WESTSIDE REGIONAL CENTER

Training & Events Bulletin July & August 2019

All Services are Free Unless Otherwise Noted.

All classes are subject to change without notice. **The location of the meeting may change after the publishing of this bulletin. Please look for signs at WRC directing you to the event the day of.** Please call before attending. If you require Spanish interpretation for any training/event, email **traininginfo@westsideregionalcenter.org** or call 310-258-4063 within one week of the meeting. Please include your name, phone number and the name of the training that you would like to have translated.

Attention Service Providers: If you would like to take the DSP 1 or DSP 2 class, you must enroll directly through the DSP Training website at **https://www.dsptrain.org/.** If you are in the process of becoming a vendor, you will need to request a letter from the Quality Assurance Specialist that you are working with.

Service Provider Trainings

JULY

July 16—Tuesday; 8:30am – 4:00pm

CPI REFRESHER COURSE

Conference Room 4D

Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- This class is available for **Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
- All registration and payment for the course must be completed online no later than **2 business days before the training**. **We will no longer be accepting checks for our courses and we will not be able to admit you if you have not paid ahead of time**. **This means no walk-ins will be admitted.**
- We will be using Eventbrite for registration and payment. The cost of the class is $20 a person. Eventbrite accepts PayPal and all major credit cards. **Once you receive your confirmation email and ticket, print it out and ensure that the person attending the training brings it with them.**
- Please make sure you sign up for the correct class. **There are no refunds available.** If you are having an issue navigating the online registration, you may call 310-258-4001 and ask to speak with Angela Edmond.
- **This is a one day Refresher course. If you have not taken CPI since January 2016, you will need to take the full 2-day course instead of the refresher.**

  Course Description: Non-violent crisis intervention is a safe, non-harmful behavior management system designed to help professionals provide for the best possible care and welfare of individuals, even during the most violent situations. This course will assist the professional to develop skills in early and appropriate intervention for potential crisis situations while keeping in mind the care, welfare, safety and security of all involved. Participants should wear comfortable clothes, must be physically able to participate, must take a written pre and post-test independently, and must attend all days in order to complete this class.
  Link to Register: **https://julycpirefresher.eventbrite.com**

July 22 & 23 (and a train-the-trainer day on 7/24);
Monday-Wednesday—9:00am – 4:30pm

I/DD AND DEMENTIA WORKSHOP—2 DAY FOUNDATION WORKSHOP (OPEN TO ALL) WITH THIRD TRAIN-THE-TRAINER DAY (BY INVITE ONLY)

Presented by the National Task Group on Intellectual Disabilities and Dementia Practices (NTG) in partnership with WISE & Healthy Aging, L.A. Goal and WRC.

This workshop is an added third day for those wishing to become an "NTG Affiliated Trainer." The first two days of the workshop cover the topics outlined above in the 2 Day Foundation Workshop. A third day is added and is devoted to understanding and delivering the full NTG Dementia Capable Care Curriculum. NTG Affiliated Trainers are authorized to use NTG branded and copyrighted training materials to train within their own organization or to conduct training for outside agencies and organizations. Affiliated trainers have access to greatly expanded topic modules, trainer manual, free monthly NTG continuing education webinars, and are mentored by NTG Master Trainers.

Speaker: Kathleen Bishop, PhD

Workshop Topics Include:

- What is dementia? Does it present differently in adults with ID?
- Down syndrome and Alzheimer's disease
- Challenges of diagnosing dementia in adults with I/DD
- How dementia impacts ability to function
- Early detection and screening for dementia (EDSD) in adults with I/DD
- Diagnostic protocols
- Key concepts of dementia capable care of adults with ID and dementia
- Shifting from lifespan goals to dementia-capable goals
- Communication tips and strategies
- Behavioral and psychiatric symptoms of dementia (BPSD)
- Non-pharmacologic management of BPSD
- Dementia specific environmental modifications to help support function
- End of life care -challenges, opportunities, and ethical considerations

Register Here: **www.regonline.com/dementiacapableCulverCity**

If you are interested in the train-the-trainer workshop (July 24th), please contact Rhiannonm@westsiderc.org.

July 23 & 24—Tuesday & Wednesday; 8:30am – 4:00pm (2 Day Course)

NON-VIOLENT CRISIS INTERVENTION COURSE (CPI)
Conference Room 4D

Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- **This class is available for Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
- All registration and payment for the course must be completed online no later than **2 business days before the training**. **We will no longer be accepting checks for our courses and we will not be able to admit you if you have not paid ahead of time**. **This means no walk-ins will be admitted.**
- We will be using Eventbrite for registration and payment. The cost of the class is $20 a person. Eventbrite accepts PayPal and all major credit cards. **Once you receive your confirmation email and ticket, print it out and ensure that the person attending the training brings it with them.**
- **If you are registering for. Registration is not complete until you have sent this email.****
- If you have not taken CPI since January 2016, you will need to take the full 2-day course instead of the refresher.
    - Please make sure you sign up for the correct class. **There are no refunds available.**
    - If you are having an issue navigating the online registration, you may call 310-258-4001 and ask to speak with Angela Edmond.
- **This is a two day course. Participants must complete both days of training in order to receive certification.**

Course Description: Non-violent crisis intervention is a safe, non-harmful behavior management system designed to help professionals provide for the best possible care and welfare of individuals, even during the most violent situations. This course will assist the professional to develop skills in early and appropriate intervention for potential crisis situations while keeping in mind the care, welfare, safety and security of all involved. Participants should wear comfortable clothes, must be physically able to participate, must take a written pre and post-test independently, and must attend all days in order to complete this class**. Link to Register:** **https://julycpi2day.eventbrite.com**

AUGUST

August 13—Tuesday; 10:00am – 12:00pm
BI-MONTHLY SERVICE PROVIDER TRAINING
Conference Room 4D
Topic: Earthquake Preparedness
Call Joe Montez to RSVP: 310-258-4014

August 14 & 15—Wednesday & Thursday; 8:30am – 4:00pm (2 Day Course)
NON-VIOLENT CRISIS INTERVENTION COURSE (CPI)
Conference Room 4D
Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- **This class is available for Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
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Upcoming Training Opportunity:

UNIVERSAL ENHANCEMENTS ©
Conference Room 4D
9:00am – 4:00pm (each day)
Week 1: September 23, 2019 – September 27, 2019
Week 2: November 4, 2019 – November 8, 2019
Week 3: November 18, 2019 – November 22, 2019

The Universal Enhancement class is a requirement to be eligible to respond to a Request or Proposal or to become a vendor who provides Supported Living, Day Services or Residential Services. Dr. Tom Pomeranz' The Principles and Practices of Universal Enhancement Course is offered one time per year at WRC's office from 9am – 4pm. **The course requires a commitment to participate in a 100 hours, including 4 hours of On-site Coaching at a vendor site and 96 hours of classroom instruction.** Please go to Dr. Pomeranz' website **www.universallifestiles.com** for more information. The website provides the course offering with a description of each topic in the course offered at WRC. If you would like to participate please RSVP with Martha Butler at **marthab@westsiderc.org**. **Limited space is available.** Provide your full name, Email address, mailing address and contact number by August 30th. This is a free class available to WRC vendors and prospective WRC vendors.

Recurring Meetings for Service Providers

JULY

The CIE/PIP Technical Assistance Session is cancelled for July and will resume in August (see below for more information).
Room Change = *

July 16—Tuesday; 10:30am – 11:30am
SERVICE PROVIDERS ADVISORY COMMITTEE MEETING
Danneker Boardroom, 3rd Floor
The WRC Service Provider Advisory Committee (SPAC) is open to anyone who provides a vendored service to WRC clients. WRC encourages all vendors to attend. This is your opportunity to find out about what's happening at the Regional Center, and give your input and ideas to the WRC Board of Directors. Rotating SPAC members host a continental breakfast each month. New members are WELCOME! **Contact Joe Montez at (310) 258-4014**.

July 17—Wednesday; 2:00pm – 3:30pm
WRC SUPPORTED EMPLOYMENT ROUNDTABLE (BI-MONTHLY MEETING)
Conference Room 4D*
This is a forum for Supported Employment Provider Agencies to receive support, education, feedback and information sharing. Meetings are held every other month on the third Wednesday of the month. No RSVP is required.

July 17—Wednesday; 4:00pm – 5:00pm
EMPLOYMENT FIRST BUSINESS ADVISORY COMMITTEE
Conference Room 4D*
The WRC Employment Frist Business Advisory Committee is looking for a diverse group of individuals and would love to see business owners join! The purpose of the committee is to partner and collaborate; promote outreach and education regarding community-based, integrated employment, resulting in the full inclusion of people with disabilities in the workplace and community. **Please inquire about joining the committee with Liddy Amador at lideniraa@westsiderc.org or 310-258-4034.**

AUGUST

There is no SPAC meeting in August. SPAC will resume in September 2019.

August 20—Tuesday; 2:00pm – 3:00pm
COMPETITIVE INTEGRATED EMPLOYMENT (CIE) & PAID INTENRSHIP PROGRAM (PIP) TECHNICAL ASSISTANCE SESSION

Danneker Boardroom, 3rd Floor
Please join us on the 3rd Tuesday of every month at 3pm at WRC (5901 Green Valley Cir., Ste. 320 Culver City, CA 90230) to learn more about CIE & PIP implementation, development, funding and reimbursement process. For more information, please contact Liddy Amador, WRC QA Employment Specialist at lideniraa@westsiderc.org (310) 258-4034.

August 21—Wednesday; 4:00pm –5:00pm
EMPLOYMENT FIRST BUSINESS ADVISORY COMMITTEE
Danneker Boardroom, 3rd Floor
The WRC Employment Frist Business Advisory Committee is looking for a diverse group of individuals and would love to see business owners join! The purpose of the committee is to partner and collaborate; promote outreach and education regarding community-based, integrated employment, resulting in the full inclusion of people with disabilities in the workplace and community. **Please inquire about joining the committee with Liddy Amador at lideniraa@westsiderc.org or 310-258-4034.**

Monthly Public Meetings

JULY

July 9 —Tuesday; 5:00pm – 6:00pm
POLITICAL ACTION COMMITTEE
Danneker Boardroom, 3rd Floor
The PAC is looking for new members who would like to get involved with legislative advocacy! We are actively meeting with our local state legislators and will be growing our initiative to include advocacy with local and county officials in 2019. Please come out to the meeting to share ideas and hear about Westside's political outreach activities. All are welcome! No RSVP required. Email staff liaison Rhiannon Maycumber with any questions or to request more information **rhiannonm@westsiderc.org**.

July 9—Tuesday; 6:00pm – 8:00pm
SELF-DETERMINATION TASK FORCE
Danneker Boardroom, 3rd Floor
This is a public meeting typically held on the second Tuesday of each month at 6:00pm.
The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent the Regional Center and the Department of Developmental Services.

July 10—Wednesday; 4:30pm – 5:30pm
CLIENT SERVICES COMMITTEE MEETING
The Client Services Committee reviews services and policies as they relate to clients and families.

July 10—Wednesday; 6:00pm – 8:00pm
BOARD OF DIRECTORS MEETING
Danneker Boardroom, 3rd Floor
The Board Meeting is being held on Wednesday, July 10 at 6:00PM at Westside Regional Center 5901 Green Valley Circle, Mike Danneker Boardroom on the 3rd Floor, Culver City, CA 90230.

AUGUST

No other public meetings have been announced for August at this time.

August 13 —Tuesday; 5:00pm – 6:00pm
POLITICAL ACTION COMMITTEE

Danneker Boardroom, 3rd Floor
The PAC is looking for new members who would like to get involved with legislative advocacy! We are actively meeting with our local state legislators and will be growing our initiative to include advocacy with local and county officials in 2019. Please come out to the meeting to share ideas and hear about Westside's political outreach activities. All are welcome! No RSVP required. Email staff liaison Rhiannon Maycumber with any questions or to request more information.

August 13—Tuesday; 6:00pm – 8:00pm
SELF-DETERMINATION TASK FORCE
Danneker Boardroom, 3rd Floor
This is a public meeting typically held on the second Tuesday of each month at 6:00pm.
The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent the Regional Center and the Department of Developmental Services.

Monthly Support Groups and Workshops by WRC Family Resource and Empowerment Center; Trainings for WRC Clients and Families

JULY

The following groups are on break until September 2019:
IEP Support Group
Sib Shop
West LA CHADD
Westside Tigers
Ethiopian Support Group

July 9—Tuesday
IHSS WORKSHOP SERIES
Danneker Boardroom, 3rd Floor
The Westside Family Resource Empowerment Center (WFREC) is offering workshops to help WRC clients and families learn about In-Home Supportive Services (IHSS). For more information and to **RSVP call the FREC at 310-258-4063.** No walk-ins will be admitted. You MUST RSVP for this workshop.

Orientation to the IHSS Program
This session is for individuals who are initially applying for IHSS or want to know more about the basic steps of the application process.This workshop is held in English on the 2nd Tuesday of every month. **Workshop Time: 10:00AM - 12:00PM**. Location: Conference Room 4a, 4th Floor

Advanced IHSS Training
This session is for individuals who need more in-depth information about the IHSS program and who may be in the process of appealing, requesting more hours or requesting re-evaluations. Please bring your IHSS "Notification of Action" (NOA) and any other documentation you want to share pertaining to IHSS. This workshop is held in English on the 2nd Tuesday of every month.
Workshop Time: 1:30PM - 3:30PM
Location: WFREC Library (inside the center)

July 10—Wednesday; 3:00pm– 4:00pm
LGBTQIA+ GROUP AT DISABILITY COMMUNITY RESOUCRE CENTER (DCRC)
Offsite Location: DCRC Mar Vista Office, 12901 Venice Blvd., Los Angeles, CA 90066
Meets the 2nd/4th Wednesdays at 3:00pm

Disabled lesbian, gay, bisexual, transgender queer/questioning, intersex and asexual/agender/aromatic people meet for resources and conversation in a safe and confidential setting. All disabilities are welcome- physical, neurodiverse, mental health intellectual and developmental. To request this information in an alternative format and/or a reasonable accommodation in order to participate in this group, please contact us at 310-390-3611. DCRC is a scent-free facility. Please do not wear any scented products while visiting our offices.

July 16—Tuesday; 3:00pm – 4:00pm

LETS TALK SELF-ADVOCACY

Conference Room 4E

Are you an individual receiving services from WRC? Want to learn more about self-advocacy? Want to meet others who can support you in advocating for yourself? Want to get your point across and still get your needs met? Or, do you want to encourage, support or teach others the skill of advocating for themselves? If you answered "YES" to any of these questions, please join us. Bring your questions, ideas, bring a friend, we will listen and troubleshoot with you. If you have questions or need more information, please call Linda Butler at (310) 258-4245. Linda, Coordinator of Self-Advocacy for the WRC, will be available for individuals, families, and support staff to come discuss issues of Self-Advocacy. We meet at WRC in the 4th Floor Meeting Room. Take the elevator to the 4th floor and follow the signs to our group!

July 18—Thursday; 6:30pm – 8:30pm

AFRICAN AMERICAN FAMILIES SUPPORT GROUP

Danneker Boardroom, 3rd Floor

Please join us and be a part of our conversation: our safety, our resources, our concerns, our needed services and more. Special Guest Speakers featured every month. Please contact the WFREC for childcare at: 310-258-4063.We have limited space. You must call to reserve child care for children (ages 3 to 13 years of age) by the Wednesday before the meeting.

July 24—Wednesday; 3:00pm– 4:00pm

LGBTQIA+ GROUP AT DISABILITY COMMUNITY RESOUCRE CENTER (DCRC)

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AUGUST

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IEP Support Group
Sib Shop
West LA CHADD
Westside Tigers
Ethiopian Support Group

August 7—Wednesday; 3:00pm– 4:00pm

LGBTQIA+ GROUP AT DISABILITY COMMUNITY RESOUCRE CENTER (DCRC)

Offsite Location: DCRC Mar Vista Office, 12901 Venice Blvd., Los Angeles, CA 90066

Meets the 2nd/4th Wednesdays at 3:00pm

Disabled lesbian, gay, bisexual, transgender queer/questioning, intersex and asexual/agender/aromatic people meet for resources and conversation in a safe and confidential setting. All disabilities are welcome- physical, neurodiverse, mental health intellectual and

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August 13—Tuesday

IHSS WORKSHOP SERIES

Danneker Boardroom, 3rd Floor

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Advanced IHSS Training

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Workshop Time: 1:30PM - 3:30PM

Location: WFREC Library (inside the center)

August 15—Thursday; 6:30pm – 8:30pm

AFRICAN AMERICAN/ BLACK FAMILIES SUPPORT GROUP

Danneker Boardroom, 3rd Floor

Please join us and be a part of our conversation: our safety, our resources, our concerns, our needed services and more. Special Guest Speakers featured every month. Please contact the WFREC for childcare at: 310-258-4063.We have limited space. You must call to reserve child care for children (ages 3 to 13 years of age) by the Friday before the meeting.

August 20—Tuesday; 3:00pm – 4:00pm

LETS TALK SELF-ADVOCACY

Conference Room 4B

Are you an individual receiving services from WRC? Want to learn more about self-advocacy? Want to meet others who can support you in advocating for yourself? Want to get your point across and still get your needs met? Or, do you want to encourage, support or teach others the skill of advocating for themselves? If you answered “YES” to any of these questions, please join us. Bring your questions, ideas, bring a friend, we will listen and troubleshoot with you. If you have questions or need more information, please call **Linda Butler at (310) 258-4245**. Linda, Coordinator of Self-Advocacy for the WRC, will be available for individuals, families, and support staff to come discuss issues of Self-Advocacy. We meet at WRC in the 4th Floor Meeting Room. ***Take the elevator to the 4th floor and follow the signs to our group!***

August 21—Wednesday; 3:00pm– 4:00pm

LGBTQIA+ GROUP AT DISABILITY COMMUNITY RESOUCRE CENTER (DCRC)

Offsite Location: DCRC Mar Vista Office, 12901 Venice Blvd., Los Angeles, CA 90066
Meets the 2nd/4th Wednesdays at 3:00pm
Disabled lesbian, gay, bisexual, transgender queer/questioning, intersex and asexual/agender/aromatic people meet for resources and conversation in a safe and confidential setting. All disabilities are welcome- physical, neurodiverse, mental health intellectual and

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Networking and Life Skills Group

Join Us!

The **Second THURSDAY** of each month & The **Third WEDNESDAY** of each month

4:30 pm – 6:30 pm
Westside Regional Center

5901 Green Valley Circle, Culver City

Fun Activities * Yummy Snacks * Get Social – Hang out with your Friends and Meet new ones
**** Participate in Interactive Presentations ****

Who comes to this fun group?
Adults who want to be social and have fun!

May I bring a friend?
Of course! Bring a friend and you will also make friends at the group.

Is there food?
YES! We have tasty refreshments.

How much does it cost to go?
It's FREE! That's right, FREE!

What if I'm looking for a roommate?
Attend a "Networking" meeting and one of the peer mentors can assist you.

July 2019 – August 2019

July 11th

July 17

August 8

August 21