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www.westsiderc.org

Nursing Supports*

If your child needs nursing supports, your service coordinator will assist with a possible referral. Many insurance companies or specialized services, such as Early and Periodic Screening, Diagnostic and Treatment (EPSDT), provide assistance.

Medical Equipment*

Families can access medically necessary equipment through referrals to Medi-Cal, private insurance, or other generic sources such as California Children Services (CCS). WRC, as payer of last resort, may provide funding for equipment needs as determined through consultation with WRC specialists.

Formulas and Nutritional Supplements*

WRC will assist families in exploring generic resources when there is a medical need for formula or nutritional supplements. In the event that all generic resources have been explored and exhausted, WRC will consider purchasing formula or nutritional supplements as the payer of last resort.

*Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. Your service coordinator will inform you about this process and will provide support as needed to obtain these insurance/managed care benefits.

Additional Referral and Resource Agencies

211 Services

Provides help with food, housing, employment, health care, counseling and more. Visit www.211.org or just dial 2-1-1.

First 5 LA

Promotes the health and wellbeing of children under 5 years of age. Families can obtain parenting resources and early developmental information. Visit www.first5la.org

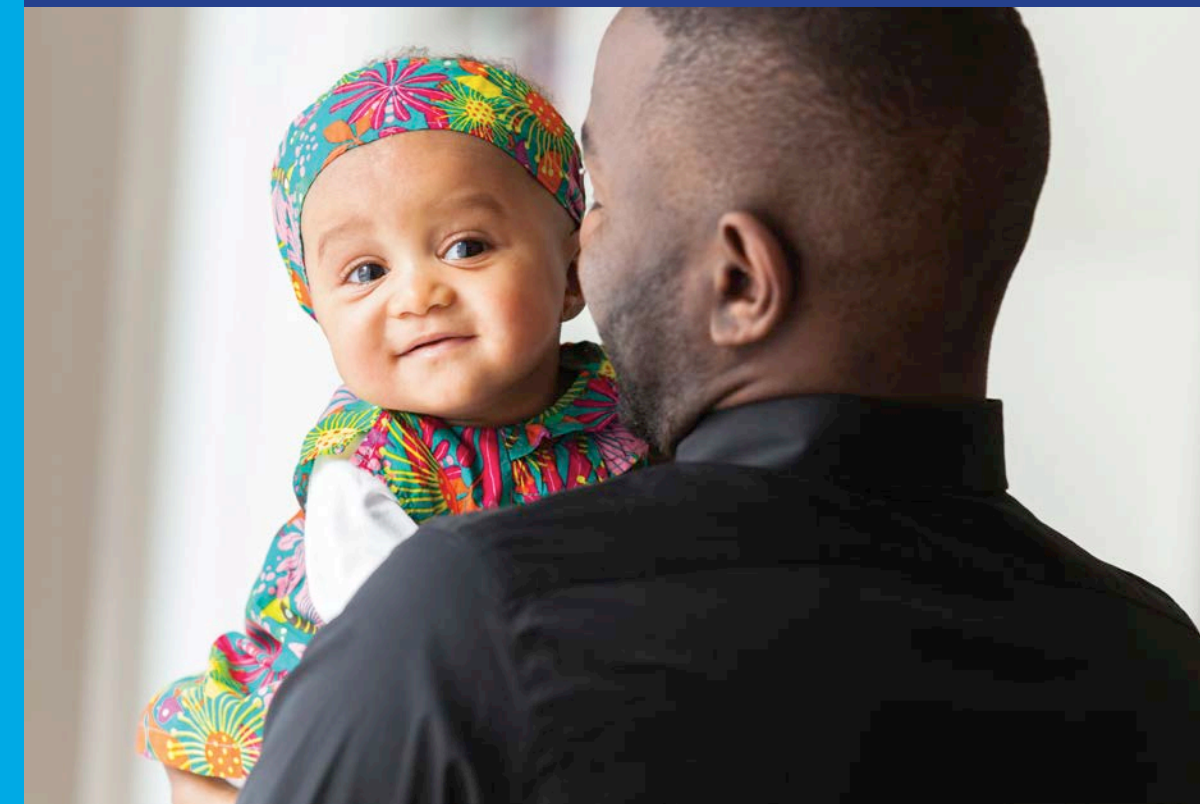
Legal Advocacy through Office of Clients' Rights Advocacy (OCRA)

May provide individuals supported by regional centers with free legal information, advice, and representation. A Clients' Rights Advocate (CRA) is designated to each regional center to help with legal problems, conduct trainings, and investigate denials of rights. Call (310) 846-4949 and leave a detailed message for assistance.

State Council on Developmental Disabilities (SCDD)

This independent state agency provides advocacy and other assistance to ensure that appropriate laws, regulations and policies pertaining to the rights of individuals with developmental disabilities are observed and protected. SCDD regional offices provide services to individuals and their families including, but not limited to, advocacy assistance, training, monitoring and public information. Call (866) 802-0514 or email council@scdd.ca.gov.

Referrals to community agencies, events, and other generic resources are also available through a service coordinator and the Westside Family Resource and Empowerment Center.



**SERVICES
AND SUPPORTS
AGES BIRTH TO 3**



AGES BIRTH TO 3

The following are services and supports provided by Westside Regional Center (WRC). Individuals may be eligible for services based upon need related to the nature of the qualifying developmental disability as identified and agreed to by the interdisciplinary planning team. This is not a complete listing. Other needs identified by assessment may identify other services. Services must be requested through the Individual Family Service Plan (IFSP) process. Please contact your service coordinator to discuss access to services.

Generic resources, private resources and/or natural supports must be explored prior to WRC funding.

Case Management

An Early Start service coordinator (SC) will be assigned to develop annual and semi-annual Individual Family Service Plans (IFSPs) and assist with arranging appropriate services.

Assessments

Each baby/toddler receives a developmental assessment to identify developmental progress and intervention needs and services. As each baby/toddler is unique, the types of services and supports he/she will need will vary.

For all therapy services (OT, PT, Speech, Feeding and Infant Stimulation) discussed below, parent participation is crucial to continued progress and development.

Occupational Therapy (OT)*

For children with developmental delays or a known physical or mental condition associated with a high probability of delays, occupational therapy can help improve their motor, cognitive, sensory processing, communication, and play skills. The goal is to enhance development, minimize the potential for developmental delay, and help families to meet the special needs of their infants and toddlers.

Physical Therapy (PT)*

Children with significantly impaired physical function may receive therapy to preserve, enhance, and restore movement and function impaired or threatened by disability, injury, or disease. Services may include range of motion exercises, parent training and an assessment for equipment needs.

Speech Therapy*

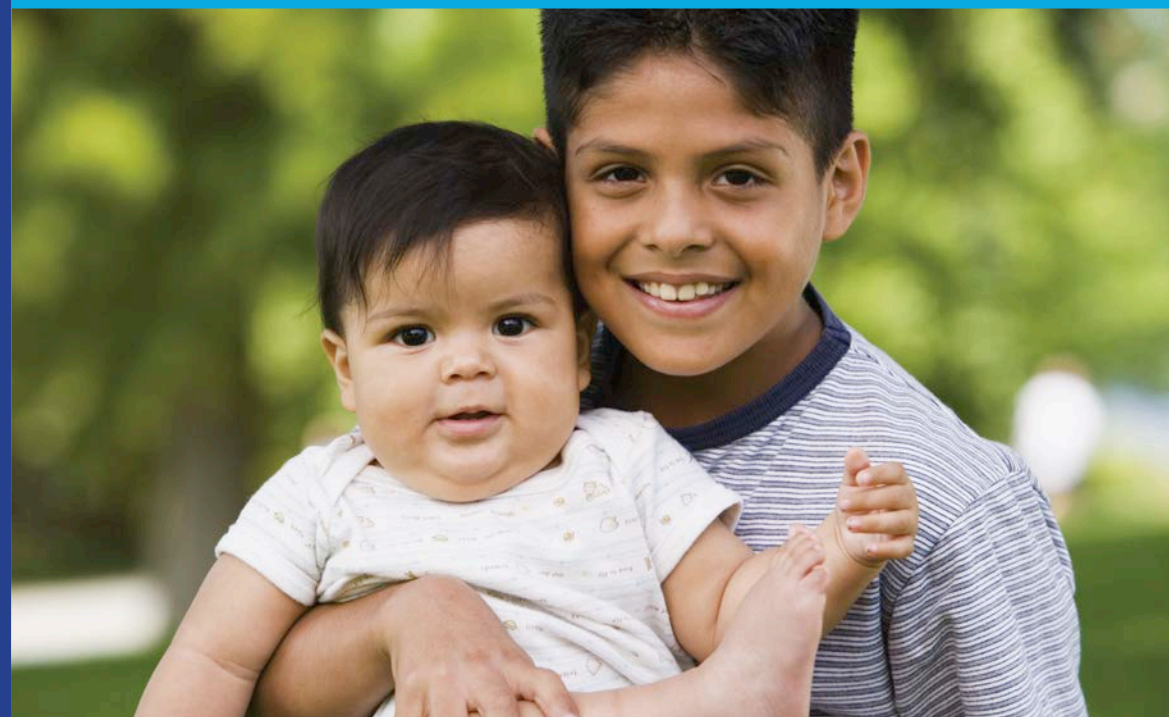
As your child develops, around the ages of 18-24 months, you may notice delays in speech and language. Children with delays in speech and language may receive therapy to improve communication skills.

Feeding Therapy*

Children with identified swallowing or chewing difficulties may receive specialized therapy to improve feeding.

Infant Development Services (Infant Stimulation)

Specialized instruction and parent education services may be provided at home or in a therapeutic preschool-type setting to address developmental needs. Parent observation and participation provide the family with the skills needed to address the child's needs on an ongoing basis.



Behavior Classes

These classes are for parents and caregivers to learn techniques for developing and implementing positive behavior strategies. Classes may be offered at WRC.

Behavior Intervention Services*

Services are provided by specialists who offer training and instruction to assist families, individuals, and caregivers in developing positive strategies and techniques to manage behaviors. For those families with private insurance and Medi-Cal Managed Care, funding of behavior services will be based on current state/federal laws and regulations (see service coordinator for further funding details). Parent/caregiver participation is required.

Behavior Intervention Co-Pay, Co-Insurance and Deductibles

If your baby receives behavior intervention services funded by insurance, WRC is able to assist with insurance co-payments, co-insurance and deductibles should your family meet income requirements (Welfare & Institutions Code 4659.1).

Westside Family Resource and Empowerment Center (WFREC)

Our parent-run center offers support groups, trainings, community resources and referrals to generic resources. Call 310-258-4063 or visit www.wfrec.org.

Support Groups and Training Opportunities

WRC has many support groups and training opportunities for individuals and families. Visit www.westsiderc.org for a list of groups and training events.

Conferences

WRC may fund for tuition or conference registration fees up to a maximum of \$300 for training and conferences annually. Funding for parents or caregivers does not cover the cost of lodging or transportation. Check with your service coordinator or WRFEC to inquire about training and conference opportunities.

Transition

Families transition out of the Early Start Program by the child's third birthday. The process may start as early as a child's second birthday by providing families with information at the Individual Family Service Plan (IFSP) meeting.

When a child is 30 to 33 months of age, your service coordinator will schedule a transition meeting to include the local school district (also referred to as the Local Education Agency or LEA). The local school district will assess your child and hold an Individualized Education Program (IEP) meeting to determine if your child is eligible for Special Education Services offered by the school district.

Eligibility for Services Under the Lanterman Act

As part of the Early Start transition process, evaluations are conducted for children 30 months and older to determine ongoing regional center eligibility. If your child has a qualifying developmental disability, he/she is determined eligible for regional center services and will transition from Early Start to ongoing Client Services. The child's case will be reassigned (by 3rd birthday) to a children's service coordinator for ongoing case management. Qualifying diagnoses under the Lanterman Act are intellectual disability, autism, cerebral palsy, epilepsy or conditions similar to intellectual disability.

WRC Educational Support Team

A referral to our educational support team can be made for families who may need assistance with Individualized Education Program (IEP) and/or accessing appropriate services through school districts.

Written Translations and Interpretations

WRC offers written translation services for Individual Family Service Plans (IFSPs) when the family's primary language is not English. Interpretation services for IFSPs or service planning/review meetings are also available.

Incontinence Supplies

Referrals can be made to assist individuals with securing supplies available through Medi-Cal, private insurance or through WRC funding when no other generic source is available.

*Please note that current legislation and regulation may require families to access their private insurance or managed care plan within Medi-Cal to obtain funding for these services. Your service coordinator will inform you about this process and will provide support as needed to obtain these insurance/managed care benefits.

