



WESTSIDE
REGIONAL CENTER

Tailored Services

Tailored Services offer a variety of opportunities to adults with disabilities 18 years of age and older. Tailored Services are typically provided between 7-12 hours per week with a usual maximum of 20 hours weekly (increased on a case by case basis). Services may be shared between clients receiving the services, up to 1:3 staff to client ratio.

The intent of Tailored Services is to choose and customize day services to meet the client individualized needs; have opportunities to further the development or maintenance of employment and volunteer activities; direct their services; pursue postsecondary education; and increase their ability to lead integrated and inclusive lives.

Tailored Service Option Domains:

- Employment & Volunteer Placement
- Post-Secondary Education
- Leading an Integrated and Inclusive Life

Maximizing Self-Direction

Participants fully engaging, as much as possible, in making decisions about their services should be an ISP goal regardless of whether they are pursuing employment, a volunteer position, post-secondary education or training, or a more inclusive, integrated life.

Participant choices, while valued, need to result in specific measurable goals that can be defined and measured.

Employment and Volunteer Placement

Individuals gain practical experience by participating in integrated paid or volunteer work in the community

- Vocational assessments
- Career exploration
- Vocational training
- Job development, interviews, and placement
- Job coaching within allotted weekly hours

- Volunteer opportunities
- Volunteer placement with recognized non-profit

- Micro-Business or Self-Employment

Post-Secondary Education

- Adult Education, Vocational Certificates, GED

- Community College and C2C

- University (4-year)

- Supporting individuals in their pursuit of attending college, adult education programs, continued education, or trade schools.
- Enrollment and selection of courses and/or programs
- Accessing Disabled Student Services
- Participating in campus life
- Attending classes
- Completing course work and assignments

Leading an Integrated and Inclusive Life

- Completing an ecological inventory of their community (mapping their community)
- Memberships in groups, clubs, or teams with non-disabled peers sharing the same interests
- Enrollment in classes through libraries or local Park & Recreation Centers
- Membership in local fitness centers
- Maintaining health & exercise
- Participating in community opportunities using natural environments, offering integrated socialization experiences.
- Assertiveness and initiative training
- Personal safety training
- Interpersonal relationship development
- Problem solving
- Household and money management (paying bills/rent, cooking healthy meals, and maintaining a home)
- Maintaining health by accessing medical/dental services
- Accessing community resources (using public transportation, personal shopping, banking and generic resources)

For individuals with challenging behaviors, planning and supports should ultimately lead to some level of integration and inclusion with non-disabled peers. For those with restrictive health conditions, planning and supports should lead to increased self-advocacy, self-direction, communication, and independence in self-care.

Tailored Services should provide support and training that allows individuals to develop the necessary skills to live and thrive on their own, working towards goals with the intent to obtain higher education or employment.

Service Guidelines:

Tailored Services (TS) are a community based service, to be provided in the community at the intended community activity/task and not at the agency provider building/program administration site. The intent of

the service is to assist clients in accessing their communities and engaging in community inclusive, integrated activities with typical individuals in natural settings. TS should never be provided in a segregated setting or the provider's facility-based program environment.

If clients are in need of assistance with transportation, TS staff can meet the client at the home, or another community location and support the client to learn how to use public transportation, which would include accompanying a client to register for Access and Dial a Ride or similar service, as well as using the local bus/public transportation.

All regional center vendored agencies must provide services in accordance with the specific service type and design approved by the vendoring regional center.