

Additional Referral and Resource Agencies

211 Services

Provides help with food, housing, employment, health care, counseling and more. Visit www.211.org or just dial 2-1-1.

Legal Advocacy through Office of Clients' Rights Advocacy (OCRA)

May provide individuals supported by regional centers with free legal information, advice, and representation. A Clients' Rights Advocate (CRA) is designated to each regional center to help with legal problems, conduct trainings, and investigate denials of rights. Call (310) 846-4949 and leave a detailed message for assistance.

State Council on Developmental Disabilities (SCDD)

This independent state agency provides advocacy and other assistance to ensure that appropriate laws, regulations and policies pertaining to the rights of individuals with developmental disabilities are observed and protected. SCDD regional offices provide services to individuals and their families including, but not limited to, advocacy assistance, training, monitoring and public information. Call (866) 802-0514 or email council@scdd.ca.gov.

Referrals to community agencies, events and other generic resources are also available through a service coordinator and the Westside Family Resource and Empowerment Center.



SERVICES AND SUPPORTS • AGES 11 TO 17



WESTSIDE
REGIONAL CENTER

5901 Green Valley Circle, Suite 320
Culver City, CA 90230
310 258 4000

www.westsiderc.org



**SERVICES
AND SUPPORTS**

AGES 11 TO 17



WESTSIDE
REGIONAL CENTER

AGES 11 TO 17

The following are services and supports provided by Westside Regional Center (WRC). Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by the interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services. Services must be requested through the Individual Program Plan (IPP) process. Please contact your service coordinator to discuss access to services.

Generic resources, private resources and/or natural supports must be explored prior to WRC funding.

Case Management

A service coordinator (SC) will be assigned to develop an Individual Program Plan (IPP) and assist with arranging appropriate services.

Crisis Prevention and Support

WRC has a crisis response team to support individuals who are experiencing serious emotional or behavioral concerns. We recommend exploring on-going support and wellness checks before concerns escalate.

Respite Services

Parents and caregivers can receive periodic assistance with the constant care and supervision of children and young adults receiving WRC services to relieve family stress or cope with family emergencies.

Day Care Supports (Specialized Supervision)

Parents who are working or in school full-time may be eligible for assistance to provide supervision primarily during after-school hours and/or during school breaks.

Behavior Classes

These classes are for parents and caregivers to learn techniques for developing and implementing positive behavior strategies. Classes may be offered at WRC.

Behavior Intervention Services*

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations (see service coordinator for further funding details). Parent/caregiver participation is required.

Behavior Intervention Co-Pay, Co-Insurance, and Deductibles

If your family member receives behavior intervention funded by insurance, WRC is able to assist with insurance co-payments, co-insurance, and deductibles should your family meet income requirements (Welfare & Institutions Code 4659.1).

Social Skills

These time-limited classes help to improve interpersonal skills, social interactions and pragmatic language. Parent/caregiver participation is required.

Westside Family Resource and Empowerment Center (WFREC)

Our parent-run center offers support groups, trainings, community resources and referrals to generic resources. Call (310) 258-4063 or visit www.wfrec.org

Support Groups and Training Opportunities

WRC has many support groups and training opportunities for individuals and families. Visit www.westsiderc.org for a list of groups and training events.

Conferences

WRC may fund for tuition or conference registration fees up to a maximum of \$300 for training and conferences annually. Funding for parents or caregivers does not cover the cost of lodging or transportation. Check with your service coordinator or WFREC to inquire about training and conference opportunities.

WRC Educational Support Team

A referral to our educational support team can be made for families who need assistance with the Individualized Education Program (IEP) and/or accessing appropriate services through the school districts.

Self-Advocacy Groups

Consumer Advisory Committee (CAC) hosts a number of self-advocacy groups located throughout WRC's service area. Visit www.westsiderc.org for dates and locations.

Incontinence Supplies*

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance or through WRC funding when no other generic source is available.

Medical Equipment*

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS). WRC, as payer of last resort, may provide funding for equipment needs as determined through consultation with WRC specialists.

Written Translations and Interpretations

WRC offers written translation services for Individual Program Plans (IPPs) when the family's primary language is not English. Interpretation services for IPP or service planning/review meetings are also available.

*Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. Your service coordinator will inform you about this process and will provide support as needed to obtain these insurance/managed care benefits.

