



## A Consumer's Guide to:

# COMPETITIVE INTEGRATED EMPLOYMENT (CIE)

## What is CIE?

CIE is full-time or part-time work in your community with other employees who are making the same money as you to do the same job. You can also be self-employed. If you are of working age, employment must be offered to you before other choices are talked about. If you choose to work in CIE, you will make at least \$10.50 per hour (CA minimum wage as of 1/1/17). CIE means you will interact with people of all abilities and have a chance to move up one day and make more money.

## Is CIE right for me?

There are many good reasons to work in CIE. Earning competitive pay means that you will have more money for your wants and needs and will help you become more independent. You and your planning team will meet with you service coordinator to decide if work is right for you.

Some things to think about before your next planning meeting (IPP):

What am I good at?

What are my work and other life goals?

What kind of workplace would be best for me?

Am I interested in going to college or receiving training in an adult education program?

## How can WRC help me find work?

If you have decided that you want to work, your service coordinator can help you find the supports you need to reach your employment goals. Ask your service coordinator how the regional center can help you find a job, succeed on the job or start your own business.

You may be referred to a variety of programs to support competitive integrated employment. Agency vendors assist with job development through traditional supported employment, discovery, customized employment and development of micro-enterprise. Job coaching hours can be funded through Department of Rehabilitation (DOR) and/or WRC based on your needs. Employment is a priority for WRC!

**If you would like to learn more about CIE, email or call your Westside service coordinator to get the conversation started!**



## A Consumer's Guide to:

# PAID INTERNSHIP PROGRAM (PIP)

## What is PIP?

An opportunity for a paid internship is available to adult Westside Regional Center (WRC) consumers who want to work full-time or part-time, become self-employed or develop skills as an apprentice. PIP participants earn at least \$10.50/hour (CA minimum wage as of 1/1/17) and make the same amount of money that other employees make. There is no required amount of hours you must work in order to participate.

## How do I get started?

First, you will need to hold a planning meeting with your WRC Service Coordinator to discuss your work goals and decide if an internship is right for you. There are a few choices when it comes to work. Your planning team can support you with deciding if an internship is a good path for you at this time. This is **your** meeting so you get to decide who attends with you to talk about doing an internship.

Some things to think about before your meeting:

What am I good at?

What would I like to learn or be better at?

What kind of workplace would be best for me?

What are my employment goals?

Questions to ask your Service Coordinator at the meeting?

How can the regional center help me prepare for work, find a job, or start my own business?

What employment supports are available?

## Why Intern?

- An internship is a great way to learn about different types of work while developing your skills.
- There is no set amount of hours that you need to work in order to get paid.
- Internships are a great way to get to know an employer. If it goes well and you are happy, you may even be offered a job after the internship ends!

**If you would like to participate in PIP, email or call your Westside service coordinator to get the conversation started!**