



All Services are Free Unless Otherwise Noted.

All classes are subject to change without notice. Please call before attending. If you require Spanish interpretation for any training/event, email traininginfo@westsideregionalcenter.org or call 310-258-4063 within one week of the meeting. Please include your name, phone number and the name of the training that you would like to have translated.

Attention Service Providers: If you would like to take the DSP 1 or DSP 2 class, you must enroll directly through the DSP Training website at <https://www.dsptrain.org/>. If you are in the process of becoming a vendor, you will need to request a letter from the Quality Assurance Specialist that you are working with.

Service Provider Trainings

MARCH

March 12; Tuesday—10:00am – 12:00pm

MANAGING CRISIS WORKSHOP SERIES: SIGNS AND SYMPTOMS OF SUICIDE

Conference Room 4A

This training reviews the steps of Suicide Assessment. Attendants will review signs of suicide as well as the process of evaluating suicide risk. Various reasons behind suicide attempts and suicidal ideation are discussed. Caregivers will be provided opportunity to role play various scenarios and consult with fellow colleagues and professionals regarding this critical subject matter. **Presented by the Crisis Response Project, the training is intended for Direct Support Professionals, Administrators, friends, and family members.** *This is part 2/2 in this series. To get the most out of this series it was recommended that participants attend both sessions in the series; however enrollment is open to newcomers as well. A new series will begin in the Spring Quarter. Space is limited!*

Link to Register: <https://signsandsymptomsof suicide.eventbrite.com>

March 12 & 13—Tuesday & Wednesday; 8:30am – 4:00pm (2 Day Course)

NON-VIOLENT CRISIS INTERVENTION COURSE (CPI)

Conference Room 4D

Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- **This class is available for Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
- All registration and payment for the course must be completed online no later than **2 business days before the training. We will no longer be accepting checks for our courses and we will not be able to admit you if you have not paid ahead of time. This means no walk-ins will be admitted.**
- We will be using Eventbrite for registration and payment. The cost of the class is \$20 a person. Eventbrite accepts PayPal and all major credit cards. **Once you receive your confirmation email and ticket, print it out and ensure that the person attending the training brings it with them.**
- **If you are registering for. Registration is not complete until you have sent this email.****

- If you have not taken CPI since January 2016, you will need to take the full 2-day course instead of the refresher.
 - Please make sure you sign up for the correct class. **There are no refunds available.**
 - If you are having an issue navigating the online registration, you may call 310-258-4001 and ask to speak with Angela Edmond.
- **This is a two day course. Participants must complete both days of training in order to receive certification.**

Course Description: Non-violent crisis intervention is a safe, non-harmful behavior management system designed to help professionals provide for the best possible care and welfare of individuals, even during the most violent situations. This course will assist the professional to develop skills in early and appropriate intervention for potential crisis situations while keeping in mind the care, welfare, safety and security of all involved. Participants should wear comfortable clothes, must be physically able to participate, must take a written pre and post-test independently, and must attend all days in order to complete this class. **Link to Register:** <https://march2019cpi.eventbrite.com>

March 15—Friday; 9:30am – 12:00m

ABLE ACT INFORMATION SESSION WITH CALIFORNIA ABLE UPDATES

Danneker Boardroom

Westside Tigers and WRC Present: Julie Eby-Mckenzie from The State Council on Developmental Disabilities (SCDD) will present on the Achieving a Better Life Experience Act (ABLE). This new legislature enables individuals with intellectual and developmental disabilities to save private money without their public benefits (i.e. SSI & SSDI) being affected, through opening a tax-advantaged savings account. California has officially launched its Cal ABLE accounts. Come out to get the latest information and learn how you can start saving for yourself or for a loved one with a disability. More information on ABLE can be found here: <http://www.ablenrc.org/> ; <https://calable.ca.gov/>

Link to Register: <https://westsidetigersableact.eventbrite.com>

APRIL

April 2—Tuesday; 9:00am – 1:00pm (Part 1/3 Part Series)

SENSORY MOTOR DEVELOPMENT IN EARLY CHILDHOOD

Since birth, babies start experiencing a variety of sensory input and developing motor movements that provide them with information about themselves and their environment. In this training, we will discuss how sensory motor experiences are building blocks for regulation and social emotional development, and how we (parents and professionals) can create these experiences for children.

Presenter: Minal Dhanak, OTR/L ***Please be sure to register for the session(s) you plan to attend. You will indicate the session(s) you wish to sign-up for by selecting the corresponding ticket type for that date. You may register for more than one session at a time.*** **Link to Register:** <https://promotingsocialemotionaldevserviceproviders.eventbrite.com>

April 10 & 11 —Wednesday & Thursday; 8:30am – 4:00pm (2 Day Course)

NON-VIOLENT CRISIS INTERVENTION COURSE (CPI)

Conference Room 4D

Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- **This class is available for Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
- All registration and payment for the course must be completed online no later than **2 business days before the training. We will no longer be accepting checks for our courses and we will not be able to admit you if you have not paid ahead of time. This means no walk-ins will be admitted.**
- We will be using Eventbrite for registration and payment. The cost of the class is \$20 a person. Eventbrite accepts PayPal and all major credit cards. **Once you receive your confirmation**

email and ticket, print it out and ensure that the person attending the training brings it with them.

- ****Important: Upon paying online, please send a follow-up email to traininginfo@westsiderc.org with the name of your organization, your vendor number and name of the participants you are registering for. Registration is not complete until you have sent this email.****
- If you have not taken CPI since January 2016, you will need to take the full 2-day course instead of the refresher.
 - Please make sure you sign up for the correct class. **There are no refunds available.**
 - If you are having an issue navigating the online registration, you may call 310-258-4001 and ask to speak with Angela Edmond.
- **This is a two day course. Participants must complete both days of training in order to receive certification.**

Course Description: Non-violent crisis intervention is a safe, non-harmful behavior management system designed to help professionals provide for the best possible care and welfare of individuals, even during the most violent situations. This course will assist the professional to develop skills in early and appropriate intervention for potential crisis situations while keeping in mind the care, welfare, safety and security of all involved. Participants should wear comfortable clothes, must be physically able to participate, must take a written pre and post-test independently, and must attend all days in order to complete this class. **Link to Register:** <https://april-2daycpi.eventbrite.com>

April 18—Thursday; 8:30am – 4:00pm

CPI REFRESHER COURSE

Conference Room 4D

Please read carefully, as WRC has a new enrollment policy and procedure for the CPI course:

- This class is available for **Westside Regional Center service providers only. Those who are not WRC service providers should contact CPI directly to locate an alternative course.**
- All registration and payment for the course must be completed online no later than **2 business days before the training. We will no longer be accepting checks for our courses and we will not be able to admit you if you have not paid ahead of time. This means no walk-ins will be admitted.**
- We will be using Eventbrite for registration and payment. The cost of the class is \$20 a person. Eventbrite accepts PayPal and all major credit cards. **Once you receive your confirmation email and ticket, print it out and ensure that the person attending the training brings it with them.**
- Please make sure you sign up for the correct class. **There are no refunds available.** If you are having an issue navigating the online registration, you may call 310-258-4001 and ask to speak with Angela Edmond.
- **This is a one day Refresher course. If you have not taken CPI since January 2016, you will need to take the full 2-day course instead of the refresher.**

Course Description: Non-violent crisis intervention is a safe, non-harmful behavior management system designed to help professionals provide for the best possible care and welfare of individuals, even during the most violent situations. This course will assist the professional to develop skills in early and appropriate intervention for potential crisis situations while keeping in mind the care, welfare, safety and security of all involved. Participants should wear comfortable clothes, must be physically able to participate, must take a written pre and post-test independently, and must attend all days in order to complete this class.

Link to Register: <https://aprilcpirefreshercourse.eventbrite.com>

April 25—Tuesday; 9:00am – 1:00pm (Part 2/3 Part Series)

SOCIAL EMOTIONAL DEVELOPMENT: STRATEGIES TO PROMOTE SUCCESS

The science is clear that robust social emotional skills are the foundation for cognitive and interpersonal success. As professionals how do you target social emotional skills for developmental success? This workshop will give you the strategies to assess, document and intervene in the area of social emotional development at the level of promotion, prevention and intervention. Presenter:

Barbara Stroud, PhD***Please be sure to register for the session(s) you plan to attend. You will indicate the session(s) you wish to sign-up for by selecting the corresponding ticket type for that date. You may register for more than one session at a time.*

Link to Register: <https://promotingsocialeotionaldevserviceproviders.eventbrite.com>

April 30—Tuesday; 10:00am – 12:00pm

BI-MONTHLY SERVICE PROVIDER TRAINING

Conference Room 4D

Training topic: To Be Announced

Call Joe Montez to RSVP: 310-258-4014

Recurring Meetings for Service Providers

MARCH

March 19—Tuesday; 10:30am – 11:30am

SERVICE PROVIDERS ADVISORY COMMITTEE MEETING

The WRC Service Provider Advisory Committee (SPAC) is open to anyone who provides a vendored service to WRC clients. WRC encourages all vendors to attend. This is your opportunity to find out about what's happening at the Regional Center, and give your input and ideas to the WRC Board of Directors. Rotating SPAC members host a continental breakfast each month. New members are WELCOME! **Contact Joe Montez at (310) 258-4014.**

March 19—Tuesday; 3:00pm – 4:00pm

COMPETITIVE INTEGRATED EMPLOYMENT (CIE) & PAID INTERNSHIP PROGRAM (PIP) TECHNICAL ASSISTANCE SESSION

Danneker Boardroom, 3rd Floor

Please join us on the 3rd Tuesday of every month at 3pm at WRC (5901 Green Valley Cir., Ste. 320 Culver City, CA 90230) to learn more about CIE & PIP implementation, development, funding and reimbursement process. For more information, please contact Liddy Amador, WRC QA Employment Specialist at lideniraa@westsiderc.org (310) 258-4034

March 20—Wednesday; 2:00pm – 3:30pm

WRC SUPPORTED EMPLOYMENT ROUNDTABLE (BI-MONTHLY MEETING)

Danneker Boardroom, 3rd Floor

This is a forum for Supported Employment Provider Agencies to receive support, education, feedback and information sharing. Meetings are held every other month on the third Wednesday of the month. No RSVP is required.

March 20—Wednesday; 4:00pm – 5:00pm

EMPLOYMENT FIRST BUSINESS ADVISORY COMMITTEE

Danneker Boardroom

The WRC Employment First Business Advisory Committee is looking for a diverse group of individuals and would love to see business owners join! The purpose of the committee is to partner and collaborate; promote outreach and education regarding community-based, integrated employment, resulting in the full inclusion of people with disabilities in the workplace and community. **Please inquire about joining the committee with Liddy Amador at lideniraa@westsiderc.org or 310-258-4034.**

APRIL

April 16—Tuesday; 10:30am – 12:00pm

SERVICE PROVIDERS ADVISORY COMMITTEE MEETING

Danneker Boardroom, 3rd Floor

The WRC Service Provider Advisory Committee (SPAC) is open to anyone who provides a vendored service to WRC clients. WRC encourages all vendors to attend. This is your opportunity to find out about what's happening at the Regional Center, and give your input and ideas to the WRC Board of Directors. Rotating SPAC members host a continental breakfast each month. New members are WELCOME! **Contact Joe Montez at (310) 258-4014.**

April 16—Tuesday; 3:00pm – 4:00pm

COMPETITIVE INTEGRATED EMPLOYMENT (CIE) & PAID INTERNSHIP PROGRAM (PIP) TECHNICAL ASSISTANCE SESSION

Danneker Boardroom, 3rd Floor

Please join us on the 3rd Tuesday of every month at 3pm at WRC (5901 Green Valley Cir., Ste. 320 Culver City, CA 90230) to learn more about CIE & PIP implementation, development, funding and reimbursement process. For more information, please contact Liddy Amador, WRC QA Employment Specialist at lideniraa@westsiderc.org (310) 258-4034

April 17—Wednesday; 4:00pm –5:00pm

EMPLOYMENT FIRST BUSINESS ADVISORY COMMITTEE

Conference Room 4d

The WRC Employment First Business Advisory Committee is looking for a diverse group of individuals and would love to see business owners join! The purpose of the committee is to partner and collaborate; promote outreach and education regarding community-based, integrated employment, resulting in the full inclusion of people with disabilities in the workplace and community. **Please inquire about joining the committee with Liddy Amador at lideniraa@westsiderc.org or 310-258-4034.**

Monthly Public Meetings

MARCH

March 5—Tuesday; 4:30pm – 5:30pm

CLIENT SERVICES COMMITTEE MEETING

Conference Room 4D

The Client Services Committee reviews services and policies as they relate to clients and families.

March 6—Wednesday; 6:00pm – 8:00pm

BOARD OF DIRECTORS MEETING

Danneker Boardroom, 3rd Floor

The Board Meeting is being held on Wednesday, March 6 at 6:00PM at Westside Regional Center 5901 Green Valley Circle, Mike Danneker Boardroom on the 3rd Floor, Culver City, CA 90230.

March 12 —Tuesday; 5:00pm – 6:00pm

POLITICAL ACTION COMMITTEE

Danneker Boardroom

The PAC is looking for new members who would like to get involved with legislative advocacy! We are actively meeting with our local state legislators and will be growing our initiative to include advocacy with local and county officials in 2019. Please come out to the meeting to share ideas and hear about Westside's political outreach activities. All are welcome! No RSVP required. Email staff liaison Rhiannon Maycumber with any questions or to request more information rhiannonm@westsiderc.org.

March 12—Tuesday; 6:00pm – 8:00pm

SELF-DETERMINATION TASK FORCE

Danneker Boardroom, 3rd Floor

This is a public meeting typically held on the second Tuesday of each month at 6:00pm. The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent the Regional Center and the Department of Developmental Services.

APRIL

****No other public meetings have been announced for April at this time.***

April 3—Wednesday; 4:30pm – 5:30pm

CLIENT SERVICES COMMITTEE MEETING

Conference Room 4D

The Client Services Committee reviews services and policies as they relate to clients and families.

April 3—Wednesday; 6:00pm – 8:00pm

BOARD OF DIRECTORS MEETING

Danneker Boardroom, 3rd Floor

The Board Meeting is being held on Wednesday, April 3 at 6:00PM at Westside Regional Center 5901 Green Valley Circle, Mike Danneker Boardroom on the 3rd Floor, Culver City, CA 90230.

April 9 —Tuesday; 5:00pm – 6:00pm

POLITICAL ACTION COMMITTEE

Danneker Boardroom

The PAC is looking for new members who would like to get involved with legislative advocacy! We are actively meeting with our local state legislators and will be growing our initiative to include advocacy with local and county officials in 2019. Please come out to the meeting to share ideas and hear about Westside's political outreach activities. All are welcome! No RSVP required. Email staff liaison Rhiannon Maycumber with any questions or to request more information

April 9—Tuesday; 6:00pm – 8:00pm

SELF-DETERMINATION TASK FORCE

Danneker Boardroom, 3rd Floor

This is a public meeting typically held on the second Tuesday of each month at 6:00pm. The committee shall review the development and ongoing progress of the Self-Determination Program, including whether the program advances the principles of self-determination and is operating consistent the Regional Center and the Department of Developmental Services.

Monthly Support Groups and Workshops by WRC Family Resource and Empowerment Center; Trainings for WRC Clients and Families

MARCH

March 5—Tuesday

IHSS WORKSHOP SERIES

Danneker Boardroom, 3rd Floor

The Westside Family Resource Empowerment Center (WFREC) is offering workshops to help WRC clients and families learn about In-Home Supportive Services (IHSS). For more information and to **RSVP call the FREC at 310-258-4063**. No walk-ins will be admitted. You **MUST** RSVP for this workshop.

Orientation to the IHSS Program

This session is for individuals who are initially applying for IHSS or want to know more about the basic steps of the application process. This workshop is held in English on the 2nd Tuesday of every month. **Workshop Time: 10:00AM - 12:00PM.** Location: Conference Room 4a, 4th Floor

Advanced IHSS Training

This session is for individuals who need more in-depth information about the IHSS program and who may be in the process of appealing, requesting more hours or requesting re-evaluations. Please bring your IHSS "Notification of Action" (NOA) and any other documentation you want to share pertaining to IHSS. This workshop is held in English on the 2nd Tuesday of every month.

Workshop Time: 1:30PM - 3:30PM

Location: WFREC Library (inside the center)

March 7—Thursday; 6:30pm – 8:30pm

INFORMED EDUCATION PARTNERS (FOR WESTSIDE FAMILIES ONLY)

Danneker Boardroom, 3rd Floor

This group provides information and strategies to assist parents to become stronger advocates at their Individualized Education Planning meeting with the school districts. *Meets 1st Thursday of each month, unless noted otherwise. **Call (310)258-4063 to RSVP.** *Limited childcare available.*

March 9—Saturday; 9:00am – 1:00pm

SIB SHOP

Conference Room 4A

Sibshop is a support program for siblings of children who have special health, mental health, and developmental needs. Sibshop acknowledge that being the brother or sister of a person with special needs is for some a good thing, for others a not-so-good thing, and for many something in between. Sibshops are opportunities for brothers and sisters of children with special needs to obtain peer support and education within a recreational environment. For more information on joining this sibling support group, call the Westside Family Resource and Empowerment Center at (310) 258-4063. This group is for families served by Westside Regional Center only.

March 15—Friday; 9:30am –11:00am

WESTSIDE TIGERS PRESENTS-ABLE ACT INFORMATION SESSION WITH CALIFORNIA ABLE UPDATES

Danneker Boardroom, 3rd Floor

Julie Eby-Mckenzie from The State Council on Developmental Disabilities (SCDD) will present on the Achieving a Better Life Experience Act (ABLE). This new legislature enables individuals with intellectual and developmental disabilities to save private money without their public benefits (i.e. SSI & SSDI) being affected, through opening a tax-advantaged savings account. California has officially launched its Cal ABLE accounts. Come out to get the latest information and learn how you can start saving for yourself or for a loved one with a disability. More information on ABLE can be found here: <http://www.ablenrc.org/> ; <https://calable.ca.gov/>

Link to Register: <https://westsidetigersableact.eventbrite.com>

March 15—Friday; 6:30pm – 8:30pm

SUPPORT GROUP FOR PARENTS OF ETHIOPIAN CHILDREN WITH SPECIAL NEEDS

Danneker Boardroom, 3rd Floor

This support group focuses on various challenging issues that Ethiopian families face once their child has been identified with special needs. The objective of this group is to support each other, to share experiences, to empower families, to educate and inform families of resources, and to become an organized community base resource. Meets the 3rd Friday of each month. **For more information, please contact Feben Fantu at (310)258-4037 or (310)447-5111.** Limited childcare available. To RSVP for childcare, please call the FREC at (310)258-4063.

March 19—Tuesday; 3:00pm – 4:00pm

LETS TALK SELF-ADVOCACY

Conference Room 4B

Are you an individual receiving services from WRC? Want to learn more about self-advocacy? Want to meet others who can support you in advocating for yourself? Want to get your point across and still get your needs met? Or, do you want to encourage, support or teach others the skill of advocating for themselves? If you answered “YES” to any of these questions, please join us. Bring your questions, ideas, bring a friend, we will listen and troubleshoot with you. If you have questions or need more information, please call Linda Butler at (310) 258-4245. Linda, Coordinator of Self-Advocacy for the WRC, will be available for individuals, families, and support staff to come discuss issues of Self-Advocacy. We meet at WRC in the 4th Floor Meeting Room. Take the elevator to the 4th floor and follow the signs to our group!

March 19—Tuesday; 6:30pm – 9:00pm

WEST L.A. CHADD

Conference Room 4A

A group affiliated with CHADD (Children & Adults with Attention-Deficit/Hyperactivity Disorder) with monthly meetings and different presenters every month. The West LA Chapter meetings are designed to aid adults with ADD/ADHD and parents of children with ADHD/ADD. This group meets 9 times per year (September to November, January to May) the 3rd Tuesday of each month from 7:00pm-8:30pm. For more information, call Regina Lark at 310-995-7953 or visit their **website**.

March 21—Thursday; 6:30pm – 8:30pm

AFRICAN AMERICAN FAMILIES SUPPORT GROUP

Danneker Boardroom, 3rd Floor

Please join us and be a part of our conversation: our safety, our resources, our concerns, our needed services and more. Special Guest Speakers featured every month. Please contact the WFREC for childcare at: 310-258-4063. We have limited space. You must call to reserve child care for children (ages 3 to 13 years of age) by the Wednesday before the meeting.

APRIL

April 4 —Thursday; 6:30pm – 8:30pm

INFORMED EDUCATION PARTNERS (FOR WESTSIDE FAMILIES ONLY)

Danneker Boardroom, 3rd Floor

This group provides information and strategies to assist parents to become stronger advocates at their Individualized Education Planning meeting with the school districts. Meets 1st Thursday of each month. **Call (310)258-4063 to RSVP.** *Limited childcare available.*

April 9—Tuesday

IHSS WORKSHOP SERIES

Danneker Boardroom, 3rd Floor

The Westside Family Resource Empowerment Center (WFREC) is offering workshops to help WRC clients and families learn about In-Home Supportive Services (IHSS). For more information and to **RSVP call the FREC at 310-258-4063.** No walk-ins will be admitted. You **MUST** RSVP for this workshop.

Orientation to the IHSS Program

This session is for individuals who are initially applying for IHSS or want to know more about the basic steps of the application process. This workshop is held in English on the 2nd Tuesday of every month. **Workshop Time: 10:00AM - 12:00PM.** Location: 3rd Floor, Danneker Boardroom

Advanced IHSS Training

This session is for individuals who need more in-depth information about the IHSS program and who may be in the process of appealing, requesting more hours or requesting re-evaluations. Please bring your IHSS "Notification of Action" (NOA) and any other documentation you want to share pertaining to IHSS. This workshop is held in English on the 2nd Tuesday of every month.

Workshop Time: 1:30PM - 3:30PM

Location: WFREC Library (inside the center)

April 13—Saturday; 9:00am – 1:00pm

SIB SHOP

Conference Room 4A

Sibshop is a support program for siblings of children who have special health, mental health, and developmental needs. Sibshop acknowledges that being the brother or sister of a person with special needs is for some a good thing, for others a not-so-good thing, and for many something in between. Sibshops are opportunities for brothers and sisters of children with special needs to obtain peer support and education within a recreational environment. For more information on joining this sibling support group, call the Westside Family Resource and Empowerment Center at (310) 258-4063. This group is for families served by Westside Regional Center only.

April 16—Tuesday; 3:00pm – 4:00pm

LETS TALK SELF-ADVOCACY

Conference Room 4E

Are you an individual receiving services from WRC? Want to learn more about self-advocacy? Want to meet others who can support you in advocating for yourself? Want to get your point across and still get your needs met? Or, do you want to encourage, support or teach others the skill of advocating for themselves? If you answered "YES" to any of these questions, please join us. Bring your questions, ideas, bring a friend, we will listen and troubleshoot with you. If you have questions or need more information, please call **Linda Butler at (310) 258-4245**. Linda, Coordinator of Self-Advocacy for the WRC, will be available for individuals, families, and support staff to come discuss issues of Self-Advocacy. We meet at WRC in the 4th Floor Meeting Room. ***Take the elevator to the 4th floor and follow the signs to our group!***

April 16—Tuesday; 6:30pm – 9:00pm

WEST L.A. CHADD

Danneker Boardroom, 3rd Floor

A group affiliated with CHADD (Children & Adults with Attention-Deficit/Hyperactivity Disorder) with monthly meetings and different presenters every month. The West LA Chapter meetings are designed to aid adults with ADD/ADHD and parents of children with ADHD/ADD. This group meets 9 times per year (September to November, January to May) the 3rd Tuesday of each month from 7:00pm-8:30pm. For more information, call Regina Lark at 310-995-7953 or visit their **website**.

April 18—Thursday; 6:30pm – 8:30pm

AFRICAN AMERICAN/ BLACK FAMILIES SUPPORT GROUP

Danneker Boardroom, 3rd Floor

Please join us and be a part of our conversation: our safety, our resources, our concerns, our needed services and more. Special Guest Speakers featured every month. Please contact the WFREC for childcare at: 310-258-4063. We have limited space. You must call to reserve child care for children (ages 3 to 13 years of age) by the Friday before the meeting.

April 19—Friday; 6:30pm – 8:30pm

SUPPORT GROUP FOR PARENTS OF ETHIOPIAN CHILDREN WITH SPECIAL NEEDS

Danneker Boardroom, 3rd Floor

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share experiences, to empower families, to educate and inform families of resources, and to become an organized community base resource. Meets the 3rd Friday of each month. **For more information, please contact Feben Fantu at (310)258-4037 or (310)447-5111.** Limited childcare available. To RSVP for childcare, please call the FREC at (310)258-4063.

Conferences for Clients of WRC and their Families

MARCH

March 12—Tuesday—10:00am – 12:00pm

MANAGING CRISIS WORKSHOP SERIES: SIGNS AND SYMPTOMS OF SUICIDE

Conference Room 4A

This training reviews the steps of Suicide Assessment. Attendants will review signs of suicide as well as the process of evaluating suicide risk. Various reasons behind suicide attempts and suicidal ideation are discussed. Caregivers will be provided opportunity to role play various scenarios and consult with fellow colleagues and professionals regarding this critical subject matter. **Presented by the Crisis Response Project, the training is intended for Direct Support Professionals, Administrators, friends, and family members.** This is part 2/2 in this series. To get the most out of this series it was recommended that participants attend both sessions in the series; however enrollment is open to newcomers as well. A new series will begin in the Spring Quarter. Space is limited!

Link to Register: <https://signsandsymptomsofsuicide.eventbrite.com>

March 16—Saturday; 9:30am – 12:30pm

THE INDIVIDUAL TRANSITION PLAN & INTRODUCTION TO EMPLOYMENT SERVICES

WRC Education Support Services will present information on the Individual Transition Plan (ITP) which outlines goals and services which will help a student in special education to successfully transition to life after high school. Learn about transition assessments and how students, parents and educators can use those individualized results to plan for the future. WRC Employment Specialist Liddy Amador will provide an overview of employment services available to individuals after they transition out of high school.

Agenda:

9:00am-9:30am: Registration

9:30am-11:00am: The Individual Transition Plan (ITP)

11:15am-12:00pm: Introduction to Employment Services

Space is limited! Please register by visiting the link below or by calling 310-258-4063.

Registration is required. **Spanish interpretation will be provided at all sessions**

Link to Register: <https://transitionseriesitpandemployment.eventbrite.com>

APRIL

April 6—Saturday; 10:00am – 2:30pm

ANNUAL EARLY START CONFERENCE—MOVING ON UP, THINGS MY PARENTS SHOULD KNOW

Co-Sponsored by WRC, The Westside Family Resource and Empowerment Center & First 5 LA:

Before you know it your child will be turning three. Do you have questions about how your child's service will change? If so, please join us to hear from experts, professionals and partners regarding the IEP process, regional center services and supports.

Agenda:

- Creating a vision
- Introduction to the FREC
- WRC Early Start 101
- Special Education 101

Registration begins at 9:00am; pre-registration is required!—Lunch and light refreshments will be provided throughout the day. (*If there is a financial hardship, please call the FREC directly at X4063)

****Deadline for registration is Wednesday, March 27, 2019. Spanish interpretation provided upon request.**

Link to Register: <https://movingonup2019.eventbrite.com>

April 27—Saturday; 9:00am – 1:00pm

SENSORY MOTOR DEVELOPMENT AND REGULATION IN EARLY CHILDHOOD

Since birth, babies start experiencing a variety of sensory input and developing motor movements that provide them with information about themselves and their environment. In this 4-hour training, we will discuss how sensory motor experiences are building blocks for regulation and social emotional development, and how we (parents and professionals) can create these experiences for children. *The presenter, Minal Dhanak, OTL/L is a pediatric occupational therapist trained in infant mental health. She offers presentations on sensory processing, motor development and primitive reflex integration.*

Snacks will be provided; Limited Childcare available: Call 310-258-4063 to reserve.

There are limited seats in the training; registration is required. Spanish interpretation is available upon request. Link to register: <https://socialemotionaldevelopmenttraining.eventbrite.com>

Save the Date—Details and Registration Information Coming Soon!

April 13—Saturday: PATHWAY TO EMPLOYMENT AND PANEL DISCUSSION

May 18—Saturday: TRANSITION TO ADULTHOOD RESOURCE FAIR

****If you are a vendor interested in signing up for this the resource fair please contact your respective QA Specialist****

Networking and Life Skills Group

Join Us!

The **Second THURSDAY** of each month & The **Third WEDNESDAY** of each month

4:30 pm – 6:30 pm

Westside Regional Center

5901 Green Valley Circle, Culver City

***Fun Activities * Yummy Snacks * Get Social –
Hang out with your Friends and Meet new ones
* Participate in Interactive Presentations ****

March 2019 – April 2019

March 14th– Karaoke Night Featuring MJ’s Music

March 20th – Your Life, Starring You!

**April 11th – Accessing your Community, Get Out
There**

April 17th – Work is for Everyone

Who comes to this fun group?

Adults who want to be social and have fun!

May I bring a friend?

Of course! Bring a friend and you will also make friends at the group.

Is there food?

YES! We have tasty refreshments.

How much does it cost to go?

It’s FREE! That’s right, FREE!

What if I’m looking for a roommate?

Attend a “Networking” meeting and one of the peer mentors can assist you.