focusing on providing medical, mental health, substance abuse treatment and supported housing to rehabilitate veterans who are motivated to break the cycle of homelessness.

**VET CENTER - WEST LOS ANGELES (Veterans Outreach Program)**

5730 Uplander Way, Ste 100, Culver City 90230

310 641-0326

Adriene Faust, Team Leader

[adriene.faust@va.gov](mailto:adriene.faust@va.gov)

Fax

310 641-2653

Sharon Anderson-Fields, Office Manager [Sharon.Fields@va.gov](mailto:Sharon.Fields@va.gov)

The Vet Center provides readjustment counseling focusing on the treatment of Post Traumatic

Stress Disorder as it relates to war experiences and or service in the military. Treatment goal is to assist veterans in making a satisfactory transition back to civilian life. There is counseling for sexual trauma & harassment that occurred in the service also. Individual, group, couples and family counseling is available to include employment assistance by the Employment Development Dept (EDD) representative. Referrals are available for drug and alcohol treatment, housing, medical service and VA benefits. Services are free to all eligible veterans.

**VETERANS REPRESENTATIVE PAYEE PROGRAM (Program of Saint Joseph Center)**

11301 Wilshire Blvd, Building 257, WLA VA Medical Center 90073

Billy Eaton, Program Manager      [beaton@stjosephctr.org](mailto:beaton@stjosephctr.org)      fax 310 268-4115  
310 478-3711 x48362  
fax 310 268-4115

VRPP provides representative payee services to disabled Veterans who are homeless or at risk of becoming homeless

**VET TO VET**

11301 Wilshire Blvd. #118 Bldg. 258. Los Angeles, CA 90073.

Roy Brown, Director

310 478-3711 ext 49697

Vet to Vet is a self-help program of veterans helping veterans overcome both mental illness and substance abuse

**VIA AVANTA, Pacoima** (a program of Didi Hirsch)

818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training.

**VICTIM ASSISTANCE PROGRAM**

Central Office: 221 N. Figueroa St., Suite 100, Los Angeles 90012 [www.helpcrimevictims.org](http://www.helpcrimevictims.org)

213 978-4537

Westside Office at Pacific Area LAPD, 12312 Culver Blvd. Los Angeles 90066

Christian Lawrence – [Christian.Lawrence@lacity.org](mailto:Christian.Lawrence@lacity.org)

310-482-6383

They offer

- Crisis Intervention
- Information & Referrals to public/private service agencies
- Criminal Case Status/Disposition
- Provide Orientation to the Criminal Justice System
- Court Escort/Support
- Liaison with law enforcement agencies/ prosecutors
- Employer Intervention
- Restitution Assistance
- Family Notification
- Support Services for Elderly, Disabled, and Child Victims
- Assistance in filing for the State of California Victim Compensation Program.

**VILLA STANLEY**

335 No Stanley Ave, Los Angeles 90036

323 937-4856

Fax 323 937-5035

Dr. Jay Plotzker, Owner/Administrator [jayplotzker@yahoo.com](mailto:jayplotzker@yahoo.com)  
80 bed adult residential care facility.

**VILLA STANLEY EAST**

7253 Melrose Ave, Los Angeles 90046

323 934-2498

Dr. Jay Plotzker, Administrator [jayplotzker@yahoo.com](mailto:jayplotzker@yahoo.com) Fax 323 934-5288  
62 bed adult residential care facility.

**VISTA DEL MAR CHILD AND FAMILY SERVICES OUTPATIENT CLINIC**3200 Motor Avenue, Los Angeles, CA 90034 [www.vistadelmar.org](http://www.vistadelmar.org)

310 836-1223

Fax 310 839-4148

Lena Wilson, J.D., Chief Executive Officer x201  
Traci Levi, LCSW, Vice President of Outpatient Services x419  
Sherry Nourian, Psy.D., Program Director of Outpatient Services x362  
Sabrina Diaz, LMFT, Intake Supervisor x407  
Ashley Mendoza, AMFT, Outpatient Intake Coordinator x522

The Outpatient Clinic at Vista Del Mar provides comprehensive psychotherapy services to children and adolescents from birth to young adulthood who may be struggling with social, emotional, behavioral, learning challenges and/or developmental disabilities. The clinic accepts Medi-Cal and offers a sliding scale for private-pay. Programs include:

- Outpatient therapy including Evidence Based Programs
- Field-based and School-based mental health services
- Specialty in 0-5 services for children exposed to trauma using Child-Parent Psychotherapy
- Therapeutic Behavioral Services
- Psychological assessments

Other services at Vista Del Mar include Wraparound, residential treatment for children ages 8-18, adoptions, Home-SAFE, and a non-public school serving LD, SED, and children with autism. There is also advanced training for mental health professionals.

**VOLUNTEER-TO-JOB PROGRAM--- SEE SHARE!****WE EXIST (Program of Tarzana Treatment Centers)**

500 W. Willow St., Suite 125, Long Beach 90806

562 428-4111

<https://www.facebook.com/WeExist.TTC/>Claire Kobren, MSW, Program Coordinator (SA 5 & 8) [ckobren@tarzanatc.org](mailto:ckobren@tarzanatc.org) x7142Rebecca Russell, MA, Program Coordinator (SA 1 & 2) [rrussell@tarzanatc.org](mailto:rrussell@tarzanatc.org) x7192Emanuel Cabrera, Peer Family Support Specialist I [ecabrera@tarzanatc.org](mailto:ecabrera@tarzanatc.org) x7181



Maggie Fayeze, Health Educator/Outreach Worker [mfayeze@tarzanatc.org](mailto:mfayeze@tarzanatc.org) x7189

We Exist is a Los Angeles County DMH funded program dedicated to expanding access and improving services for Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Two Spirit (LGBTQI2-S) transition age youth and their families/caregivers. We Exist provides free of charge community presentations and staff trainings to increase awareness around working with the LGBTQI2-S TAY population. We Exist covers service areas 1, 2, 5, and 8.

## **OUTREACH AND REFERRALS**

**562 428-4111**

### **Outreach**

**x7189 or x7181**

The We Exist team provides street and community level outreach to connect directly with LGBTQI2-S youth and the service providers and community members who support them.

### **Referrals and Linkages**

Based on outreach and community networking, We Exist connects LGBTQI2-S youth and their families to appropriate and LGBT affirming services. Referrals are available in any capacity that is relevant to LGBTQI2-S populations.

## **PEER AND FAMILY/CAREGIVER SUPPORT GROUPS**

**562 428-4111**

### **TAY Peer Support Group**

**x7189 or x7181**

A weekly peer-run support group for youth ages 16-25 discussing LGBTQI2-S identity formation, coming out, healthy relationships, safer sex, stigma and discrimination, mental and physical health, and more.

### **Family/ Caregiver Support Group**

A weekly group for family members and caregivers to assist them in supporting LGBTQI2-S loved ones. This group discusses LGBTQI-S identity and terminology, coming out, stigma and discrimination, bullying and harassment, suicide prevention, mental and physical health, and more.

## **COMMUNITY TRAININGS AND PRESENTATIONS**

**562 428-4111**

### **LGBTQI2-S Toolkit Training**

**x7142**

We Exist's toolkit training gives service providers and community organizations an overview of critical issues facing LGBTQI2-S youth across Los Angeles County and provides strategies for creating more inclusive and affirming services for LGBTQI2-S clients. This training covers: safe and welcoming environments, clinical considerations and interventions, and outreach and engagement support and strategies.

### **Community Presentations**

We Exist provides presentations to community groups to increase awareness of issues relevant to today's LGBTQI2-S youth. Topics include: LGBTQI2-S terminology, coming out, stigma and discrimination, bullying, suicide prevention, STI and HIV prevention, intimate partner violence, substance use disorders, and many more.

## **WELL BABY CENTER**

12316 Venice Blvd., Mar Vista, Ca 90066

310-402-2229

[www.wellbabycenter.org](http://www.wellbabycenter.org) [services@wellbabycenter.org](mailto:services@wellbabycenter.org)

Deborah Groening-Rother, Psy.D. , Founder/CEO [deborah@wellbabycenter.org](mailto:deborah@wellbabycenter.org) Ext. 105  
Timothy Sweeney, Executive Director [timothy@wellbabycenter.org](mailto:timothy@wellbabycenter.org) Ext. 108

Well Baby Center is a non-profit parenting and counseling center that focuses on families with young children. Our goal is to help parents and children foster security within their primary relationships, allowing children to become more resilient and flexible in the face of life's joys as well as life's inevitable and unpredictable challenges. We offer low cost, high quality, sliding scale counseling services for individuals, groups, couples, children and families, and provide a variety of family enrichment groups including: Mindful Parenting Groups (ages 0-3), Mothers Support Group, Loving Discipline One-Day Workshops and court approved 10-week series, Swell Baby Music (infant & toddler) and Becoming Social Group. We also offer perinatal maternal services such as counseling and developmental assessments and free Thursday Fundays.

**WEST AREA OPPORTUNITY CENTER (WAOC)**

11750 W Pico Blvd, Los Angeles 90064 [WAOC1970@GMAIL.COM](mailto:WAOC1970@GMAIL.COM) 310 477-8272

David Abelar, Executive Director ext 102 Fax 310 473-9591

DUI & Drug Diversion & Testing and anger management. Outpatient substance abuse counseling and parenting program offering Positive Alternatives.

**WEST LOS ANGELES COUNCIL FOR THE DISABLED AND SENIORS**

406 Broadway, #123, Santa Monica CA 90401-2314

Richard Hilton, AA, BA, STC, Mental Health 310 319-9417

Fax 310-395-7680

Founded in 1993, the volunteer Council provides individualized assistance, especially to neuro-psychiatrically challenged. Peer-driven advocacy, community and agency consultation. Assists with Social Security medical reviews, provides information on transportation, utility reduced-rates and service/therapy animals. Experience in HUD discrimination process, successful HUD litigant. Advises, makes educational presentations on affordable housing, tenant/landlord rights. One member of Staff serves on City of Santa Monica Disabilities Commission; Santa Monica Housing Commission; Relocation Appeals Board, Redevelopment Agency. Stigma, agency literature available. All services are free.

**WEST LOS ANGELES FAMILY SOURCE CENTER**

5075 South Slauson Avenue Los Angeles 90230

Direct Phone line for Services

310 391-3457

[www.ccathome.org](http://www.ccathome.org)

Fax 310 391-3850

Jessica Meza, Client Services Director

[jessica@ccathome.org](mailto:jessica@ccathome.org)

310 246-1918

**Collaborating Partner Agencies:**

Boys and Girls Club of Venice

310 390-4477

Latino Resource Organization

310 578-6069

Legal aid Foundation of Los Angeles

800 399-4529

St. Joseph Center

310 396-6468

Westside Center for Independent Living

310 390-3611

The West LA FamilySource Center is one of 21 centers funded by the City of Los Angeles. All services are free. Eligible clients must be low/moderate income residents of the City of Los Angeles. Services include: multi-benefit screening for enrollment in public benefit programs, legal services and referrals, food assistance, pre-employment and employment support, computer classes, financial literacy classes, case management, parenting classes, and information and referral. For youth, we also provide access to tutoring/mentoring services, college prep assistance, youth life skills classes, and recreational/cultural activities.

**WESTSIDE CENTER FOR INDEPENDENT LIVING, INC (WCIL) see DISABILITY COMMUNITY RESOURCE CENTER (DCRC)**

**WESTSIDE CHILDREN'S CENTER see ALLIES FOR EVERY CHILD**

**WESTSIDE COALITION** (formerly Westside Shelter & Hunger Coalition and Westside Health Coalition) Mailing Address: PO Box 7411, Santa Monica, CA 90406

[www.westsideshelter.org](http://www.westsideshelter.org)

310 314-0071

Darci Niva, Executive Director

[darci@westsideshelter.org](mailto:darci@westsideshelter.org)

The Westside Coalition, addressing Housing, Hunger and Health is an alliance of over 47 organizations, public agencies and faith communities addressing issues of Housing Hunger and Health through service coordination, public education and advocacy.

Westside Coalition is a non-profit volunteer organization that operates under the fiscal management of Community Partners. Founded in 1982 to serve the Westside of Los Angeles County, the Coalition is the oldest coalition in the county working on behalf of the homeless. Throughout its history, the coalition has proven to be an effective tool in providing high-quality programs and services for those in need in our community.

Although individual agencies have the ability to provide separate services for people in need, the efforts of the Westside Coalition help coordinate services on the Westside in order to provide a true continuum of service care for the community. Members work together to provide services that include initial intake and service referrals; showers, food and clothing; on-going case management; emergency, transitional and permanent housing; medical care; mental health treatment; HIV medical and social services; job training and placement; and substance abuse treatment. Member agencies have been instrumental in Santa Monica's chronic homeless project, as well as continuing to advocate for low income and homeless people at the local, state and national levels.

**WESTSIDE FAIR HOUSING COUNCIL (Fair Housing Council of LA County)**

See Housing Rights Center (new name)

213 387-8400

520 So Virgil Ave, Ste 400, Los Angeles 90045

Fax 213 381-8555

**WESTSIDE FAMILY HEALTH CENTER(WFHC)**

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Jolene Sagan, LCSW, Behavior & Mental Health Specialist

310-258-4268

To provide a central point in the community where developmentally disabled persons and their families may receive information regarding available programs, services and assistance in obtaining them.

**WESTSIDE SHELTER & HUNGER COALITION** (see Westside Coalition)

**WESTSIDE UCC CRISIS TRANSITION TEAM** (a program of Exodus Recovery)  
(Care Coordination Program)

Hours: Monday through Friday 8:00 a.m. to 4:00 p.m. After hours through appointment.  
The Crisis Transition Team is located within the UCC and consists of a Crisis Transition Coordinator who works to link persons with mental health issues and complex needs to the indicated level of services needed to achieve recovery. This team provides intensive case management for up to 60 days following discharge from the UCCs to ensure stabilization.

**WILSHIRE TREATMENT CENTER**

11901 Santa Monica Blvd, Suite 204, Los Angeles 90025 310 268-2446

[clinic@wilshiretreatmentcenter.com](mailto:clinic@wilshiretreatmentcenter.com) [www.wilshiretreatmentcenter.com](http://www.wilshiretreatmentcenter.com) Fax: 310 268-2410

Executive Director: Kat Karimi [kat@wilshiretreatmentcenter.com](mailto:kat@wilshiretreatmentcenter.com) 310 268-2446

**Services:** outpatient medication-assisted treatment (MAT) including methadone and suboxone, drug and alcohol counseling, multilingual (Farsi)

**WISE & HEALTHY AGING**

1527 4<sup>th</sup> St, 2nd Floor, Santa Monica, 90401-2354 310 394-9871

[www.wiseandhealthyaging.org](http://www.wiseandhealthyaging.org) Fax 310 576-2499

Grace Cheng Braun, MSPH, President and CEO ext. 440

[gchengbraun@wiseandhealthyaging.org](mailto:gchengbraun@wiseandhealthyaging.org)

WISE & Healthy Aging is a private, non-profit organization that provides a wide variety of social services for older adults, age 50 and older, and their families. The organization is the result of a merger in 2007 of WISE Senior Services and Center for Healthy Aging. Services include advocacy through the Long-Term Care Ombudsman Program, Elder Abuse Prevention, In-Home Services, including comprehensive mental health services. Mental health services include: individual and group psychotherapy, psychiatric consultation and management, senior peer counseling and care management services. In addition to outpatient services, we offer in-home services through our Field Capable Clinical Services program (FCCS) for those individuals who are homebound, homeless or at risk of becoming homeless. Individual and group psychotherapy is provided by pre-doctoral psychology interns and post-doctoral fellows who participate in a yearlong clinical training program. Supervision is provided by licensed clinicians who offer a diverse supervisory and training style including theories and applications in psychodynamic, objects relations/attachment theory, cognitive-behavior theory and systems theory. The training program also includes weekly individual and group supervision, didactic training and on-going

case conferences with our staff geropsychiatrists. Peer Counseling and community resource referrals and caregiver support services are also available.

**WISE Adult Day Service Center**

1527 4<sup>th</sup> Street, 2<sup>nd</sup> Floor, Santa Monica, CA 90401

Phyllis Amaral, Director of Adult Day Services

[PAmaral@wiseandhealthyaging.org](mailto:PAmaral@wiseandhealthyaging.org)

310 394-9871

ext. 482

Fax 424 214-6140

The WISE Adult Day Service Center (ADSC) is open Monday-Friday, 8AM – 6PM, to allow caregivers the opportunity to work, perform other tasks, or take a much needed break knowing that their loved one is enjoying the day in a safe, comfortable, and stimulating environment. The ADSC specializes in caring for older adults who are physically frail (those using canes, walkers, or are dependent on others for assistance) and those with moderate to advanced dementia and Alzheimer's diagnoses, including older adults who are dealing with Parkinson's or experiencing the residual effects from a stroke. The trained staff provide daily socializing, purposeful recreation with therapeutic activities, personal care, exercise classes, health discussions, and nutritious lunches and snacks. Companion sitting services are also available. Caregiver support groups are offered as well as a resource/ lending library of books, videos, and information.

**WOMEN'S CLINIC COUNSELING CENTER**

11500 W. Olympic Blvd, Suite 422, Los Angeles 90064

[www.womens-clinic.org](http://www.womens-clinic.org)

Lenna Lebovich, LMFT, LPCC Exec Director ext 103

310 479-7100

Fax: 310 479-7144

Women's Clinic Counseling Center is a sliding scale, non profit providing on-going counseling and psychotherapy for individuals, couples, and groups. Treatment for issues include depression, anxiety, relationship issues, life transitions, trauma, abuse recovery, addiction & recovery, eating disorders, grief and loss. Therapists are master's level Trainees and Associates who are supervised by licensed psychotherapists. Our sliding scale fees are according to income. By appointment only.

**WORD UP KIDS - Therapeutic Creative Writing for Kids & Teens**

310 456 4770

169 N. Clark Drive Suite D, Beverly Hills, CA 90211

[www.wordupkids.com](http://www.wordupkids.com)

[craig@wordupkids.com](mailto:craig@wordupkids.com)

Word Up Kids is a therapeutic creative writing program for children and teens. Our classes and workshops reinforce communication & self-esteem skills through the habit of drawing and writing about personal experience, observations, feelings, and thoughts. Children use our system to become better writers. In the process, they find their voice, develop communication skills, build confidence, release trauma, increase self-esteem, and see a wider view of themselves and their future. We are available to offer our services at your location.

**WRIGHT INSTITUTE LOS ANGELES (WILA)**

11845 W. Olympic Blvd., Suite 505W, Los Angeles 90064 [info@wila.org](mailto:info@wila.org) 424-371-5191  
Michele Gomes, Psy.D., Executive Director [www.wila.org](http://www.wila.org) Fax 424-371-5190  
Claudia Feldman, Ph.D., Clinical Director

Wright Institute Los Angeles (WILA) is a non-profit clinic and training center. WILA provides individual, couples, & group psychotherapy to adult outpatients. Fees are based upon the patient's ability to pay. Most psychotherapists are advanced clinical psychology interns and post graduate fellows under the supervision of a highly trained and experienced faculty.

Individual psychotherapy may address issues such, trauma, depression, anxiety, post-partum difficulties, low self-esteem, stress, grief or loss, life transitions, relationship and career struggles, marital problems, parenting, LGBTQ concerns, and personal enrichment.

WILA does not provide court ordered treatment, does not work with severely mentally ill individuals, and does not provide medication directly.

Call for more information, or to schedule an initial phone intake.